

Survey Results & Analysis

for

UI Majors and Programs

Thursday, March 6, 2008



Executive Summary

This report contains a detailed statistical analysis of the results to the survey titled *UI Majors and Programs*. The results analysis includes answers from all respondents who took the survey in the 53 day period from Wednesday, January 24, 2007 to Saturday, March 17, 2007. 892 completed responses were received to the survey during this time.

Survey Results & Analysis

Survey: UI Majors and Programs

Author: Carol Lammer

Filter:

Responses Received: 892

1) In addition to your classes and teachers, what programs and people at the University of Iowa have helped you grow as a person? Please be as specific as possible.

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| Delta Zeta Sorority Stacia Kellner-roommate |
| Intramural Clubs. |
| My extra groups i'm involved in have been fun in getting to know others that have the same interests as me. Specifically dance marathon and nursing groups. |
| Working in the Admission Visitor Center, the experience has been valuable and the staff are very helpful. I've enjoyed Honors events and other Residence Life activities offered for students living the residence halls. I've been extremely blessed to have had such a superb Resident Assistant last year. |
| Nicole Pantzloff, my RA, has really helped me become a better person. The Honors Program, by getting me in classes that require more effort, has taught me the benefits of hard work. |
| volunteer programs, advisors |
| I have joined the group Tippie Optimist Club and that has helped me become more involved in the community with the volunteer work that we do. |
| WISE learning community and WISE program in general. |
| It was mostly the people outside the university that helped me grow, my coworkers, my friends, my youth group. They were really the ones that helped me sort through the things that the university was telling me was truth when they were really lies. |
| The Wesley Foundation |
| My resident assistant Mike Keever, Tau Kappa Epsilon fraternity, Chuck Hauck my academic advisor, my student advisor Dana, the orientation program. |
| My RA, Tess Feldman, has helped a lot. She's good at setting up lots of floor activities and outings, even if it's just dinner at Burge, and that's really helped us all connect more as a floor. |
| The WISE learning community. My WISE mentor Monica Krisman. |
| Resident Assistant Friends Hall Coordinator Associated Daum |
| The Daily Iowan The University Honors Program JPEC |
| Having roommates has made me grow as a person by teaching me how to live with two complete strangers. |
| Brian Martin (Health Sciences Microbiology), Ned Bowden (Organic chemistry II and Lab.) Patricia McCormick(pre-pharmacy advisor) |
| Working at the Office of Visual Materials in the Art Building West. I have learned how to interact with professors and have gotten to know a lot of great people. And living with my sister has helped me grow and change into a much better person. |
| RiverRun Executive Board |
| librarians, academic advisors |
| WISE Honors |
| The people who have helped me grow as a person would be my two roommates, Kim Reidy and Tracy Glink. I was randomly assigned a dorm room with Tracy my freshman year and we became good friends immediately. Kim was randomly assigned a room next to ours and we've all been best friends since. All three of us have grown as people: we're all taking on much more responsibility, changing our priorities in life, and learning more about ourselves and other people. Since coming here, I've become much more independent. My parents moved out-of-state which caused me to go through some really rough times but with the University Counseling Service and my two best friends, I made it through my issues. Now, a year later, we're closer than ever and talk as though we will be part of each other's lives even though we will be in opposite sides of the country. |
| The entire setup of college helped me grow as a person because depending on myself gives me the hands on experience to what responsibility really means. |
| The IMU has served as a great place for me to obtain better study skills |

I'm on the woman's rowing team, so I get a lot of help from coaches and trainers. My coach, Chuck Rodosky, has really pushed me to my limits as an athlete and I really feel this has made me grow more as a person. I am also in the WISE program here, and my mentor Jill Seelbach has really helped me get to know the university and has given me a lot of helpful information regarding my major.

The residents that live in Mayflower and other dormitories helped me interact and improve my social skills. The 10,000 Hours program helped me understand the community more.

My roommates because learning to live with someone whom you have never met helps you learn how to accept differences, adapt to different situations, and confront your own faults.

Hapkido organization. However, I had to stop because cost was a factor. I am on a very limited budget and unfortunately cannot afford a \$60 participation fee and \$30 advancement fee. The math lab is also good when you get a decent TA.

Nancy Humbles has really made me realize the type of people who work at the university of Iowa. They are genuinely concerned with your well being and want you to be successful.

Iowa women's rowing team

Newman Singers Ministry and the Newman Catholic Student Center

My RA helped me meet people on my floor.

Campus Crusade for Christ, My RA William Heathershaw

Volunteer organizations, like Circle K, Night Games, 10000 Hours show, and Top Scholar. And also competitive organization like Mock Trial. Finally I really enjoyed involvement in the Honors Program.

Early Admission Program to the Tippie College of Business, Phi Kappa Psi Fraternity

University Housing and especially my RA, academic advising center during freshman orientation

the general education classes and the HSLC community.

My RA's have been very helpful, and the other students have been great. The best program here has been Campus Crusade for Christ.

one of my advisors was very helpful and informative and "opened doors" for me as far as career possibilities goes. And I'm not sure if this counts, but I play ultimate frisbee with the girl's club team here and I have grown a tremendous amount from being a part of that group.

The Disney College program, a program I took advantage of at the University of Iowa, helped me grow in more ways than I can count.

INDIA DENNIS - THE BEST ACADEMIC ADVISOR I HAVE EVER HAD

Study abroad International Mondays lectures Beta Alpha Psi Honors Program activities

My sorority, ZTA, has become my home away from home, and has given me many opportunities to improve my leadership skills. Also working at the Daily Iowan has helped me to be more organized and work on a deadline. It has helped me accomplish my goals.

24/7

Student Health has been very helpful, Dr. Joy Hudson, Prof. Steve Duck.

Big Brothers Big Sisters at Iowa Colleges against Cancer Iowa STAT

Jane Dorman, whom I used to work for in the College of Engineering, has made a impact on my attitude as a student here at the University of Iowa. In addition, as a Student Orientation Advisor, I learned valuable lessons in leadership and teamwork.

I have learned how to live independently and have been challenged not only by college life, but by the classes themselves.

Betsy Loyd - Rhetoric

N/A

the honors program

Honors Program, NAMI-UI

counseling service

my job at the Campus Information Center along with my boss Penny

Big Brothers Big Sisters at Iowa Colleges against Cancer Iowa STAT

Residence Life- Mary Coughlin

UISG has been a huge help to me. They have provided great information and assistance.

STAR has helped me to grow as a person, it has exposed me to speaking in public, particularly with answering unexpected questions, so that experience has been nice

My academic advisors have ben supportive. Involvement in volunteering and working at the hospital have also helped me.

WISE, engineering tutoring program

Joining a sorority and getting invovled in Dance Marathon.

I believe Dr. Kelly (Ed Psych prof) was one of the teachers that I had that helped me grow the most. Being an elementary education major, he confirmed I wanted to be a teacher. He was exciting, passionate, and truly interested in his students.

I found Womens Resource and Action a wonderful resource while at Iowa. They provide both an outlet for women and those in the gay and lesbian community not otherwise available on campus.

Learning Communities in the residence halls; Math and help labs

Students I have met in the dorms and fellow dance majors have certainly had a profound impact on my life in college. These newfound friends have helped me learn to budget my time wisely in order to finish my studies and also attend social events. The support of my fellow dance majors have increased my appreciation for the art I have always held dear.

My student job in the College of Engineering has helped me understand the "behind-the-scenes" side of academia, and develop relationships with professors and administrators that are different than in student/teacher situations.

Hawkeye Marching Band

The Career Center has been great. They helped me fix my resume to make it more interesting. I have also enjoyed being involved in student activities (University Democrats and Content Magazine), and the Student Activities Fair has been helpful in showing me what's out there.

Study abroad has helped me grow as a person, I studied through USAC in Chile.

The girls on my floor and my RA. Also extra curricular activities such as Big Brother Big Sister.

Psychology Research Labs

My resident assistant has helped me to grow as a person, because she introduced me to many people in my hall. The Performing Arts Community where I live has also helped me to grow as a person by providing me with many new friends and experiences. The experiences include guest speakers, group outings, and free tickets to stage shows.

My academic advisors have been very helpful in leading me on the right track whether it's telling me what courses to take, what career options are available to me, etc. The volunteer programs are tremendous; they allow you to give a little of yourself to helping people in the community. It's a great experience. The tutoring program is great; I'm a tutor and it's satisfying to know you're helping someone academically better their grade.

My friends

The Hawkinson Institute of Business Finance.

My RA was very influential, my involvement in SafeWalk as a freshman, Student Leadershio conference and institute

The NDIL/SSP program and the Physics Department as well, career center does wonderful work

America Reads Program

The Counseling program with Health services, All the people at the OSA, the library staff, Gillian Steele at Phillips Hall, Family Services.

Courses in common.

Academic advising center in picking a major and what classes to begin with, sports programs as in football and basketball games, university libraries by learning to manage time, ITS labs and fixing my computer, Fitness East has tought me to value my health, the dorms tought me to be independent

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The advising center helped me a lot last year in choosing a major.

The University of Iowa Debate forum has been hugely influential on my time here at U of I. The coaches and staff have helped me to grow both as a student and a person. Dr. Hingstman and Paul Bellus have been especially helpful.

Erin Beth Wiszowaty - Hillcrest Hall Coordinator Dr. Dianne Atkins - Department of Pediatrics, UIHC

My beginning ballet classes has really taught me to apreaiate the arts.

Intermurals have helped me open up to people and so has just living in the dorms having help from the RA's and the attendants.

The Intro to Social Work course with Susan Sanders required me to grow as a person because of the 40 hour volunteer requirement which was involved in it.

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| Ashish Tawari-Finance professor |
| Delta Sigma Pi Professional Business Fraternity Study Abroad Office (John Rogers) Dance Marathon |
| My biggest growth as a person has been due to simply being around the people I know: the people I'm in student organizations with and the people on my first-year residence hall floor. The interactions with different kinds of people have really helped. |
| Introduction to Management, Ken Brown, University Lecture Committee, Kelvin Soukup (with the Office of Student Life), The 10,000 Hours Show, Kimberly Spurlin (OSL), Sarah Prineas at the Honors Program |
| Honors Program Research Opportunities |
| Beta Alpha Psi Career Center |
| Dance Marathon! It was one of the most rewarding experiences that I could have ever gone through. |
| I joined a sorority and it has helped me with social skills and leadership. Assigned group projects have also been helpful. |
| The various Hall Coordinators that I have worked for as a Resident Assistant, the Residence Life Department, Delta Sigma Pi Professional Business Fraternity, Orientation Services |
| Gerald Sim my Intro to Film Analysis T.A. Student Video Productions the biggest production group on campus. Dennis Hanlon my Documentary Film T.A. Deon Kay my Modes of Film/Video Production T.A. |
| Honors program, Resident Assistants, hall coordinators, Band, Math Lab, CSI |
| The support services where they offer free tutors and my financial accounting professor, who made me like accounting. |
| Some of the Resident Assistants have helped me a lot. |
| My friends |
| The Health Sciences Learning Community has been beneficial by increasing my knowledge about health science-related careers. |
| job at KRUI |
| Susan Chambers, she is a really good advisor |
| My teachers, especially those in the Philosophy department, have been key to my academic and (thereby indirectly) my personal growth. |
| My sorority of Alpha Delta Pi and the residence hall life |
| Pi Kappa Phi Fraternity, Push America, the Department of Residence life campus desks (employer) |
| I think just living in the dorms has helped me. I'm from a small town with little diversity. Staying in the dorms with so many different types of people has helped me grow tremendously. |
| College Transition (the class and the academic advisors); the German department for having many activities available outside of class for majors and nonmajors. Also, Campus Activities Board helped me get involved in the university committee, and working in Burge helped me meet people. |
| The people that I have encountered, especially the variety of people on my floor in the residence halls, have broadened my horizons in many ways. |
| University counseling service; international program; math help lab; stats help lab. |
| Career Center, Tippie Library |
| The entrepreneurship program has encouraged me to take on future business opportunities. The engineering career center has been somewhat beneficial as well. |
| The opportunity to volunteer at the UIHC allowed me to see areas of the medical profession that otherwise I would not have been exposed to. This was a great experience and I highly recommend it to anyone considering a major in the health sciences. |
| The Chinese department (particularly Prof. Chen Hui Tsai), and the Gay Lesbian Bisexual Transgender Ally Union (GLBTAU) |
| My academic advisor Judy Vapova has helped me tremendously with figuring out what I want to do with my life. I have also met with Dr. Joy Hudson at Westlawn, and she has helped me realize my abilities. |
| My advisors |
| Interaction in the dorms with people my age and going through the same things I was helped me through my first year and gave me a good solid base of friends to build upon. |
| All of the activities provided by the University have helped the adjustment to college and college life in general a great part of being on campus. |
| The theatre department as a whole has given me a lot of opportunities to gain valuable practical experience in my field. |

I am a member of the Honors Program. The faculty and facilities for members are an incredible resource. I have recently joined Alpha Kappa Delta and feel that this is a great way to get to know potential mentors and bring me into the sociology community at Iowa.

Courses in Common was a great program. I met new people that were in at least two of my classes freshman year and still talk to them today, as a junior. In addition, getting a job on campus allowed me to meet a ton of new people who taught me a lot. I had a job freshman year as well, and worked with mostly upperclassmen. They taught me the world, from what classes to take to how life is in the real world.

Student organizations, the other members and moderators. The people in the community as well. Specifically, PRSSA, DITV, The Sailing Team. Also, the writing fellow program really helped further develop my writing.

No programs or people have helped me grow as a person.

I have really enjoyed some of the lectures, specifically Frank McCourt. I also have enjoyed trying different types of activities, such as joining the Fencing Club and living in a resident community, the ICC, in the dorms. These programs and the people associated with them have really helped me grow as a person.

Academic advising has been very helpful to me. My advisor, Diane Hauser, has been very supportive and kept in close contact with me. She regularly e-mails me, responds to my e-mails, and sets up meetings with me.

Linda Myers in the College of Nursing--she ALWAYS has a smiling face and a very nice person. Makes you feel very comfortable and answers ALL of your questions. Does everything in her power to help every student that passes through the College of Nursing!! Promote her to Dean of Iowa!! :)

1) Honors Program 2) Counseling services 3) Writing Center 4) Libraries 5) ITCs

I feel that my advisor Adrienne Hurley has really helped me grow as a person.

Hawkeye Marching Band, Phi Mu Alpha music fraternity

I don't know that programs outside of my classes have helped me to develop outside of my academic life.

the atlatl club the esperanto club SGI

ESW

The 10,000 hours show has got me involved with volunteering which I really enjoy. Dance Marathon is also a great program as I am an advocate of programs helping other people.

The informational technology center has been great in helping me enhance my professional and personal growth via emerging technologies.

Can't honestly say programs have helped, but certain professors have gone out of their way to improve my time managing capabilities, which has made worlds of difference in my life.

The community activities at Mayflower and a woman named Shell Feijo. She was an amazing teacher and one of the greatest people I've met at the University.

Unviersity Mock Trial team, living in the dorm

I just started interning at the UI Center For Human Rights. They are forcing me to start up on an event on my own, along with another new intern. I suspect this will be VERY good experience for me in the future. Also, Blake Whitten, the Statistics professor is the best professor I have had in my UI experience so far. He goes above and beyond to help students.

The study abroad department has allowed me to be currently spending the year in England.

the many different options of classes to take

Womens resource and action center Mujer discussions,

The coaches and associates of the women's basketball program.

I've been very impressed with the caliber of the teaching assistants at Iowa. They've been willing to help and very passionate about their disciplines.

Living in the dorms- especially the RA's Student Organizations including: Dance Marathon, Top Scholar Recruitment, Swing Club

My RA has helped so much. She is very friendly and approachable and just fun to be around. She is the kind of person that makes you want to be better. My roommate has also helped. I have learned so much about myself just by talking to her and from learning things about her life.

Advisors, especially Vicki Vavra. Students also have helped me grow as a person.

I feel that my roommates have taught me a lot. As a freshman I got a random roommate who was quite the opposite of me, but we got along great. It taught me to adapt to other peoples styles of living. This year it is the same way. I live with three other girls, and it is just getting used to other people's habits. It helps in other aspects of my life with adjusting to other's opinions.

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| Amy Korthank Jill Harmade |
| The residence halls. |
| The Iowa Writers Learning Community has been, by far and large, the biggest help and best thing here at Iowa. |
| Jason Pierce in the Office of Student Life has been a particularly ever-present mentor in my life at The University of Iowa. Under his influence I have made great strides in leadership development. |
| University Counseling Service, the Career Center at Pomerantz, and the Speaking Center at EPB. |
| I have really enjoyed being in a sorority. It has really let me ease into college and be able to make many friends which in turn helps me grow to become a better person. |
| The nice ladies in the registrars office, the friendly custodians, and the generic indifference of the academic advisors. |
| Student Orgs-Alpha Kappa Psi, Financial Management Association Career Center |
| Registrar office staff, Residence Hall Pro Staff, Admissions staff |
| Hawkeye Marching Band Dance Marathon University Honors Program Volunteering Programs (Free Medical Clinic, Crisis Center, Ronald McDonald House) |
| Zeta Tau Alpha Linda Myers Shannon Thomas (my RA) |
| Being a leader in my fraternity and Old Gold Singers |
| Graduate students working at TA's for my psychology classes have been really helping in providing info and guidance on options and what to do when deciding future grad school options |
| Career Center and International Center. They definitely gave me the information I needed to pursue a unique experience I won't forget. Career center was very useful in finding the internship programs, but I think they need to find a way to expand the range of information with respect to full-time jobs. Maybe some information on working abroad would be wonderful. |
| The student adviros are veyr helpful in pointing you in the right direction. The career center is very helpful and i would recommend a visit there to everyone from the business school that i talk to. |
| A couple of my high school teachers, friends, but the number one are my parents. |
| My RA is very helpful and available to listen to any concerns I have. |
| arts. open houses. outside classroom learning. workshops/lab hours. |
| None |
| The Engineering tutoring program has really helped me with my studies and has encouraged good study habbits. Also, the WISE program has been extremly helpful. |
| Linda Myers is the nursing advisor and she has been extremely helpful my first couple weeks in the nursing program. She has made it very clear what we should expect, and she is very easy to contact if I have any questions. |
| my coaches and teammates on the university swim team, the gerdin learning center, the career center in pomerantz |
| Shari Piekarski - Academic Advisor She was a great help to me when I was changing my majors. |
| Iowa Mens Volleyball Club Volunteer Work |
| Dorm learning community Honors program ASCE SAME |
| The ITS Helpdesk provides a valuable service for us. College of Engineering's CTC (center for technical communication) is a great resource for Eng. students. |
| Programs that emphasise learning about different cultures and people from different nationalities, as well new experiences with readily available shows by the variose performing arts. The University Libraries have also helped me develope my level of capability in researching information and in understanding how to best utilize my resources. |
| Volunteering at the UIHC |
| Joining the Alpha Phi sorority has helped me become a better communicator and friend to all! It has allowed me to become a more active member of the University of Iowa community. |
| The biggest impact in my life is joining my business fraternity, Alpha Kappa Psi. It requires you to put more into your every day college life as opposed to just going to class and taking tests. You get to social and be with your fellow classmates and share a common interest. The feel of being a part of something gives you that extra boost and more opportunity to learn and experience more. We also focus on topics not taught in the classroom such as making your own resume, how to give an interview and speaking with companies and finding out what they look for in graduates. I just have learned a lot from not only the organization but the people around me. Sometimes just seeing the motivation and integrity in people is enough to motivate yourself and see that in order to achieve the most that you want, you need to work hard at it. |
| I feel one of the best Professors at the University of Iowa was Alfonso Damico. His class really made me think. I may not have done so well in it, but I learned more than any grade could critically evaluate the amount of knowledge I learned. Also, |

I feel many of the intro level classes in the Political Science Department helped prepare me for the upper level classes that I will start to enroll in now that I have started taking higher level courses.

The Hawkeye Marching Band, Theta Tau Professional Engineering Fraternity, Women in Science and Engineering Program/learning community

Will Jennings in the Rhetoric Department really helped me expan my writing skills and think critically about real life situations. The Student Government has been a great experience to learn how different programs at the University function, and a great way to get involved. Dance marathon helped me grow as a person, complete my own responsibilities, and meet a lot of wonderful people.

I really enjoy the undergraduate Psychology program (B.A)- very great program.

Engineering Connection, a mentoring program for 1st year students to meet older students. Friends whom I met in the dorms.

Sean Hesler, from the Office of Residence Life The Student Leadership Conference Student Leadership Institute

Being a part of the steel bridge design team. Living in a learning community.

Maria Hope (study abroad)--she has been very helpful in finding a study abroad program Cafecito Cervantes--helped my Spanish skills in an informal setting PE Skills classes

Asl Club. Living in the dorms.

The people at the Gerdin Learning Center

The people I work with at the University of Iowa Museum of Art - Curators, Registrar, Director specifically.

The wide range of diversity around the campus has helped me grow and be more liberal about my beliefs and values.

The University Honors Program and extracurricular organizations, including the University Symphony Bands and Orchestras and Dance Marathon

My advisors have helped guide me to where I should be with grades, internships, career outlook, etc.

Student Video Productions Darwin Turner Action Theatre Dance Marathon

My upcoming volunteer experience at the University of Iowa Hospitals and Clinics is going to be a gratifying opportunity that I will be able to take out of my 4 years spent here at the University. My floormates have really helped me open up and become more outgoing as well!

Dorm life

My sorority, Zeta Tau Alpha, has helped me grow as a person in many ways. Through the regular mandatory study hours, and girls who have ar older and wiser, I have been able to recieve help in many ways I othrwise would not have been able too.

na

advisors

The Undergraduate staff in marching band, and my RA.

My accelerated rhetoric TA, because she challenged me and prepared rigorous coursework. The honors program has enhanced my experience and allowed me to be more independent and have more privileges that come with working hard on studies.

Intramural sports, in general, helped a lot with a lot such as social skills and also a little learning.

The career advising center has helped me alot. It is very important to have a good resume and be easily accessible to companies graduating from college (exployment expo website).

Seeing how much passion some students have to be so much more. Seeing students set their mind on something and acheiving it.

I would have to say that the tippie optimist's chapter has really helped me to grow as a person and to experience a lot of things that i would not have. It is a great way to meet allot of good people and help the community.

-volunteering in the Ambulatory Surgery Center at the U of I Hospital

University of Iowa Athletics Department

Living in the dorms.

People that had similar interests like me helped me out. They talked about their classes and teachers. Also roommates help and fellow students that i lived with in mayflower dorms. They told of different events and programs they have done or heard of. one program that helped me grow was a class i had to take since my gpa was under a 2.0. it taught me how to study in college and how to make a transfer from high school to college and what my interest are and what i can do that included my interest.

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| My lit class helped me see different perspectives |
| Dance Marathon, The University of Iowa Hospitals and Clinics-volunteering |
| Campus Crusade for Christ, a Christian student group that I am involved in. It has been a great group to be involved in, and has helped me grow as a person. |
| 24-7, a Christian college ministry of Parkview Evangelical Free Church, has provided excellent community, encouragement, and teaching for me. They often have booths at the student involvement fair, and impact hundreds each semester! Also, the ITC's around campus are incredibly convenient and helpful! |
| Dance Marathon has been awesome and has really helped me grow as a person. |
| Advisors Extra Curricular Groups Guest Speakers |
| Campus Crusade for Christ |
| The university counseling service has given me the resources to be comfortable with myself |
| Greek Life/Sorority Sisters 24-7 Ministry |
| The Accounting program has not only challenged me academically, but it has made my development from a teenager to an adult more valuable. I have learned to think more analytically and critically about ideas. This rigorous course of study I have chosen has been the most difficult yet rewarding experience of my life. |
| none |
| Greek life. I am in the sorority Gamma Phi Beta. It has helped me be more involved in the community and around campus. Being greek has so much to offer and helps you be a more well-rounded person in college. |
| learning communities (WISE), mentoring programs |
| The Honors Program has been amazing. It's gotten me in a great residential environment, it's gotten me into some great classes, it's given me access to a place to study, relax, and drink hot chocolate, and it's given me information on volunteer and scholarship opportunities I might have missed otherwise. Aside from that, the Academic Advising Center was moderately helpful in getting my academic status figured out for the first semester, but I won't be using that anymore because I'm technically a second-semester sophomore now. |
| I really like to volunteer at the University hospital. |
| Student Health facilitates a program to help students overcome addiction to Tabacco products. In December 2005, I utilized this program, and I quit smoking cigarettes (after smoking heavily for over two years) on December 17th, 2005. I couldn't have done this without the help provided by this program and those involved. |
| NA |
| The music program (Tim Stalter) has been constantly supportive and enjoyable. I have made the effort to always find time for a choir. |
| My RA has been really helpful with any problems that I have. I have also had help from my advisor. She has helped me with my acedemic problems. |
| The programs that have helped me are the Air Force R.O.T.C. program and the Hawkeye Brazilian Jiu Jitsu Club. |
| n/a |
| My work-study job at the Photo-Journalism Photography Lab has helped me grow as a person. It provides valuble interactions with others. |
| University of Iowa Bass Fishing Team |
| The student gov't, my experience in the dorms, and the organization I am currently president of, The Association for Computing Machinery. |
| The Daily Iowan, The Honors Program, The Museum of Natural History. As far as people, Don McLeese and Sarah Prineas are amazing professors, Sarah Horgan and David Brenzel at the Museum are great people who give students tons of opportunities. |
| It has been very helpful attending a large university with the wide variety of students, being that my high school graduating class was only 150 students. My classmates have helped me to grow as a person; I have been introduced to and have had to work with many types of people. |
| The career center, academic advising, and the various speakers that speak in the business building. |
| The International Crossroads Community has helped me the most. The ICC has not only helped me with my major, but to get connection with people from all over the world. |
| Academic Advising Center as it has helped immensely with my resume and contacting businesses. |
| My college pastor, although not directly affiliated with the university, has helped me grow the most as a person. Like most college students their freshman year, I felt it necessary to drink. What's more, I rebelled against God's will for my life. My |

college pastor helped me to realize the sin in my life. Because I had already accepted Christ's death on Calvary's cross as payment for sins I commit, my college pastor encouraged me to confess those sins to God and ask for forgiveness. Needless to say, I feel a heavy burden has been lifted in my life. Also, the direction in my life is much different then it was. He has helped show me through scripture, the desire and will God has set forth for my life. He has shown me what a great example it can be to others to live a life that honors and glorifies God.

The Career Center as it has helped alot with my resume and getting in touch with businesses relative to what I want to do.

Joining a sorority and being on its executive board has really helped me to grow.

i think another important aspect of our education are the advisers who help teach you how to plan for your future.

The Opportunity at Iowa program has given me a number of opportunities to meet new people from all different places and helped me to keep my mind open and made my time at Iowa more enjoyable. Also, the Volunteer Fairs were good in linking me up to my current volunteer position at the Bijou Theater, which has been a wonderful experience.

Becoming a WISE tutor and participating in a BMESS program.

No particular program has helped me grow. I wouldn't say I've experienced enough to grow yet.

Even outside of class I feel that my advisor and the entire classics department has been wonderful and personable to me always making me feel at home there. The lectures/ guest speakers on campus are always nice to learn things outside of class. Other than that I feel like their aren't a lot of things outside of my classes that have really helped me grow as a person.

Definitely the programs to help us students get involved in social activities. And my R.A. has been a real positive influence thus far.

The Dance Marathon Program

Beta Theta Pi fraternity

The resident hall activities, just gaining experience from college life.

Graduate students in the dance department, and the aid after the tornado from president skorton

One of the best programs I've been involved in is the student organization of 24/7. This group has truly helped to get plugged into a group of people who truly care about my life and what I will be doing. I can't say enough as to how this program was a life changing experience for me.

academic advisors...figuring out what im going to do with my life

24-7, which is a campus ministry through Parkview Church in Iowa City. Through this organization, I have met some pretty amazing people who have helped me overcome difficult situations from my past. This organization has improved my abilities to relate with others and become an overall better person. Through organizing various teams for intramural sports, I have learned valuable leadership skills.

Intramural Sports and Dorm life, particularly interaction with RA's.

Honors Program/Old Gold Scholar Activities Dance Marathon

ISA, The office of Residence Life, Student video productions.

The study abroad program. I am currently studying in Germany and it has been one of the best experiences of my life. I have almost got one semester of a year down, and I can already tell I've grown a lot.

I really enjoy some of the lectures that are offered here at the Univeristy. I also think activities such as CAB events have helped me get out of my box.

My boss and UI staff member, Martha Greer, she has been there to help me make good decisions from chosing an apt to looking into career fields. PIRG internship made me work hard and manage my time. Orientation Serivce training me to be a orientation leader

My advisor was very helpful

Courses in Common helped me alot. I got to get really close with my classmates.

Engineers for a Sustainable World...I met people who have similar ideas to mine, are as passionate as I am, and it has shown me how to really take charge.

The friends I have made and fellow peers in the student organizations that I'm involved in.

The Hawkinson Institute

My RA Rusty at Hillcrest. My engineering advisors have been helpful.

My job at Hancher Auditorium and the stage staff, Kari Schloner, Ken Schumacher, Gary Sanborn, and Derek Shonrock. My advisor and department head Dr. Lauren Rabinovitz has also been tremendously important in helping me succeed.

None

| |
|---|
| My friends |
| Although the class doesn't really count for a lot and it is really kind of pointless i found that ACollege Transition was just a good way to meet new people and to talk about things that was effecting everybody the same way. My RA has also been very helpful. |
| Nancy Humbles has been a really great help, along with Jane Dorman |
| N/A |
| My friends and other students they opened up my horizons. |
| I've been very involved in the theatre department; working on productions in almost every vacinity has definitely helped me grow. |
| Honestly it's too early to say, I'm a sophomore and so far the U of I has only stripped me of my identity and turned me into a number. |
| Career center, UI admissions office (I work there) |
| The dorm life and the belin blank honors center. |
| I think my job at the nursing building computer lab has helped me grow. It allows me to interact with students, and has gotten me more familiar with computers. |
| The students, definitely. I believe there need to be more financial incentives, even at the undergraduate level, for students to commit themselves to scholarly studies. What good is a student with a four-year degree if they've only ever studied a subject in an 18 week class? More grants for exceptional students would certainly help them grow as well as everyone who comes into contact with them. |
| The International Studies program is great, especially Martha Greer. I'm sure she is an extremely busy woman, but she always finds time to meet with students and respond to emails in a timely matter. She has wonderful, practical advice that has helped me a lot. |
| marketing research mentorship with professors, business and leadership learning community dorm |
| None |
| Rec Services - Mike Widen |
| The Greek Life |
| Study abroad program and Maria Hope, weekly dicussion table that the french department holds. |
| I was involved in Alpha Phi Omega - a service fraternity - and I enjoyed participating in volunteer projects and I believe that helped to develop my character. |
| My academic advising councilor, she took the time to talk to me and ask me questions that helped my focus on my interests and goals as a student and for my future. |
| This is my first semester at Iowa and I'm really enjoying it. All of my teachers are extremely helpful and the TA's for my classes are wonderful at answering questions. |
| I commute, and spend little time on campus outside of classes, so nobody. |
| Joining the rowing team my freshman and sophomore year greatly improved my problem-solving skills and also helped me gain confidence to make firm decisions. |
| Business Undergraduate Advising offices |
| I think the professional development program is good, teaches you how to prepar for your career |
| I-Envision, our entrepreneurship club and Dance Marathon, a charitable organization raising money for children receiving cancer treatment at the UIHC |
| Circle K was a good way to meet people and get involved in some volunteer activities. |
| I have worked at Cambus since freshman year and have learned a lot about myself and other people, especially about how different people really are. I was raised in small-town Iowa where everyone was pretty much cookie-cutter. At Cambus (and in my coursework and labs) I have had the opportunity to work with many people from different countries, races, and sexual orientations. |
| Rec Services |
| My academic adviser the people on my rugby team and my coach |
| The Wise Mentoring Program. My mentor has been really great! We met at the beginning of the year so she was an instant friend, which was nice to have. It's also really nice to have someone who's been through their first year of engineering to talk to! |
| I was part of the Men's Rowing Club and that was and still is one the best experiences I have ever had. Also, the tutor |

sessions at the Seamen's Center helped out as well.

The other students and RAs I have encountered.

I'm involved in the organization 24-7 at Parkview Church. It's a christian outreach/discipling group and I've met many friends and have grown a lot because of my time there. I also have a job here on campus with the Student Health Service and love working in a real world setting using my skills.

I think just living on my own with good support in residence halls was really significant to my personal growth.

The ability to work with not only current professors such as Dr. Robert Brenner, Dr. Art Bettis, and Dr. Phillip Heckel, but emeritus professors is a very valuable asset, especially the opportunity I have been given to work with emeritus Dr. Richard Baker.

I currently have the opportunity to do a service learning option with a course Im taking (Basic Aspects of Aging) and am able to do weekly visits with residents of a nursing facility. This has helped me to realize what I want to do with my future career in respect to the elderly population. I was also given the unique opportunity to do a volunteer experience at the local homeless shelter, where I got to see a different side of this world, not familiar to me!

Living in the Writers Learning Community

The Business Communications Center the Writing Center the Pomerantz Career Center esp. the Peer Advisors Jessica Renaud Jay Christian-Szalanski

The Camp Adventure program, volunteering in various programs

Associated Residence Halls (ARH) has really helped me grow as a person by giving me leadership opportunities. Also, UIHC Volunteering has given me an opportunity to learn a lot about people and the healthcare system. The Wesley Foundation Campus Ministry (not really a part of UI) is probably what has most helped me grow as a person; it has connected me with very special people.

University of Iowa Athletics (cross country and track team), Iowa Student Athletic Advisory Committee, Being part of the Greek Community (Alpha Delta Pi), Office of student disability, Dorm life living (Hillcrest 2 years)

Foreign Language House and the house festivals, which no longer exists to the extent it once did.

My RA freshman year (Shannon Thomas) The girls that I lived with on the Honor's floor in Daum The UI Swing Dance Club UI Athletic events

student groups, in particular the feminist majority leadership alliance. i was given leadership and networking opportunities. the group does very well making its members feel welcome and involved, despite the fact that it is underfunded, everyone works very hard! also the honors program's foreign relations council luncheons, and various lectures (i.e. barbara ehrenreich) have helped.

Both my advisors, Evan Fales in Philosophy and Jane Singer in Journalism. Other than that, my philosophy professors have been very helpful outside of class and with things unrelated to class (for example, I am applying to graduate school and they have helped me along a lot with that), especially David Cuning and Gregory Landini.

My involvement in the Greek Community, and all of the people that I have come into contact with as chapter president of Alpha Delta Pi, including Bill Nelson at the OSL and all of the other members of the community.

I love the career center at the Pomerantz building- the career tests are helpful!

I have not used a great deal of the services provided by the university. I live off campus and have not had a great deal of access to said programs.

The Business Student Ambassador Organization has given me the opportunity to be a leader within the school of business.

Graduate students have helped me understand what it will take to further my education and have graciously assisted me along the way.

The gay community in the area.

Professor Freeman J. Harper. He has been the most influential in my academic career. He loves his work and is passionate about teaching ASL to his students.

The honors program really helped nicely build a community for me to find some other people/staff to discuss planning with and meet others in my freshman year but has really went missing in this second year. Opportunities for undergrad research should prove to be incredibly helpful, but I'm just starting so I could reflect on it yet. Libraries have been helpful but rarely used. I've only used the writing center was helpful but I've only used it when I was able to recieve extra credit Another program that I have used and has been a great help has been campus ministry. I attend regularly and thus have taken a very active role as a solid presence people can get to know and have put myself in a position to be a leader of the students in the coming months/years.

The diversity of students has helped me learn a lot about life and make friends from all over the world.

Jane Holland, director of Family Services for the University of Iowa has helped me establish the foundation for my education through grants which have, in the last two years, helped pay for part of my child care... Had I not been able to acquire the

money and services (social events) that she provides, then I wouldn't have been financially able to obtain my education here at Iowa.

The 10,000 Hours Show, my advisor, Civic Engagement Program, etc.

Supervisors during work experience at UIowa.

I volunteer at the University of Iowa Hospitals and Clinics which has been a good experience in terms of dedication to an activity and it also has helped me meet numerous other college student volunteers. I have attended some things put on by the Pre-Pharmacy Club which has helped me to get a better understanding of what different opportunities there are for Pharmacists. Also the Newman Center has some great activities I've been involved in.

My involvement in Mock Trial helped me as well as my campus job at the IMU. I was given a lot of responsibility.

My rhetoric professor, Professor Coggins, helped me develop my public speaking skills. She respected each students opinions and helped us to clearly focus our speeches on our main ideas. The Math Lab was also particularly helpful as I took Calculus I. last semester. I found the professor for that course to be particularly difficult to learn from and also very disrespectful. Therefore, I used the Math Lab frequently. I was almost always able to find a friendly helper who could answer my questions in a way I could understand.

My academic advisor, Emily Bonneau, who helped encourage me to not give up my career choice, but has helped me work for it. I've just become a member of the Honors Program, which should look positive on my application to PA school. I was also a member of CIC last semester which helped me meet new people and make the campus feel smaller.

all of them

24/7 - A local ministry provided by Parkview Church University Library and Iowa City Public Libray -Megan Allen (Academic Advising)and Kelli Delifosse (Career Center) both helped greatly with preparation for graduation and life after graduation

my student advisor as been very helpful with planning my education, and leading me in the right path for success.

Jay Christensen-Szalanski, Chris Roy, Richard Baker.

The 10,000 Hours Show, Dance Marathon.

Business and Technology Association, Career Center

Working as a Student Intern at U of I Athletics Hall of Fame; volunteer work at local churches and youth centers

Resident Assistants, Associated Residence Halls, Sean Hesler, Iowa Women's Volleyball Club

College of Education and the Art Program

Volunteering at the University of Iowa Hospitals was a great experience. Also, I enjoy the programs for Presidential Scholars; I've met many great people and had a wonderful mentor. I especially like 24/7, but I don't think that is actually a university program.

My sorority, Alpha Xi Delta, has made a huge impact on my development, not only as a leader, but as a friend and a woman. I've learned more things from being in a sorority than I have in most of my classes, and it has really influenced the type of person that I am today.

Friends, Applications for scholarships and study abroad, math lab, library

The volunteer opportunities and people associated specifically with the honors program have helped tremendously.

Outside volunteering with immigrants. Christian student organization. Mission trip to Taiwan. Mujer support group at Women's Resource and Action Center

The Math Lab, Support Service Programs, Professor Khalid Kader

My fraternuity and working at the ITS Helpdesk.

Jeff Emrich department secretaries Lambda Chi Alpha Fraternity Dance Marathon

Intramurals, concerts, and events

Friends

My employer (University of Iowa Biology Department),

Rhetoric because Erik Peterson wanted me to get better. Environmental science too. I learned that I am as smart as everybody else.

Engineers for a Sustainable World (ESW), American Society of Civil Engineers (ASCE), KRUI radio

WISE and SWE have definately helped me meet new people and get involved in the engineering world.

I am involved in the Campus Crusade for Christ program, which has helped me grow as a person.

UIHC Volunteer program. It is extremely well-organized and professionally run. I also once had a complaint that I followed through to the ombudsperson and I was very impressed with his advice and handling of the situation.

Since starting the accounting program all of my accounting classes have had interaction with Pam Bourjailly and the writing center. I think my business writing skills have improved because of this.

Study Abroad Office, Student Health Services

The Women's Resource & Action Center.

The opportunity to be involved in student organizations on campus

Working for the College of Pharmacy, as a computer tech. while under Nick Roy, has given me many skills to pass on in life

Support Service Programs for under-represented students. They have helped me decide to stay in Chemical Engineering and offered many services such as tutoring. The WISE learning community and their commitment to ensuring our experiences in the dorms are as beneficial as possible.

Having access to the University Hospitals and Clinics through volunteer services, and later as an employ have been greatly detrimental in shaping the academic and personal decisions I have made since being here. The have also aided in my own personal growth growth and gaining of invaluable insight. Also, the Fine Arts(painting department) program has really helped me to network with professors and other undergraduate/graduate students within my field of interest. In this way the structure of the program has really helped me to flourish, and has encouraged my continued growth and passion in my feild. The involvement of the professors, and their commitment to provide resources and experiences to make our program more meaningful and far reaching has been a great benefit.

the greek system allowed me to take role that I normally wouldnt

My sorority- executive officers

My various jobs I have had during my past 4 years have helped me with responsibility: IMU Catering, University Bookstore and Publications.

My major advisors really helped me decide where I wanted to go with my life, and how to get there.

I played on the Iowa women's soccer team, which helped me learn time management and personal relations skills. My coaches were always ver supportive, along with the staff at the Gerdain Learning Center. The volunteer fair at the IMU, and Athletes in Action, a bible study for athletes at Iowa.

The IOWA LINK program has helped me grow as a person, and one of the teachers, Aimee Mapes has helped me grow by allowing me to talk to her about my transition to the University.

none

Mercedes Bern-Klug, professor of SW Jeanne Saunders, prof. of SW Susan Dirks, staff at the SSW main office Greg Dirks, Univ. staff

STAT: Student Today Alumni Tomorrow It's the biggest group on campus so you get a meet a ton of cool people. Also, the WISE floor learning community. It was nice to have girls that were in the same class as me right next door to study and spend time with.

The only University activity outside of classes that I was involved in was my work at Hillcrest Food Service. This helped me develop a work ethic as well as allowing me to afford my education.

my trainer for the volleyball team and my counselors for my major. patty rossmann and dan foster-to be specific

My roommates have helped me grow as a person because rooming with strangers forces you to be open to new people and ideas.

Brady B.A.M.F Manrigez (aka RA) The math lab is cool but some of the time there arn't enough math T.A's

UIHC Volunteer program, Dance Marathon

my hall coordinator and my RA

I am in Korean Undergrad Student Organization, which has helped me to understand a culture much different than my own. Also, older students taught me a lot.

volunteer programs-UIHC hospitals and Clinics Englert Theater Medicus ESW

Chris Smith - my advisor

The GLBTAU, Office of student life, Dance Marathon.

honors program and lecture series

Hawkeye Marching Band helped me meet lots of people right away. The University Choir program helped me to continue my enjoyment of singing. I really enjoyed the learning community Men In Engineering, where I have lived for the past three years.

Student Life Office in IMU

ESL programs

I think that if you come to your advisors with questions, then they will do their best to answer them and that helped a lot here at Iowa. Also the Math Lab was very helpful to me.

The Writing Center was very helpful with papers.

my academic advisor carol hansikar

Mostly the people and RA's I met in the dorms. Also, the marching band helped me learn to stick through situations I wasn't happy with.

Our academic advisors when we first came to school and throughout the first year were very helpful in what classes we should take and what direction we should go in as far as our major or other programs were concerned

Bijou theater, writing center, math lab

My art history classes have all been fantastic and really opened me up to a new way of thinking. Prof. Barbara Mooney and Kste Eliot are absolutely amazing. The museum studies program is also really fantastic. The biochem and microbio departments, even though I am no longer pre-med, are, in general, very supportive.

dorm life, honors program, photography work outside of classes

My advisors. They are always ready and available for help anytime that I need it.

Honors Program

The librarians in the archive section of the main library were very helpful for a class project in which I had to find U of I building blueprints.

UI Student Government Financial Management Association

Entrepreneurship Class-Rich McCarty

I have not had the chance to participate for much. I am a non-resident, and I think with the current costs of school, IOWA as a whole seems to want to end their relationship with out-of-state guests. I am extremely disappointed.

Campus Crusade for Christ, other Resident Assistant staff, Dance Department Faculty

I was a part of the wise learning community. AIAA

I joined the crew team which has helped me become stronger mentally and physically in addition to other skills. The girls on my floor have helped me to grow into the person I want to be by following good examples and realizing what I don't want to be.

Hawkinson Institute of Business Finance specifically Sarah Rogers prepared me for real world interviews and helped me find an exciting career path.

The engineering professional development office

Student Disability services tutor programs Fraternity

I would have to say my advisor Judy Vopava. She's has helped me more than anyone else at the college and she has helped me to find myself, and my major so I can feel proud of who I am again.

Working at the hospital

The study abroad department helped me a lot. My counselor there (John) was amazing at helping me figure out exactly where I wanted to go and how to get there. The whole department has been wonderful.

living in the dorms, theatre department activities and programs, honors programs

The Rockwell Collins Leadership Conference was very beneficial.

The Rec Center, Reformed University Fellowship, Sailing Club, Iowa Institute of Hydraulics Research

Dance Marathon

My RA and activities with my floor have helped me to really grow as a person.

none

I am a non-traditional student and I don't live in the Iowa City area. I don't think anyone here, besides my teachers and advisor, at the university has helped me to grow. I feel that it is hard to find help or get information if you are a non-traditional student. I have actually asked for help from people who were very rude and made me feel like I was stupid for even asking questions.

My friends and RA

Dance Marathon

Residence hall activities during my 1st year of college.

Medicus--the undergrad pre-med club (I went on a trip to Nicaragua that was presented to me through them. UIHC--All the hospital openings. I have worked in the peds department as a lab assistant, and it has helped me.

This is my first semester at Iowa; therefore I cannot answer this.

Yes, being role models, they have taught me valuable insight that isn't related to the course material. They have gone above and beyond their job requirements.

Hawkeye Marching Band, 24-7 Christian group and growth group student leaders, Entrepreneurship department, my roommates, athletic coaches, recreation services, Character Counts! organization, children I work with through the recreation center

Volunteering at the hospital, medicus

Graduate students in the dance department have helped me with becoming a better person socially both in the dance world and also in the normal parts of society as well.

UISG, Residence Life

Employers

I think that the Honors Program is very beneficial, especially the ability to take any class as a class with Honors Designation. This is nice because not all courses offer honors sections. Also, the advising department has been very helpful as well as the athletic department members (advisors, coaches, trainers, etc).

All of the people I have met here, my friends, my roommate, being involved in Student Video Productions (SVP).

Residence Halls Intramural Sports Math Lab

My academic advisor has been very helpful-he helped me decide what classes would be best for me based on my major, my interests, and my level of learning.

Education Department Education Placement Office U of I Bookstore and Information Office at the IMU U of I Libraries especially the curriculum lab

work & family

The Math Lab has been a huge help. The different Libraries in the different colleges has been great.

Family services helped when I first came to the university but now I do not use them. I have found that the programs through the state for Iowa city are far better for families

I'm part of the WISE community. I think this has motivated me in a male-dominated profession (engineering) and makes clear the other women working towards the same goals as you. There are many programs I have not taken advantage of that I would like too. The number and size of the groups on campus can be intimidating.

By getting involved in student organizations I was able to get valuable leadership experience. Also, my boss, Michelle Danielson, in the office of Admission really helped me a lot.

Supplemental Instruction (through Opportunity at Iowa) has helped me so much. It first taught me how to study, and now I teach it, so it has helped me develop leadership skills.

My two part time jobs, and the people I work with at the University have helped me grow as a person. I work for WISE and the pathology department at the UIHC.

Swing dancing club, bible study, 24/7, Verve, dorm mates and peers.

WISE (Women In Science and Engineering). I am a part of this learning community, and through it I not only have acquired access to information related to my major and related fields, but I have also gained friends and been given the opportunity to better my communication skills. WISE also helps to make sure students here at Iowa feel as though they belong to a community and know that they have people behind for support. Iowa also has a great program that helps with resumes, interviews, job searches, etc. Academic Advising has helped with my studies, too. People there are very willing to help, and they have enough hours that it is convenient to meet.

The rhetoric class which contains community learning.

The people in the NDIL office, as well as the night life at Iowa.

Iowa Biosciences Advantage

Iowa biosciences advantage, student support services, opportunity at Iowa, women in science and engineering

sorority, dorm life, bars.

PRSSA CAB

Charity Cooper as an adviser has offered more support and guidance in addition to Chris Smith. The Study Abroad office has offered easily accessible information.

The Writing Center has helped me immensely with writing skills.

In residence halls, floor events (both social and volunteer) have helped.

The TRIO Student Services New Dimensions in Learning is one of the better programs that the University has to help

students succeed. They are more personal and focused on the student.

Amnesty International. I have fallen into a leadership position, and have seen the group diminish and grow. It has taught me a lot about how organizations function, grow, and develop, and how to keep them together and functioning. As well, I have learned about the need, and how, responsibility is distributed.

My job off campus helped me grow as a person more than anything on campus. The University of Iowa classes and teachers tend to treat the students as if they are children, not responsible adults paying for their extended education.

Academic Advising Herald Kempnich

Trio Program, Leadership Class, Fairs at the IMU, The Career Center

peers, resident assistant, academic advisor, learning community, professional development staff

Undergraduate research in Dr. Jeff Murray's lab, and the whole program of undergrad research happening at the UI, was incredibly formative. Also, my work as a Resident Assistant in the residence halls, my coworkers and my supervisors, taught me lots of people skills and time management. Finally, the Honors program and its staff have really engaged me on campus and guided my choices.

Writing fellows, the writing center, and honors program are excellent opportunities to expand horizons.

My friends that live in my residence hall with me. My RA, Teresa Bemboom, That S.T.A.T. program, as well as organizations promoting different benefits around campus and trying to get students to join. (Campus Crusade for Christ, Dance Marathon etc.)

Volunteer opportunities, Trio program, honors,

courses in common, i was comfortable and knew everyone in all my classes

T.A.s R.A.s

I spend a lot of time at PBB. Tom Walsh has been my greatest influence at the U of I.

n/a

My Advisor has been very helpful at getting me to think of different options that are available to me. I never really thought about anything else besides chiropractic but now I know theres a lot of other things I can do which has led me to try a lot of other things I normally wouldn't do.

My TA's and my job over at the university hospital.

the child-care subsidy at the university has helped me tremendously while earning my b.a. degree

None really at the University of Iowa

The honors program has provided many opportunities for me to expand my knowledge by attending programs about international ongoings as well as allowing me to take classes for honors so that I can be more challenged.

I have learned so much in terms of my major and in general from the residents I got to know through my work-study job at an UIHC Oto lab. They always have insight on things that I am going through now that they have been through before.

Career Leadership Academy 24/7 campus ministry being involved in student orgs like UISG

Opportunity at Iowa (social networking, academic advice, mentoring, cultural programs, etc) Honors Program (academics, cultural programs) John Pappajohn Entrepreneurial Center (I-Envision/student group, conferences and seminars)

The Preemie Project

Those I worked with at my job with the Iowa Geological Survey. Everyone there is great. Mary Skopec, however, is someone I could single out. Furthermore, everyone who helped with the Carver Program Scholarships, because life would have been much harder for me without that financial aid. And finally, my advisor, Jim McGreevey always kept me informed, always remembered my specifics, and was very helpful.

The first program that comes to mind is Dance Marathon. I have made new friends and grown closer with current friends because of Dance Marathon, and it is a life changing event. The other people that have helped me grow as a person are the students who are not in my classes. I have a lot of friends that I do have classes with, but plenty that I don't. The friends that I have made at college have helped shape me into the person I am today.

WRAC working at DVIP

Libraries are helpful

The NAASE program as helped me greatly in adjusting to college life. Other than NAASE, the TA office hours and other help centers have been extremely available when ever I have needed assistance.

my friends, my advisor, big brothers big sisters

Studying Abroad - The office of Study Abroad.

My sorority (Zeta Tau Alpha) has helped me a great deal to become more comfotbale wiht myself. They have taught me to

be open and accepting towards all, and to just have fun. I am very thankful to those like Nicki Rand, Lana Schurr, Ali, and Jaclyn for taking me under their wing and show me around and help me become more familiar with the University of Iowa, and now in return i hope to be like them one day and be someone that others will look up to.

ASL Club

My bosses, Jess Rickertson and David Sandstrum in the Athletic Ticket Office

University Hospital Volunteer Program has been amazing in helping me develop my service skills and open my eyes to how much volunteering is needed and appreciated.

Working at Orientation Services for 2 years really got me connected to the University. They people I worked for and with were amazing, and it really enhanced my time here at Iowa. Also Dance Marathon is a great student organization that you can get very involved with...and it is for such a good cause.

My RA and others on my floor.

Being involved in campus organizations like 10,000 Hours Show...etc. The career center especially helped me develop my personality just by doing mock interviews to help me build my personality. Also, the lecture committee certainly invites great people to speak about global current events.

PRSSA, and Dance Marathon

Michelene Pesantubbee Jacki Rand

University Housing (I was an RA) The Office for Study Abroad (I spent a year in Iceland) The Office of Student Life (They gave me a great internship) Math Lab (Helped me get an A+ in Calc II)

International Crossroads Community, Honors Program, Roommate, My RA

Fitness centers help me to stay in physical shape which reflects on my overall wellness, therefore ultimately affecting me academically.

Career Center was helpful. Being a member in the greek community also helped me grow a lot. There were lots of opportunities there.

While the University of Iowa offers many extracurricular programs that do, indeed, facilitate personal growth, I have elected to participate in them. I did study abroad in Thailand last summer via USAC and Iowa, and found it to be the most eye-opening, fulfilling experience of my life.

The programs that have helped me grow as a person are mainly extracurricular activities such as Dance Marathon. The advising and career centers have been especially beneficial and useful.

Pam Bourjaily-Writing Center Jessica Renaud-Speaking

Dance Marathon has really helped me see life as precious

The counselors and the newspaper reading program.

The Office of Student Life staff have played a large role in my leadership development. Kelley Ashby (who now works with the Pomerantz Center) was a key figure in my Dance Marathon experience and encouraged all participants to aim for their highest potential. The staff at the University Honors Program (primarily Sarah Prineas) also influenced me in a very positive way.

my job at the Campus Information Center

The Student Development Center in the College of Engineering has been a great resource for career development. The CTC in College of Engineering has also been beneficial in improving communication skills. The residence halls have also played a large role in providing social events, such as Night Games, the Super Bowl party, and Casino nights.

Society of Women Engineers

John Papajohn Entrepreneurial Center - Employers; Camp Adventure Child and Youth Services - Angela Noll, Adam Knartsen; I-Envision; Accounting Teacher, Jeff Burks Theater Teacher, Greg Machlin Creative Writin Teacher, Meg Hartmann

The microbiology department's undergraduate research helped me to grow as a researcher and independent thinker. I can thank Dr. Michael Feiss for that.

Being a Supplemental Instructor of Principles of Biology II has helped me grow as a person. Supplemental Instruction has also helped me as a student. This program is done through Opportunity at Iowa and Nancy Humbles is the head.

Kappa Kappa Gamma Dance Marathon

Resident Assistants

Dance Marathon as a whole- it is life changing to know what others have been through and compare them to your own and find out your problems aren't really problems at all.

Medicus

Academic Advising. My advisor Adrienne Hurley.

| |
|--|
| The office of res life |
| SSP and NDIL |
| UI hospital staff and clinic people The writing center staff the Pomerantz center advisors (not so much the department advisors) *the librarians are the nicest/most helpful people in the world* fitness loft |
| Mayco Government, it is nice to meet different people and feel like you have a say in programs for the building and that you are making a difference |
| The Women's Rowing team: My coach Chuck Rodosky. And Alpha Chi Omega, my sorority. |
| My RA Dana Hansen has been really awesome. Living in the Iowa Writers' Learning Community has been really beneficial. |
| Some people that have helped me grow are my R.A. Whitney Warne and my friends. I was recently added to the Honors Program, which has also helped me. |
| the writing workshop, my sorority, and residential living |
| UIANS, |
| My communication studies advisor has helped me grow along with my friends. |
| professional development |
| Interaction with new classmates and the formation of new friendships. Also being more exposed to people from a different lifestyle than I am used to. |
| The graduates at the math lab. There are many of them there everyday. |
| I have not really encountered anything outside of classes. As a theatre major, the extracirricular activities are usually theatre realated and thats where i tend to find myself if at all. |
| I was recently involved with Dance Marathon. This was probably one of the most exhilarating and life changing events that I have ever participated in. The leaders and members were absolutely amazing people, and especially since I'm in nursing, gave me an insight to a problem I want to help solve. Also, my advisor Linda Myers is an incredible woman who helps me with any problems I have encountered throughout the year. Living in the dorms has also made me very self sufficient and able to meet new people and communicate with many different types of people who I may have never met without living in the dorms. |
| amy bartachek, Early admit program at college of business. |
| I lived in a learning community (men in engineering) which was very helpful I think.. just all the people around to help with homework and whatnot.. also, it's just a GREAT atmosphere here, I love it! |
| Courses in Common, The Greek System |
| friends |
| After joining several professional organizations (ie. Alpha Kappa Psi and the Honors Program NSCS), I have had more opportunities to grow as a person and become successful. For example, by getting more involved in these organizations, I had made many friends and earned an internship position at a major accounting firm this summer. I also like the new study areas in the IMU, etc, that promote studying between classes and such. |
| none that I can think of other than the nightlife downtown teaching me to look out for myself. |
| My academic advisor has been a very good guide as far as exposing me to the right coursework and keeping me on track. |
| Student Organizations: American Marketing Association Career Center opportunities: job fairs, internship opportunities |
| I am a memeber of Financial Management Association...it's a great group to help give students more direction w/ their profession after graduation |
| The Deaf Studies courses. |
| I have enjoyed going to the free events that they host in Currier, it helps me meet new people and experience new things. |
| All of the programs through the recreational services including: intramurals, student employment, and other activities have given me the opportunity to grow and meet new people along the way. Another specific program that has contributed to my overall is NSSLHA. I have been able to get involved with other Speech and Hearing Science Majors and this is a program that combines undergraduate students with graduate students. Graduate students have directed and educated us (undergraduates) about the field. |
| Nursing Practicum courses |
| My advisor of course has been a huge factor in helping me in my college endeavour. |
| Professor Craig Shoemaker--good professor uses good examples in lecture, very friendly, teaches us what we really need to know for the real world History Professors--Michael Gobat, Shelton Stromquist, they were very good teachers, really had a passion for history and getting us to learn and understand it. very friendly and well designed courses. |

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| Volunteer opportunities such as 10,000 hours, honors groups |
| Beta Alpha Psi |
| The American Society of Mechanical Engineers student organization has helped me to further enhance my leadership skills by participating as an active chair. The intramural sport has always helped me keep in touch with friends at the university. The PEDE program has helped give me real life work experience and allowed me to develop necessary skills necessary for the real world. The Engineering learning community was probably the best program for me to be involved with because it allowed me to make many friends easily who shared similar goals. |
| Campus Christian Fellowship, although that is not directly related to the University of Iowa. |
| University of Iowa Veterans Association |
| writing center |
| Career Center, my sorority Sigma Lambda Gamma, the Multicultural Business Student Association |
| My boss who is the academic coordinator at IP has really helped me channel my thoughts in a more positive direction. |
| Student organizations such as Engineers for a Sustainable world, the Study Abroad department, and campus lectures/events have helped me the most. |
| Being apart of the ARH Executive Board has helped me to grow as an individual. I was able to find myself doing tasks other than just academic. It gave me a chance to get to know other people and make relationships with them. |
| The weekend environment and school spirit. |
| Honors Program Learning Community |
| The office of Student Life has helped me out tremendously in my growth as a person. More specifically, Jason Pierce the assistant director and advisor for Fraternity and Sorority life as well as Jennifer Richman the Homecoming advisor have helped gain the character that I have today. |
| Intramural Sports, Career Center, Disability Services. |
| My freshman advisor, Jim McGreevey---what a great guy! I still make appointments with him when I am not understanding things. Athletic events and concerts are also important--you can meet people and learn things when you attend. Also, I took at class called "Job Search Strategies" my sophomore year...the entire time I thought "this class is such a joke!!" In reality, it helped me create a resume and focus on professional aspects of my life that I need to be in tune with. Oh yeah, and JOBNET is the best ever! |
| University of Iowa Center for Human Rights |
| Being an athlete at the university, the people that have helped me the most have been athletic student services which helped me through some tough times and university counseling. |
| I am not involved in any programs outside of classes so I will focus on the people that influence my growth as a person. I think that my roommate has really helped me to grow as an individual. I also think that my R.A. and the other girls on my floor have had an impact on me. The dorms are a really great way to meet new people, to learn, and more importantly to grow. |
| academic advisor - chris smith transfer transition class - michael davis |
| The residence halls and their staff as well as the plethora of organizations on campus. |
| university counseling services was very helpful at helping me through a very tough time in my life. |
| I was in CAB for 1 year and that really helped me learn what a real job in that industry might be like. It was fast moving and helped me interact with my peers. The writing center also helped me out when i was taking english classes. Just going over grammatical errors. |
| The student run groups throughout the University have helped me gain skills I was not able to acquire at a community college. Such as the student run magazine Content, the student group SPJ (Society of Professional Journalist). The wide variety of visiting speakers and resources available. |
| advisor and RA |
| My academic advisor has been a god send. They (my first one retired) were willing to help me with things that went beyond academics!!! |
| My undergraduate/faculty biology advisor really showed me some options as far career path and course of study within the biology department. |
| Volunteering at the UIHC |
| Circle K, Office of International Students and Scholars, my roommates and friends. |
| the Iowa Writer's Learning Community, Marching Band |
| Gamma Phi Beta Sorority, Dance Marathon. |

Being able to study abroad as well as do an internship through the Washington Center definitely helped me gain more confidence and gain experience about real life

n/a

Living in the dorms was essential my first year here. W/out being social classes will fail etc

The Career Center has been very helpful. Also, the Internship & Assessment Coordinator in the journalism program (Jennifer Hemmingsen) has helped me a lot, even though I continually got rejected for internships until last summer. She helped me improve until I finally qualified for something.

Recently I have found the Pomerantz Career Center to be extremely useful and am mad I didnt find it sooner. I think that all UI students should know about this valuable resource. Also I have had some great teachers.

None

Student organizations are a key part to growing as a person during college. I am a member of the Beta Alpha Psi accounting fraternity that allows me to network with other classmates along with future employers.

Resident Assistants, Thursday night CAB events

Fellow students, key members in the community, such as the mayor

Well, my classes and teachers have truly had a hand in my development. But I must say that it's been the friendships that I've formed with my fellow students that has influenced my growth greatly. They brought me out of my shell - something that high school couldn't quite do. I have also met some of the alumni of the geoscience department, which has been very helpful for my career development.

Dance Marathon, Hawkeye Football and Basketball

University of Iowa Men's Ultimate Frisbee Team

The Iowa dance team

The University of Iowa wellness and counseling services showed me healthier ways of living which has helped to better myself and grow as a person.

UIHC Volunteering

Intervarsity Christian Fellowship Living in the Dorms for 5 years taught me about culture and how people communicate to one and other

Writing centers.

My academic advisor and my friends

My friends and the Newman Catholic Center here on Campus. Also, my advisor is nice.

I think the people in the Educational Placement office are wonderful. They have helped me be more professional as an education student. Joy Harrington of America Reads, my workstudy job, is wonderful too. She is a great motivator and positive role model.

Phi Kappa Psi Greek Community

Honors-doing an honors thesis

I have had a positive influence from ASCE clubs such as steel bridge and concrete canoe.

My fraternity, Phi Kappa Psi. The people I work with in the Dean's Office in the College of Business.

Nancy Hubbard- Opportunity at Iowa

Hawkeye Marching Band, Career Center

None

Campus Crusade for Christ has been influential in helping me make new friends and get connected in a healthy community of Christians where I feel welcomed and loved. This is an amazing ministry here at the University of Iowa and I am so grateful that I am a part of it.

Fraternity of Phi Gamma Delta

Speakers at FMA meeting, senior conference, etc.

The RA Staff at mayflower, floor events and CAB Events

WISe learning community Angel, the receptionist for the Engineering Dean's office

Dance marathon, Intramural sports, Volunteering for my law class.

My Academic Advisor, Jill Harmande was an incredible resource my first semester at Iowa. As well as Vicki Vavra, my Transfer Transition instructor.

I've only completed one semester here at the University. I have a part-time job in addition to my schooling so I don't have a lot of time for other activities, but I am always receiving e-mails from teachers and students about clubs and other things I can join. I heard a lot about the organizations that run here and it can be a great experience.

Intramurals are fun

The Office of Student Life staff-Jason Pierce, William Nelson, Kim Spurling, Maria Newton, Dinette Myers, and the graduate assistants Fraternity and Sorority Community and all of the leadership opportunities that came with the experience in my chapter Sara Sanders- Associate Professor, School of Social Work

The Entrepreneurship Certificate program has really helped me to grow.

The Beta Alpha Psi accounting fraternity. Also, Women In Business student organization.

I work in a Psych research lab with Prof Bob McMurray who has been very helpful and influential in my plans for the future.

For me, the general education program was beneficial in expanding my knowledge in areas outside of my major. I found almost all of the classes to be interesting and learned things I wouldn't have on my own. The honors program has also helped to shape my education and has encouraged me in writing a thesis, which I find to be a very valuable skill. The University Counseling Service has also been a great help for me.

My friends

BBBS@IA and CAC/ Relay for Life

The transfer transition class because it answered my questions about transferring here.

The Academic advising center is great for the transition from a highschooler to an independent college student (although I do depend on their help, a lot). The advisors are always very helpful, calm and confident, which affects me in a way that shows me the confidence, the wisdom, and the decorum I need to move on in life.

Bijou theatre Student Video Productions

Beth Pelton (Even though she's not my advisor, she's very helpful. Takes the time to really advise students) Tippie Optimist Chapter (meet different people) Psychology Library (study) Fitness Centers (working out)

WISE, Chi Omega

Sport clubs

Tippie Optimist Club has helped me learn about volunteering and being open to new experiences.

The lecture classes, specifically my Organic Chemistry classes have allowed me to adjust to the college style of tests comprising the large portions of a grade, instead of busy work like daily homework.

Hawkeye Marching Band

Joseph Longo, IIHR Hyun Se Yoon, IIHR

John F., the head of the engineering library.

The Daily Iowan newspaper that I write for regularly has formed me into a more avid reader and a quality writer. Also, the weekly Bible study I partake in with friends I've met at the UI has helped me grow as a person and understand life and how God fits in.

I would say the biggest impact on me is the upperclassmen that I have met and became friends with. They have showed me what i have to do and helped me realize more of the path that I want to take.

Alpha Kappa Psi, Amy Bartacheck who is my advisor, my RA Shannon Thomas

night games

Women in Science and Engineering Medicus (pre-med students' club) Opportunity at Iowa Pen Pal program Honors Program Career Services

ITS- Student Employment

Student Video Productions Performing Arts Learning Community

I have enjoyed time spent with my academic advisor, Cheryl Shultz. Though I feel comfortable with planning courses on my own, her advise is helpful. I have also enjoyed volunteering at The Iowa Review, edited by David Hamilton. It has been an eye-opening experience in regards to the magazine world and publishing in general.

No one really except my volleyball team.

tutor sessions at the seamen center.

English advising department- the advisers i talked to there were always very helpful and encouraging. My initial academic adviser- Marian Clark- was also very helpful in selecting another major.

Jessie Trepanier, my work study boss in the department of Statistics and Actuarial Science. Adrienne Hurley, my Asian Humanities Japan instructor from last semester. Also, Grace Snider my dance instructor at the UI Youth Ballet.

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| IIHR, Chi Epsilon, ASCE |
| Dance Marathon |
| The Greek System |
| friends |
| People in the writing center help me not only with my academic writing skills but also with my life as a foreign student in Iowa. |
| None that I can think of. |
| I think the Education Program at the University is wonderful and has helped me to become a more driven person. |
| Mrs. Boback in the Academic Advising Center helped me pick out classes readily and easily, showing me how to navigate the Courses webpage so that I could sign up for classes. |
| The Pre-Pharmacy Club. This Club is a great way to meet other pre-pharmacy students and serves both as a social and professional networking service. |
| my advisor: Linda Myers |
| Teaching assistants and professors who offer life experiences and hearing guest lectures, various fairs |
| Career Development - Lisa Ingram |
| Just living in the dorms have helped me grow a lot. I have learned how to manage my time with the help of my friends and my RA. |
| Advisors, Honors Program |
| The friends i have in my hallway. My RA has helped me with any problems I have had. Along with some of my friends who work as tour guides or orientation leaders have helped me also. |
| The Honors Program has helped me grow and expand in my studies in areas outside of my major. University Housing has provided several programs on life skills I hadn't put my time or thought into and has helped me learn to be responsible for myself. Recreation Services has helped me create a healthy and active lifestyle. |
| Medicus Student Health Support Services Math Lab Honors |
| Professor Margarent Mills |
| The University of Iowa Greek Community |
| Army ROTC |
| My R.A. Brady Manrizez, he's the man!!! |
| Dance Marathon, Intramurals, Dorm activities (when I lived there), Student activities (free ones), ITCs, Labs, |
| my RA William Heathershaw |
| Academic Advising |
| I love the janitors, they are always helpful and very nice people. I also really love my academic advisor. She is very knowledgable. |
| Megan Knight really helped me discover who I was and what I truly wanted to do. She also helped me expand my writing skills. |
| The Dean of Students (Phillip Jones) and everyone in his office have been really helpful and supportive, as have those in the office at Opportunity at Iowa. |
| Sigma Alpha Iota (The university's women's music fraternity) has given me the opportunity to meet many new people, do community service, and practice different aspects to leadership! The Hawkeye Marching Band was an amazing way to make friends and learn about hard work and determination. I lived on the performing arts floor of Currier Hall my freshman year of college, this gave me a great network of other people doing the same things I was; this is a great program and I hope it stays around for a long time!!! |
| Due to my work load, I have very little time to interact outside of studies, so what has helped me grow is the classes and teachers. |
| 24/7--a group of christians I meet with the international learning community being a Resident assistant being able to volunteer at the hospital |
| I have been involved a lot with work and havent had much time to much else, but I would say that I have worked a lot in groups over the years and they really help with time management and meeting new people. |
| teaching assistant, the homeworks, assignments and projects |
| I didn't get involved in extra-curriculars. |

Dance Marathon is an amazing student org that has really helped me feel like i can really make a difference and helps me meet friends and new people all the time.

Kelly Johnson: Daum 7 RA

DANCE MARATHON WAS HUGE & Tippee Optimist Chapter

Greek Society- Phi Kappa Psi Men in Engineering Learning community

I will be volunteering at the University Hospital so that will help me decide whether a medical career is for me or not.

My friends and my RA.

MY RA, and academic advisor

Any extra curricular activity: Hawkeye Marching Band, Dance Marathon, being a fan at Basketball/Football/Wrestling games

the attitude of the student & staff helps.

Content Magazine

Honors Program seminar was pretty cool. To be specific I think that Holstein helped me grow as a person with his quest for human destiny class. He brings up a lot of questions that everyone can relate to about life and death.

The help labs and additional opportunities to get help. Also the clubs and organizations that students can join to become more involved.

Journalism Resource Center, KRUI, Dance Marathon,

STAR, Dance Marathon, advisors

Teachers and classes are the ones that have helped me grow, other than that nothing comes to mind.

hansen center for tech writing

The Honors Program especially: For example, I took an honors seminar through the program called "Crime and Punishment" and it was the most interesting and really thought-provoking class that I've ever taken. I also lived in honors housing (5th floor Daum) and that was certainly one of the best, if not the best, experience I've had at Iowa so far. I met a really amazing group of people that really enriched my life. My father died last year, when I was a freshman, and the friends I made there, whom I'd only known a few months, all came home with me for his funeral...it really touched me to know that these practical strangers would do something like that for me.

Being in my sorority Pi Beta Phi has definetly helped me grow as a person since i have been here at the university, also living in the dorms on my own in a sense helped me grow as a person freshmen year.

My fraternity brothers and pledge dad have taught me the fundamentals needed to be a better person and grow as an individual.

Rehotric does a good job at introducing the college life, Mr. Alexander D. Woods was incredibly kind and beneficial to my development in college. I also find faculties that schedule review sessions before tests particularly helpful, as it allows introverts to learn from other peoples questions. Opportunity Iowa (Mrs. Charity Cooper) have been a great help by just listening to my history. My advisors have been a great source of information (Megan Gogerty, Emily Bonneau) and I'm sad to be loosing them when I switch into my departments. Residence life has been very helpful, and quiet. I'm not a member of any community, nor really know anyone on my floor, but I like it that way.

I transferred to the University of Iowa after 2 years at Cornell College. Much personal growth was done at Cornell, and I transferred to pursue a speech and hearing science major. There is always room to grow as a person, however. Being involved with the Swing Club and living in the residence halls, building various relationships, have been very rewarding experiences.

my RA, other students I have met along the way

Dance Marathon My friends have helped me a lot!

i live in the dorms, and the RA has been a lot of help in informing me about great oppurtunities on campus- things from concerts, to lectures, to volunteer activities.

athletic events, teaching assistants

My friends at the dorm more than anything!

My Floor gathering.

The Counseling Service, the nutritionist, Family Services, and Gillian Steele.

My participation in ISEA helped me grow as a person more than I can say. Between the other members and the guest speakers we had come in I learned more about being a good person and a good teacher than I could have imagined.

None.

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| The facility we get to use has helped me grow. It is a great place to have class and to study. |
| I very much enjoy the Iowa Memorial Union, its services and space it provides! I love to study there, meet up with friends, shop for Iowa gear or books. The IMU's employees are also friendly and knowledgeable. |
| UI Marching Band UI Honors program ICFRC events and seminars |
| Honors classes to fulfill general education requirements. |
| cross country and track team coach anderson |
| University of Iowa Men's Track and Field and Cross Country teams |
| I have not had any deep relationships with anyone affiliated with the University that have helped me to grow as a person. My room mates and I have helped each other develop at the University, so I would pick them as the people who have helped me grow the most. |
| I've been actively involved in my prior home community, so the Volunteer Fairs that are held in the Fall and Spring really help us as students reach out to the Iowa City community. It is a great way to help college kids feel that they are making a positive impact on something or someone. Being surrounded and involved in activities with my peers really helps me understand how my generation is learning and growing together. |
| New Dimensions in Learning |
| To be honest, I have had no good advice from teachers but have had friends who have taken certain courses with certain professors and have recommended me to do likewise. |
| hawkeye marching band, theta tau professional engineering fraternity |
| NDIL tutoring allows me to give a part of myself to those students who are struggling in their courses. Volunteering through the University of Iowa Hospitals and Clinics has allowed me to donate a portion of my time to helping those in need of medical care. |
| Alpha Phi Omega- service fraternity |
| None of them helped me grow a significant amount. My Language and Formal Reasoning professor got me thinking about Linguistics, but that's it. |
| Student Organizations- American Institute of Aeronautics and Astronautics Theta Tau |
| The math and chemistry help labs have been the most beneficial to me. |
| my ra Rob Wilkie and TA Chana Barron |
| Writing Center and Career Center have help me a lot with papers, writing a resume, and finding internships |
| The American Marketing Association |
| Courses in Common as a freshman, living in the dorms and working at the hospital. |
| fairs such as the volunteer fair, and SI discussion for biology classes we helpful for learning. |
| Dance Marathon, John Peters (Core Concepts) |
| none |
| no one, no one cares |
| Honestly, I'm not completely sure. I'd probably have to say that the people who've influenced me the most here at UI are my advisor & the whole band program here. |
| My counsler India Dennis has really helped me with changing my major and assisting me with needed requirements. |
| Some of the advisors, allong with others in my classes. |
| The career center was very helpful when I wasn't sure about my major and what I wanted to do. |
| I have found that the programs the residence life team provides have been very helpful making friends, adjusting to college, and an incredible resource for everything on campus. |
| None, I have not had the opportunity to become involved with any programs because I have worked the entire time that I have been enrolled and I have been exposed to very little information about University sponsored programs. |
| -University of Iowa Track and Field headed by Coach James Grant -The staff who helped me arrange studying abroad |
| I am a cinema major so most of my time is spent working on movies, whether making them or editing them. Production classes are small (12 maximum) which helps, not only to get to know the other students, but to depend on them for help, feedback, and advice. |
| Living and working in the residence halls have helped me become a more mature, responsible person. I learned to do things on my own, and also to make my own decisions. The staff at Currier Residence Hall and Burge Marketplace were involved in this growth. |

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| The WISE mentoring program, my greek sorority, Kappa Alpha Theta |
| My job in Design and Construction Services has really been invaluable in my growth as a person. |
| Academic Advisor |
| Guest speakers, panel discussions |
| NAASE, Honors, Career Center people (they are quite friendly and helpful, though I would like to see their attitude be help me rather than help me help myself....Seems kind of rude, when that's what they're there for....) There is also the gay, lesbian and trans-gendered organization to note. . . . That has really helped me see other people's plight and see contemporary issues. And introduced me to something I didn't know, so I don't have to be afraid or biased; I can make my own opinions about things. |
| The diversity of students in general have helped me grown as a person |
| tutoring and 1-on-1's with the TA's dorm interactivity recreational activities/intramurals |
| students living in the dorm community |
| n/a |
| The study abroad programs and advisers have been instrumental to my education. I have received the most help from Philip Carls of the study abroad office and have found my dean of international programs to be extremely helpful. |
| Working with Uddaykumar has given me the opportunity to explore the other oportunities that UI has. |
| Air Force ROTC |
| libraries, itc, academic advising centers |
| The Pomerantz Career Center was very helpful in building my career after school. Gerry Wickham at the career center was an essential part of helping me to achieve my goals as a senior and get vital internship experience. |
| Many things such as living in the dorms, Dance Marathon, the academic advising center and just meeting new people has really helped me grow. |
| I joined the UI Swing Dance Club and I have been able to meet a wide variety a people, as well as learn a lot about the Swing culture. |
| I believe that the people at my work have and the friends i have made this past year |
| I really enjoy playing intermurals. Its a great way to meet new people and stay active. I'm also involved with Colleges Against Cancer, which is a great organization. I've also found choir to be pretty fulfilling. |
| Friendly RA's at Hillcrest, such as Lily Sprenglemeyer, have really had a positive influence and encouraged me to open up more. |
| As a violin performance major, my violin professor, Dr. Conklin has been very supportive, as has my piano professor, Dr. Huckleberry. All members of the Maia quartet have also helped me grow as a musician and an individual. |
| I'm really not very sure. Never was. |
| Athletic learning center Mayflower residence hall |
| I am a non-traditional student so I wasn't very involved in many programs. However, it was nice to be involved in the Students With Kids group. It can feel very lonely when you're different from most people in your classes. |
| The UI sailing club has been a very positive experience for me. It was where I met and formed relationships with the largest number of people. It helped me to develop leadership abilities and also kept me physically active during times I was very busy with course work (ie: sitting down for most of the day) |
| University Counseling Service Student Legal Services |
| I was a member of the University of Iowa Spirit Squads as one of the mascots. The Squad coach, Gregg, was a huge help here at the University. Also, I enjoyed being a part of the University of Iowa Academic Quiz Club. Some of the older members of the club had valuable experience useful at U of I. |
| Society of Women Engineers, The Mathlab, the career center, the engineering labs and library |
| The college of business program has helped me alot in that I have grown to understand a lot about my major. Beth Ingram, one of my professors was eager to assist me when I had questions about the homework. She was very friendly and helped me grow in learning and that it is okay to ask for help. |
| As a international student, I think the writing center is a good place for me to improve my writing skill, also people are very nice in here. |
| Army ROTC, UISG, Student Support Services |
| The Language Media Center The Libraries -- All the librarians are always helpful |
| The career center has helped me with my resume and understanding how to work with employers to get a job. The student |

org. I am part of (ACM) and the student gov't (which I was part of) have both helped me also.

The novice rowing team helped me to see how far I could push myself and also provided an opportunity to meet many new people.

Jane Dorman has been extremely helpful from recruiting me to come to Iowa to checking in every now and then to make sure things are going all right. The engineering tutoring program is also very useful to help with coursework. The Honors program is a great place to enhance learning, and living at Daum has proved to be an advantage for me. Using the exercise facilities at Hillcrest/Currier have helped me stay fit and mentally healthy.

None yet really. I'm a first year student and have not been involved in many extracurriculars. I recent joined our Step Team though and already feel totally welcome into the group. I feel like I'm learning discipline through practice.

I'm a transfer student from UNI, and I've noticed that the academic advisers and career advisers are both friendly and knowledgable.

Iowa Frisbee Club Team Research Job

honors community

Tippie Optimist Chapter

I would say the great online support, and the Uiowa website have really helped me in my learning. Everything is very accessible; from home, school, anywhere. I love the setup of ICON and being able to access my class information at anytime. Also, the libraries here are wonderful, as well as the ITCs.

the advisers

Living on the WISE (Women in Science and Engineering) learning community

S.T.A.T.

women in business and my friends

WISE and the unity and helpfulness it brings to it's participants My new friends I have made

-Working at IMU Catering as a delivery driver -making friends -exercising at the Rec Building and Field House -Orientation Advisor Training program -Writing Center

I recently was unsure what engineering field to go into. My 2nd semester I took thermo I class with Professor Ratner. I really enjoyed his class, and his upbeat teaching style, he made the material fun. so I decided to go into Mechanical Engineering with Professor Ratner as my advisor. The past advisors I had didn't take the time to even speak with me, but Professor Ratner took his time explained much needed info and helped me design my plan of study.

Working as a Standardized Patient for the Roy J. and Lucille A. Carver College of Medicine. Also, being a part of the Iowa Hawkeye football and basketball games.

I would say the housing probably was the closest to helping me grow as a person. In my first semester I was in Daum. The people I met there help me in classes and to become the person I am now.

I am an education major, and Ellie Herman and Nancy Languth were very helpful to me the whole time I was in the program. They always kept in contact and answered all questions to the best of their ability.

Residence Halls, my RA, Spanish advisor

The accounting program at the university. The accounting program at Iowa focuses on the real world skills you will immediately use after graduating from college.

Living in the dorms has helped me grow as a person, and some of the extra academic help.

S.T.A.T. and the people in my classes, as well as, my Academic Counselor have helped me a great deal with adjusting to college life and working towards my future.

To volunteer at the UIHC and participate in athletics.

The volunteer program at the UIHC has helped me to grow into a more socially responsible person. Also, the WISE program was very influential in helping me establish myself as a member of this university.

Debra Johnson-Psychology Advisor

Jay Holstein has a forever lasting affect on me; as a student, and admirer of religion. I eagerly await his next sentence during any given lecture. I have a deep respect for professors who love doing what they do. John Harvey, is not only an inspiration to myself, and so many others, he is insightful, organized, and ahead of his time. It is through his lectures that I have discovered what it is that I want to do with my life. But Rebecca Leal is truly gifted in her trade. Her French is flawless, and yet she finds a way to explain the most difficult entities to her students. But other than that, I pretty much relied on friends to show me where to go and what to expect.

I have not used any programs outside of my classes and teachers.

I think I have taken a few classes that have really stuck out to me and made me a better person. Some of those classes are,

| |
|---|
| Intro. to Social Work, Social Problems, Domestic Violence, and Women and Food. |
| I haven't participated in any yet. |
| ssp, tutors, reading and writing class with william jennings, |
| Dance Marathon, being in a Greek sorority, Engineers for a Sustainable World |
| job fair and volunteer fair |
| Programs from fine arts, and volunteering experiences at UIHC |
| honors program; recreation facilities lectures, talks, conferences, etc.; student orgs; libraries |
| The Pomerantz Career Center has been extremely helpful because the staff has helped me in numerous aspects, but also I have been a part of the Peer Advisor group that has helped me grow personally and professionally. Old Capitol Rowing Club that practices at out of the University of Iowa Boathouse is the other group that has been most beneficial to me during my time at the University. |
| My Resident Advisor has been a great help |
| Accounting, business writing center, history writing center |
| SWSA-Social Work Student Association Delta Delta Delta Phi Chapter The University of Iowa Hospitals and Clinics |
| The academic advising center |
| S.T.A.T and Delta Gamma |
| Campus Crusade for Christ, a Christian group I am involved in, has helped me grow as a person. |
| Living in the dorms taught me more about myself as a person than I could have ever learned in a classroom. |
| The Gerdern Learning Center and the Tutors they have their. |
| Living in the dorms for freshman year, Dance Marathon |
| UISG, Iowa Student Psychology Association (president, and serve as the student member of the psych department's Committee on Undergraduate Studies), Psi Chi, Phi Eta Sigma, National Society of Collegiate Scholars, Residence Life (served as an RA), research in the MACLab and with the Department of Psychiatry at UIHC, Dance Marathon, 10,000 Hours Show |
| My violin professor, Katie Wolfe has really helped me to grow as a person as well as a violin player. 24-7 and the freshman of that group, Verve, have also really helped me grow as a person. |
| The University of Iowa Libraries, especially Nancy E. Kraft. |
| I've kept to my classes and teachers. Also my advisor was very helpful. |
| Student Organizations! (Delta Sigma Pi, Women In Business, S.T.A.R., and MAYCO) UI Expo (UI Career Center) |
| The Library staff in Government Documents |
| Vietnamese Student Association. Study Abroad Office. Dean's Student Advisory Committee. |
| All the other amazing students that attend the university have been a big help. |
| Iowa Sailing Club and Team Alpha Xi Delta sorority |
| My orientation adviser Courtney Parker has been an amazing help. The Cultural centers and organizations have helped me become comfortable here and make this my home. Opportunity at Iowa has especially pushed me to be a better student and person. |
| NA |

2) What program or parts of the University of Iowa have interfered with your growth as a person? Please be as specific as possible.

| |
|--|
| NA |
| The Career Center (Department of Human Resources)only allows one application for a job at a time. Simultaneous applications should be allowed. |
| getting into the nursing program took awhile which slowed me down at first. |
| My academic advisor was hardly helpful, recommending classes which were "easy" and of no interest with me. I feel the academic advisors are important resources for students, but my particular advisor is one I would not recommend to anyone. Also, in regards to the Library, I checked out a book for a class, for which I was required to write a paper over. Unfortunately this book was requested by another, and I had to return this book before I was given the paper assignment, thus having to go and find another copy of the book through a source unrelated to the University. I was very disappointed and unhappy over this situation. Also, as a Communication Studies major, several times I have encountered responses within the major |

referring to the lack of Communication staff and the large number of students in the major. I should not be at a disadvantage because I have chosen to be a Communication studies major and there are only a small number of faculty to serve the large body of students.

I do not think that any programs at UI have "interfered" with my growth as a person.

I don't think that any program has interfered with my growth but more just hard classes I have taken like Math for Business.

none

The College of Education, there were so many classes that went against my personal beliefs that it was hard to put up with at times. It was veyr hard to stand firm in what I beleive when I was constantly being told that I was wrong, I think that set me back in growing as a person.

None, really.

I think the outside of class scene has interefered with my growth as a person

The Advising System

Sojatha Sosale- not a helpful J-School advisor

The music program at U Iowa is very limiting. It's very hard to take other non-music classes or to get outside opinions.

None

Some of the requirements for classes because the classes haven't been enjoyable for me and I don't like the fact that I'm taking classes because I have to.

The lack of Greek Christian Groups. It is hard to find other Christian friends that are members of the Greek community with such a large downtown bar scene.

english department honor proseminars

None

I don't think anything has interfered with my growth as a person. The campus is large enough to have a diversity and there are always posters around encouraging people to join student or community groups, see shows at Hancher, go to the Bijou, or support local businesses. There is a very helpful and very useful Study Abroad office that I am currently utilizing and I am very glad that everyone there wants to help me as much as they can to help better myself through studying abroad.

Nothing at the moment.

There aren't any

Living at Mayflower has made getting places a little harder. I feel that if I were closer to the hospital I would be more inclined to volunteer there (something I've wanted to do).

No.

I don't think I've encountered anything that has interfered with my growth. I think the only thing that as interfered with my growth is myself.

The Bar scene. It's extremely difficult to find activities on the weekend that aren't just "getting drunk and doing [insert activity here]" Campus activities are scheduled in such a way that they don't interfere with the bar scene leaving people like me (a non-drinker) uninspired and bored. And for gods sake. Why must the business school disable email routing? Now I have to check multiple email accounts. I was doing fine before.

The bars downtown are annoying. Though it's not really a part of the University of Iowa, I'm sick of worrying that I might hit a stupid person walking around downtown on a Thursday night.

nothing.

None of them.

Not getting the job as a tour guide.

i dont think so anything has interfered with my growth.

The students who drink a lot and don't care have interefered with my growth.

I don't think I would say that anything has "interfered" with my growth, I believe that it has challenged me in different ways.

PROFESSORS/TA WHO ARE NOT VERY FLUENT IN ENGLISH.

The Math Lab in MacLean Hall was virtually worthless. I had to waste hours just to get someone to answer one 5 minute question. I am an honors student. I didn't need someone to re-teach me the material. I had fairly simple questions, but couldn't get decent help. I finally dropped that class and took it at Kirkwood. They are much better at helping students outside of class with math.

Nothing I can think of.

| |
|---|
| NONE |
| I can't think of anything. |
| I haven't used enough university programs enough to have them contribute to my personal growth. |
| Difficulty understanding some of the professors' shaky english. |
| Kevin Kopelson. He kicked me out of a class based solely on who I was. |
| the premedical advising system is awful |
| none. |
| NONE |
| Red tape. Paperwork. More web-based tools are necessary to ensure than the students can get everything they need from the University. |
| Roommates and the residence overall is rather noisy and I find myself unable to study at times. |
| Sometimes you are just treated like a number. The general education classes that I spent two and a half years completing have not had an extreme impact now, as a senior. |
| limited availability in special interest/ leisure studies courses |
| Some professors don't teach well or make you feel like they aren't accessbile. I feel like my TAs are teaching me in a much better way than my professors. |
| I think the parts of the University of Iowa that have interfered with my growth the most are the classes that do not engage me. I feel like I waste my time in classes that don't get me interested in the material. |
| I would have liked to have a greater access to decisions made campus wide. Although work with facilities managment and the like has been attempted, I feel like there should be more programs and a greater awareness in general about our campus and the impact we are making (environmental policies etc.) |
| none at all |
| I truly do not feel as though anything at the University of Iowa has stunted my growth as an individual. |
| The job/internship fairs cater almost exclusively to business majors, and recruitment is low for liberal arts majors. I've found that business and engineering majors have much more help in finding summer internships and jobs after graduation. |
| none |
| I know academic advising is well-intended, but it has never helped me. My advisers rarely remember who I am or what my career objectives are. I always know what classes I want to take before I go for mandatory advising appointments, and in only one instance have I been told to take a different class -- I was instructed to take statistics instead of Principles of Reasoning, and I ended up receiving a C+ and being kicked out of the honors program. I hate that I have to sit through a pointless appointment in order to get my registration number. |
| The dorm policies and staff at Mayflower interfered with my growth as a person. |
| none |
| None. |
| Nothing and nobody has stopped me from growing as a person. There are so many opportunities at the University of Iowa and I've been able to accomplish and do anything I've set out to do. |
| Through the Hawkinson Institute, I was really able to develop professionally. |
| My advisor was not a helpful resource - I had to find resources and guidance myself. My advisor was too stretched out among students |
| Scheduling conflicts and some facilities that were not always a good setting for learning; increase in tuition too!!! Also, many advisors do not know what they're talking about or how to help students. I was lucky in that I already knew, but I'm still force to take two classes simultaneously in order to graduate this spring; university housing (dorms) were awful. they were not conducive to learning (mayflower) |
| None |
| The foreign language requirement, some inane law which says an undergrad from UI cannot attend the grad program at the same school. |
| None |
| Nothing and nobody has stopped me from growing as a person. There are so many opportunities at the University of Iowa and I've been able to accomplish and do anything I've set out to do. |
| My sorority house interfered with my growth as a person. |

| |
|--|
| There are no specific programs or parts of the U of I that have stood in the way of my growth as a person. |
| Personal relationships with direct supervisors |
| Chem 1 was really had to communicate with the teachers and some miscommunications happened which effected grades. |
| none |
| The lack of financial aid and cost of tuition has forced me to work 30-35 hrs a week to support myself while in school which has interfered with being able to focus more on my schoolwork. The sizes of the classes and some of the students who sit through lectures shuffling papers or sending text messages has interfered. |
| none |
| The dorms |
| As a top-ten party school, there are a lot of students here who act in a very immature, superficial way, and being around them sort of alienates those who try to grow. |
| Not knowing that I didn't have to have an extra 30 hours to graduate with dual degrees until my last semester here. AlcoholEDU. Carol Stratton - advisor for Communication Studies. |
| None |
| large classrooms |
| Jeffery Denburg, was the worst professor and University of Iowa personal that I have ever had to work with. He was a very degrading professor and his class interfered with my other classes. |
| None |
| My work schedule at the Iowa Memorial Union Union Station, they make me work too many hours |
| My Academic Advisor |
| The math department. So far, all the classes that i have taken in the math department were bad since the professors are not really helpful. |
| All of the drinking and the bars being so close to campus have somewhat hindered me being responsible but I think it also is a learning experience. |
| Quite a few teachers are way too political and that hurts my ability to learn when I'm forced to listen to the same view point all the time. |
| None. |
| Tedious drop/add slips. |
| Foreign language textbooks that seem as though they are used more for their high prices than their usability. Specifically, the lower-level French and Spanish books I've used were colorfully designed, but thought given to a logical flow of information, devoid of order, structure, or coherence. |
| none |
| I don't really think that anything has interfered all that much with my growth. |
| Taking the required English classes - Rhetoric and Interpretation of Literature - made me waste a lot of time and effort for nothing, but the Writing Center helped me a great deal cut down on the time. |
| None, that I can think of off of the top of my head. |
| greek community; some annoying student orgs. |
| N/A |
| The bars. |
| The Japanese department does not seem overly concerned with the advancement of its students. |
| Nothing really |
| Some teachers haven't really been that effective in their teaching which was a disappointment. |
| Stress from financial issues such as the price of textbooks and cost of living off campus interfered with being able to experience everything about the campus that involved money. |
| The welcome weekend the first weekend before school started helped me meet new people. Also providing places to study and gather is nice. |
| My initial experience was a little daunting. I think better advising when first coming in would have been helpful for me. Especially in developing a specific plan for my academic career. |
| I would say taking too many credit hours in a semester has interfered with my growth as a person. I thought it would be a |

great idea to get some classes out of the way early. Unfortunately, doing so only led me to become stressed out. I had so much homework, and the pressure of my friends going out and having fun while i was always at home studying was depressing. I freaked myself out about all the classes that i ended up not doing as well as i wanted.

none

Required classes have prevented me from attending the classes which I would enjoy and grow from.

Living in the dorms, ie "the dorm experience", separate from my living community, distracted my growth as a person. I am a vegetarian and the poor alternative food quality in the cafeterias affected my school work. I was not eating enough, was losing weight and was becoming sick because not enough of the food was edible. I'm not vegan, I was not that picky, it's just that the 'vegetarian' dishes were always burnt, as if the cooks loathed my choice and wished to convert me to eating meat by making my choice food inedible.

N/A

Cost of books and tuition. I'm constantly worrying about how I am going to pay for things when I graduate college because of the school loans I was forced to take out.

Lack of a sense of community. Libraries could be more inviting, warm, learning-conducive.

The expense of college has made it difficult for me to concentrate on my studies and happiness. Work takes up a lot of time.

extremely small classes where professors rely entirely on discussion instead of actually teaching anything

I was 25 when I started at the U of I and so I think that my personal growth has become more internal.

GBLTAU (even though I am gay)

Conservatives.

None

None

The inability to understand English for some of the professors is one of the biggest problems at this university. I think it's great that they come here to learn, but their accents and failure to adequately speak English interfere greatly. A woman named Ines Curto made my time in her class incredibly difficult. I asked her to clarify a question on the final and she yelled at me for thinking she was going to give me the answers. The question could have meant three different things. She didn't explain things well and she was just a horrible teacher. One of her TA's, who happened to be my TA, made me delete my entire final project two days before it was due because he didn't understand what I was asking him.

the university and it's surrounding have been very helpful to my growth as a person

Nothing

The business school's entrance requirements.

NA

I haven't experienced any yet.

None.

I feel like there aren't enough activities for people who don't go to bars on the weekends. I know there are other things going on, but I'd like to see more.

Not enough Management classes are offered.

I am a pre-med student, and when I got here I learned fast that I have to be competitive to stand a chance against the rest. I learned that I have to work hard to see good results. Basically, I learned to work hard.

The RA's.

The gen ed program and difficulty of adding and dropping classes after semester starts has been much more annoying than it should be.

I feel that as the university makes the transition from paper based procedures to internet based procedures, I become lost as an individual. During my four years at Iowa I have experienced a significant decrease in the interaction between myself and any sort of advisor or faculty member. Instead of talking with me, I am told to visit the website and only contact them if I cannot figure it out from there. While this does help me grow more independent and increase my problem solving abilities, I feel as though my professional interpersonal skills (quite possibly the most important skill set in the job market) have not been cultured in the way that they could be.

I wouldn't say it interfered with my growth, but as a twenty-six year old freshman, I think I should have been exempt from the alcohol program.

I have not come into contact with anything that has interfered with my growth as a person.

The sororities and fraternities offend me as a woman, a person with decent fashion sense, and a human being who is sober more than 20 percent of her day.

| |
|--|
| None |
| Academic advising is terrible. They are often inflexible and are unable to suggest alternative academic options aside from the "standard" plan. If a student is following the standard path, he or she doesn't need academic advising anyway, so their inability to be flexible is disappointing. |
| none |
| The French department. The transition from Int 1 to Int 2 is a HUGE jump. Int 1 was easy and then you move on to Int 2 and are expected to know way more then you are prepared for. Also, too much time is required in comparison to classes that are actually beneficial and things that we will use. |
| Student groups. I have participated with some of the biggest and the best student groups on campus and they definitely helped shape me as a better person. I think university events were also useful in interacting with a variety of people. |
| The transfer wasn't too easy. I had to constantly check ISIS for my Degree Evaluation(which is updated once a week) constantly to see if they coded my "Course Pool" classes in yet. I had to do this while focusing on my classes. |
| There are too many political groups that make me feel horrible for believing in something that is important to me. |
| tuition fees. not knowing a teacher's abilities before enrolling in a class. why do i not have access to reports that are filled out at the end of each semester? |
| None |
| The teachers being so impersonal and at points unwilling to help. There needs to be more of a focus on educating. Many teachers pontificate and do not ask for class participation. Lecture is not the most important or effective way in teaching. Teachers should teach by lecturing, having the students practice (while being supervised), showed visually, and asked to reproduce. Also, while multiply choice tests are easy, they are not an effective aid for teachers to see if their students have learned. Focusing more of having the students show actually application would be a plus. I think if we educated everyone at the University of Iowa throughly and with care, we would have a stronger workforce and immediately a better University of Iowa. |
| Some professors are hard to understand when they speak so it makes learning difficult. |
| None that I can think of. |
| living in the dorms has constricted me and the ways I express myself through my living space and cleanliness |
| Iowa Mens Volleyball Club Volunteer Work SDS |
| Not much |
| none, that I can think of. |
| Allowing people from organizations, what ever they may be, to come and interrupt class time for presentations trying to get you to join or participate. My money is meant for my education, and if I want to what various things are going on around campus, I will take the initiative to find out by myself. |
| Sometimes larger classes make it hard to form a teacher-student relationship. This sometimes hinders my growth if I have questions regarding class notes or subject matter. |
| I would have to say none otherwise I would have not continued that program or that part of my college career. |
| All the administrative junk that comes with a large university. Some of the required things are just non-sense. |
| Some of the "freshman" lectures set a bad example for the University and certain departments. Having multiple professors lecture, and having them seem to not really care because its a beginner class sets a lot of people off on the wrong foot. |
| The advisers in the business building are not helpful at all! They do not guide you or give you any help whatsoever. |
| Not getting along with roommates. |
| None |
| I don't feel that there is any part of my experience that has not allowed me to grow as a person. |
| Women's Resource and Action Center--I can't believe the UI allows this politicized organization to be associated with their name and not considered independent! |
| none |
| Nothing as interfered with my growth as a person. So far everything as helped me learn to the best of my ability. |
| The limited amount of spaces that are available for professional school. |
| Honors Program, special events at Hancher, see above. |
| Some classes, such as gen ed's were not beneficial. Also, some classes are very teacher dependent, meaning you get the better teacher, you get the better grade. |
| Lack of Diversity |

Volunteering, 24-7, Courses in Common

None

I do not feel that there are any University based programs that have interfered at all.

tuition

none

Having classes very far away from each other yet I only have at best 10 minutes to get from class to class.

The parking situation near campus because there is very little

Nothing to my knowledge.

I do not think that there are any programs that have stopped me from growing as a person.

-none that I have yet come across

none

None. I really like it here very much and I have grown a lot being on my own.

The parts that interfered with me to grow as a person was my freshman classes that were curved because they curve can not only help your grade but it can hurt your grade also which is not fair if it hurts your grade. My teachers were a big part that helped me grow. One teacher took time to help me understand what i wanted to do and how to go about it like what classes to take and what i need to know to go on to grad school.

My speech class made me feel like if I didnt have the same opinion about certain topics as the professor I would not get as good of a grade

I don't know if any programs have interfered with my growth as a person, but I would say that some professors that try to push their political views have interfered with my growth as a person somewhat.

Professors being oblivious to the fact that students might actually have another class following the one they are in. Teaching until 21, 22, or 23 after can really put a cramp in hiking from North Hall to the Lindquist Center, for example, or the Rec. Center to VanAllen.

none

Excessive Drinking

The housing and dining aspect of Iowa is something I've been very disappointed with and feel it promotes a negative lifestyle. I can not wait to move out.

Difficult/Unhelpful Advisors - Carol Stratton in the Communications Department

I feel that the lack of individual attention early in my college career prevented me from feeling as attached to my studies as I could have felt. I think if I would have had more one on one experiences with professors and instructors that I would have been more attentive and interested in my courses as a freshman and sophomore.

The university is not helpful during finals week. They do not have any library's that are opened 24 hours. They close way to early which doesnt allow enough time to study for finals.

I think every experience somehow helps you grow as a person, even if it was a negative experience.

I went into the Career Center to try to get some help finding a summer job, but they tried to get me to figure out what I would be doing after college. I don't know enough to know what I want to do after college yet. They need to try to figure out what their "clients" or whatever really want.

None

The "party school" atmosphere here at the University can be fairly distracting. However, students know all about it when they agree to attend the University, and many of them (not including myself) believe the bars and house parties enhance their college experience.

NA

Nothing has really interfered with my growth as a person here at the University of Iowa.

The lack of safety on this Campus is interfering with my growth.

n/a

Stuck-Up Chicago suburbanites are not the best friends, and they flood the streets of U of I. Raise out of state prices, so their will either be less of them, or more money for the university, which you could use to hepl in-staters.

Unsure.

The people in the financial aid office were never very helpful. Same goes for the secretary in the Dean's office. It was also frustrating when I first got here figuring out where everything was and how it worked -- and the advising system is terrible.

I am currently in Women in Science and Engineering (WISE) and this has helped me grow and develop great study habits; I am surrounded by a good group of girls. If I need help I can ask any of the girls and I also have the ability to work in a quite environment on my own.

None

The lack of a Japanese First Year Review 2nd semester. I scored a 30 on the placement test, and was challenged and comfortable in the first semester of Japanese review. Now I am in a class where I am not challenged and feel out of place because I know all of the information that is being introduced.

Nothing comes to mind.

The acceptance, and in many cases the encouragement to have sex before marriage.

I can't think of any aspect that has interfered.

The absence policy was sometimes stricter than real life allows for, as often times people have to work to afford school, and work might conflict on 1-2 days a semester, but be unwilling to budge.

I wish that there were more efforts to educate about the dangers of discrimination and hate speech, because I have overheard a number of offensive things regarding racism and sexuality or mental ability since I have been here.

Nothing.

Nothing has interfered with my growth as a person.

The overall social atmosphere of the college has been somewhat detrimental to my growth. The focus of the university seems to be on the bars and house parties rather than on academics. When I first came to the college I attended some meetings for some clubs and no matter what the club was the first item on the agenda was figuring out when everyone was going to get together to party. The university alternatives to these kind of activities are usually unexciting and lame.

The scheduling has been real difficult. It's hard to schedule some classes being as only so many different time slots are offered.

none

Burge Residence Hall

Low minority rates, I wish there was a more diverse culture on campus.

nothing has interfered with my growth as a person

Nothing comes to mind.

i was a athlete for my first 2 years here at iowa (currently in my third) and i felt the athletic department as a whole was a great place to be and be involved in. however my varsity coach, mandi kowal, was not a pleasant experience and really interfered with my mental health sophomore year.

I cannot think of any program or part of the University of Iowa that has interfered with my growth as a person.

None

none

the bureaucracy, the hassle of adding classes, the TA's that can't speak english well enough to be understood, thus lowering your grade.

I do not think there is any experience I have had at the University of Iowa that I have not grown from.

I find that sometimes it is hard to find answers to some of my questions about my AP credits. I had questions about if the counted as transfer credits because I wanted to take more community college course over the summer. I also had trouble figuring out if the AP credit would count towards a certificate I was working on, or if I would have to take the class again.

Academic Advisor Service the suggestions seemed to be so vague and that made me more confused about what my options really were.

The campus just feels so large and I hate the unflexability of the rhetoric requirement (b/c I transferred)

The courses in common program. It made me be more outgoing.

Engineering Seminars are a waste of my time.

I think all of my experiences here have helped me grow as a person.

none

size, bureaucracy, repetitive paperwork...all things that fail to allow for easy personalization, or self achievement. The registering system through the advising center and the registrar are extremely inhibiting and date. Read: EXTREMELY. This area needs to be seriously rethought and much more of it moved to isis or some other online solution. Also, as far as online services are concerned, why do I have to log in to three different servers for my uiowa job(employee self service), isis, and icon (among others). There has to be a better way to combine or at least better integrate these technologies together. Last

but not least, the email is a great tool but give us the option of keeping the email address and make the quotas bigger! I, like many others, use email for work and school many times a day, even an hour. I need more storage space for the daily influx of sent and received email, to say nothing of what one needs to keep appropriate records of sent and returned messages as well.

None

There are a lot of times that i call a different department or try and get ahold of someone and they never know the answer or it takes forever to figure it out. I always sitt around like 30 mins after my scheduled appointemnt waiting just to see my advisor and then when i actually talk to him he has NO IDEA what he is tlaking baout and i feel even more lost.

I can't think of anything that affected me negatively...

The requirement to take a 4th level foriegn language has caused me to develop a dislike for the Spanish language, if I had taken a culture course instead without the language requirement I would have enjoyed that more.

The very heavy workload.

I wouldn't go so far is to say it interfered, but it was a little frustrating taking Accelerated Rhetoric when I came in as an English major.

The math lab is woefully understaffed, it needs twice as much space and four times as many tutors. I have waited an hour and left without help several times. LAME!

None

Slavish adherence to metrics that aren't always useful for a student's development. In short, grading. Some classes require meticulous attendance, involvement and outside research. Some require mastery of the material, introspection and a willingness to discuss new ideas. Sometimes there aren't enough hours in the day to do all this. I often find myself having to choose between a fascinating bit of study or a new connection so that I can satisfy the rather limited criteria of an assignment.

When I was an open major, the specific advisor I had basically told me that I wasn't going to succeed and that I would not get into any programs. He then tried to tell me that I should get an Entrepreneurship Certificate because my husband was opening a small business. While *hopefully* this was an isolated case, I would say that open majors are people too, and that just because a student starts at the University with not-so-hot grades doesn't mean that they won't succeed!

TA's that can't speak good English

None

Parking

A bad first roommate and ra.

None that I can think of.

the time schedule of the classes. My classes are offered at random times throughout the day, making my schedule very inconvient and hindering me to do other activites durning the day and into the evening such as volunteering or getting a job.

None so far!

No one.

At the same time, rowing was so demanding that I missed out on many oppportunities that I would have liked to participate in such as the 10,000 Hour Show, meeting new people, or just going home.

I would say no program has interfered

None

Classes such as sociology and career preparation were very helpful and gave me a new insight on a lot of things.

none that i can think of.

None that I'm aware of

the billing system has prevented me from registering after i paid, and then I didn't get the classes I needed or wanted

Nothing. Everything has been good.

Well first year engineering seminar feels like a waste of time, I would of been okay with it, if we got at least 1 semester hour for the class, because we still had to do homework and quizzes, but they weren't worth anything.

I have gotten involved in the Greek System as well as STAT Ambassadors which have both helped me grow as a person.

Sometimes the university seems so large that it is hard to really feel connected to it.

Due to poor advising, I took many classes I didn't need even though I knew my major! I will have to be in college at least one extra year and I know many other people in the same boat for the same reason.

The politics within the College of Liberal Arts and Sciences is destroying the Geoscience Dept. as is the bickering and inability

of some of the professors within this dept. to work with others. There is a giant rift in this Dept. There is no cohesion. This Dept. needs to be split into two pieces: Paleobiology and Geology. Neither one of these areas of study will reach its full potential until this occurs. It is incredibly obvious and distracting. Faculty and students from other Universities around the U.S. are noticing that this is an unhealthy Dept. and as a result it's outstanding reputation is suffering.

It's rather unfortunate when trying to register for classes that are either enticing or required, and they are full. While I understand that there is not much that can be changed in the order and way in which students register, it is just frustrating at times.

Large, lecture size classes.

None that I can think of besides the people who issue parking tickets.

None that I can think of.

I can't think of any.

none that I can think of

the sports program and 'greek' system. i have watched as academic programs and student groups have been passed up for funding or forced to deal with funding cuts, while sports programs and greek houses have been thriving. since neither of these contribute to the purpose of the university: to obtain an education, and since neither of these are participating in raising public awareness about important issues or trying to institute change, this upsets me. also, many groups and departments are committed to community activism to 'make the world a better place' and i do not feel the same level of selflessness in the sports program or in the greek system. both seem to foster a heavy level of self-absorption, and encourage a culture in which students are more worried about drinking, socializing, and cutting class than learning, which as a result interferes with my learning.

The Entrepreneurial Performing Arts Major gets constantly shafted by its lack of organization and ambiguousness.

Campus Crusade for Christ.

I've utilized the writing center a few times and have been relatively satisfied with their capabilities, however I do not feel as though I really changed as a person via my use of their services.

University of Iowa Athletic Department. As a cheerleader it is difficult to schedule classes around daily practice and games when we don't get early registration. This results in missed classes and missed opportunities to learn. Also, we receive no academic credit for cheerleading, requiring us to take a full load of classes with cheerleading and part-time jobs on top of them. Receiving academic credit for cheerleading would have allowed me to focus more on my classes.

Large lectures and classes have impeded my growth because I have not attained the proper discussion skills that I should have.

830 classes - too early!

Nothing.

Class size of course has interfered. I have really to this point only had close contact with 2 professors, one of them in one-on-one piano lessons. This really puts me in a bind especially when I apply for much-needed scholarships and have nobody to use as a decent recommender, let alone how it impacts the quality of my education. The sense of community in the dorms has, especially recently, negatively impacted me. I am often opposed to doing activities set up by RA's and the hall government, likely because activities haven't been within my interests, but this atmosphere is certainly lacking a great deal of interaction. This has turned me and my group of friends from an outgoing group as was developed last year on the honors learning community floor to a very inward, closed off group now residing on a quiet floor - there is very little interaction among individuals outside of their respective circle of friends which kills the atmosphere, perhaps one of the major selling points of the dorms.

Asian teaching assistants are a growing concern among students. We're paying a lot of money, we should be able to understand the teachers. I once had a T.A. that would tell us to go to his office hours if we asked a question during class; so if the entire class had the same question, he would address it to us individually.

I don't think any specific program... but, being a single parent, there have been classes and class requirements that don't take into consideration my responsibilities at home. I need to be home when my oldest child gets off of the school bus. There have been classes that I am required to take scheduled only during times that I need to be at home.

beaucrats and red tape in administration, difficulty in designing a major

The lack of floor unity in my dorm has caused me to be more timid and shy than I even am normally because my floor doesn't seem to be open or accepting.

I did not have a positive experience with my advisor my first semester at the U of I. Though she was friendly she did NOT seem to know how to advise me. I came to her office a little confused on what classes to take and on how to find a major that interested me and I always left her office still feeling confused. I had an open major at the time and the only advice I can remember her giving me was to simply keep taking elective courses(seeing as I was done with my gen eds and still had no major). She never really asked what my interests were so as to guide me in a direction. I was very disappointed in her services because advising is her job and I do not feel like she accomplished anything.

None, really. The extensive community is diverse enough that, no matter your interests, you can find people of similar tastes.

none

None

when TA's are not prepared for class, or they don't make class interesting. i want to learn i am ready to learn, but some ta's don't realize that they are TEACHERS

Faculty or Teaching assistants that struggle with english. Large class sizes.

N/A

the Greek houses and their blatant disregard for their fellow students with their illegal drinking parties

none

chemistry

I feel there should be more free things to do at the Fieldhouse or other fitness centers, not just Night Games. It's hard to stay active and play games with friends when many places charge a lot (ex: tennis courts).

When I was a freshman, I don't feel that I was acclimated to college life very well. My RA in Burge was never around to help me, I was not aware of fun organizations that I could get involved in, and I didn't know anyone or have very many friends. I think the adjusting time to college needs to be focused on more.

high costs, not enough scholarships and aids, bad professors

None!

The honors program was also a dissapointment in its failure to engage me early on in my college experience. Also, having teachers and teaching assistants that could not effectively communicate or had poor teaching methods negatively effected me. For example Mechanics of Deformable Bodies was taught poorly by both Professor Wu and the TA.

My professors not having enough time for me because they are too busy

Transfer requirements specifically the Speaking and Reading course. The course is complete nonsense, I learned nothing and wasted valuable assets of time and money. Another part of the transfer that I can say is holding me back is the lack of cooperation from the university to transfer credits from another accredited university toward my major.

The tuition costs

College and Department beureaucracy. Access to detailed policy on withdrawal, incompletes, second grade only options. A lot of information on the Registrar's database is hard to find (including final times/places and their calendar is not easy to read).

None that I can think of.

In my experience there wasn't any programs or parts of the U of I that have interfered with my growth.

Head of my department did not respond to the aforementioned complaint. I e-mailed it to him after I had already followed each step outlined in the CLAs student handbook, including attempting to resolve it with the TA, the professor (who also refused to acknowledge it), and finally the undergrad head of the department. I've also had 2 teachers refuse to write me letters of recommendation. One satated that he only writes letters for people who have gotten an A+ in his class or have worked in his lab (I got an A-), the other is a professor I had worked for (in her lab) for 3 years. It's mind-boggling that such people could possibly exist. Their actions are clearly out-of-line with any published policy of the University of Iowa yet they'll suffer no consequences. That's stunted growth.

Advising Center for major specific questions doesn't seem to work very well. One advisor for all of the accounting students isn't able to help as extensively as an advisor could otherwise.

WRAC

Dorm life

none

The food at Burge.

I don't think I have had any experience with this.

Library- naked people ran through there during finals.. I study at home or in the business college only now.

Nothing I can think of.

There are some professors that really should not be teaching. They are not there to help students grow, they are there simply because they need the money or they are researchers that are required to teach. Bad teachers really made some semesters impossible.

I think everything I've been a part of has helped me grow, whether that be patience of doing something I feel is not worth my time, or being in an extensive learning environment.

None of the programs here have interferred with me so far- I have not taken, so I would not know.

none

All of the extra costs: parking, gym pass, etc.

None

The busy work in gen-ed classes distracted me from studying in the classes that will really affect my career.

volunteer programs such as the 10000 hours project and also jobs held with the university for work study.

Not being able to understand professors who cannot speak English well.

nothing.

the electrical circuits class in COE is horrible, needs better teachers, i learned more in an upper level circuits class in one week with professor Dove, than I did last semester in circuits

nothing so far, i just started Spring 2007 semester

n/a

the lack of more recruiting and information about student organizations

Nothing really. The drinking scene was avoided at first, but once I matured and felt I was responsible, I was able to enjoy this fun aspect of college.

NA

Really everything was a great experience and if I had to find something that "interfered" with my growth as a person, it was having my food made for me every day of the week instead of me doing it myself. (But I'm not complaining)

None really

calculus 2

No program has interfered with my growth.

I really havent had any problems with personnel or otherwards that have interfered or effected my education or my experience here at Iowa

rediculous dorm rules that serve no purpose in a better dorm enviroment and no i am not talking about any policy related to drugs and alcohol.

My major advisers have been largely unhelpful. I've never been able to contact Gupta Prahlad, my psych adviser. The art school adviser can also be pretty rude and unhelpful. My microbio adviser, David Weiss, was useless and creepy. The early pre-med requirements, Principles of Chem/Bio, killed my love for science. Taking Experimental Psych with Irwin Levin also really interfered with my personal growth. It is the only psych course that I did not dearly love. It was the worst course I have taken at this school. Another issue I have with the U of I is that, while most professors are fantastic (and even the following that are singled out are very nice), many professors could really benefit from a speech class. They need to retake rhetoric. Many, including Irwin Levin, Craig Adcock, Brenda Longfellow, and Richard Fumerton, are poor public speakers and my learning suffers greatly because of it. The Honors Program is not that great. It would be nice if it offered more events and more options.

i can't think of anything that has held me back.

I have had no problem with this.

Academic Advising needs some drastic improvement. No matter what I was taking or what I wanted to take, there was no discussion and it was okayed. And if I had questions, they were not answered clearly or to my satisfaction. I basically felt alone and without help while picking my classes, which was very uneasy. Now academic advising is just a joke among everyone while it could serve as a great resource and source of guidance.

None that I can think of.

The party atmosphere, but nothing school sponsored has interfered.

Big lecture size classes

None

I feel like I have been hindered in my spiritual growth because faculty suppress this area and stress that religion is foolish.

nothing really

I don't think much has interfered with my growth, because even negative experiences have changed me. I would say one program that I didn't grow from was college transition

All experiences help someone grow as a person. The accounting writing program was probably the biggest waste of time I experienced, but I grew to be tolerant because not everything in the 'real world' will seem to have a purpose.

| |
|--|
| none really |
| Inaccessible computer in some departments |
| I am not involved in any programs at the moment. Being a part time worker and a full time student and living in Cedar Rapids, I do not have time to be involved with any program. |
| Lack of free transportation around the whole area; not just on campus |
| quite frankly it's not so much a department as it is the atmosphere of student life and the ridiculous emphasis on drinking. |
| freshman advising, student health |
| None |
| Financial Aid, Cashiers Office, |
| none. |
| none |
| I don't feel the university is very accepting of non-traditional students. Is there any programs for non-traditional students? |
| Chemistry because it causes so much frustration and takes up a lot of time |
| I would say, seriously, the two rhetoric instructors I had Christine Mazurkewycz and Dr. Lazere. |
| Large numbers of students were sometimes overwhelming and made it difficult to connect. |
| Class size resulting in inability to have personal contact with professors. Academic Advising. I felt that I wasn't given enough serious consideration at some points. Small mis-cues can have disastrous gigantic affects later on. This may not apply to this question... Gen Ed Programs: I am required to take them, however, the ones that I would like to take are either never available or have class conflicts. Therefore, I ended up paying money to take a class that I did not want. I do want to stress that I think the general education program is a good idea at the core, though. I have always had an interest in Jazz, but due to my courses I have never been able to make time outside of school for it. I am in History of Jazz currently, and it is nice to get class credit for something non-related to my major that is interesting. I just want to illustrate that the requirements might need an overhaul. In addition, I was very dissatisfied with the gen eds needed within the English department. The classes like rhetoric and int. of literature are not similar across span. They didn't appear to have similar grading scales/curriculum. This results and a great variation of the grade distribution. I guess I would just like to have been given the same opportunities as everyone else. Thank you. |
| I am a non-traditional transfer student into the college of engineering. Every time I had to fill out some paper work it was difficult to obtain help or guidance. One specific example is obtaining a commuter parking sticker. These students will be traveling a distance to attend college; therefore typically do not live in town. However, to obtain a permit you had to come to campus. I live 88 miles away (one way) and was on campus for 20 minutes then drove back home. I had applied to another university after all the frustrating experiences I had with Iowa, however the cost difference outweighed the frustration. |
| The Speech Pathology Program |
| athletic department administration (minimally) |
| unk |
| Teachers who would rather not have to take the time out of their day to teach. |
| n/a |
| I can't think of anything that has interfered with my growth as a person. |
| Classes filling up Having too many gen ed requirements |
| The TA I had for my Western Civ 3 class last semester-he could not speak English at all, so I could not understand him. Besides that, he was late for discussion every single time, he never explained anything to us, and when I asked him why he gave me a bad grade on a paper, and a failing grade on a test, he could not explain it to me at all. Besides that, he did not help us prepare for the tests and quizzes, and I ended up getting a low grade in the class. This lowered my self-confidence level about my ability to do well in my classes. |
| being an adult i feel as if I don't need an advisor to tell me what i need to do after at lease sophmore year or even before that. I think older students shouldn't be required to have advisors. |
| The lack of good advising from switching from one college to the other. |
| Academic advisors always do not know what they are talking about when it comes to helping you sign up and get ready for your major. I had to do a lot of my own research and different majors and had to show my advisor so that they would believe me on what I should be taking to help me graduate. |
| The only thing I can think of is grade inflation. When students can skip lecture and spend minimal time on homework, yet get the same grades as someone who studies more, it is demotivating to those students who work hard. |
| I think sometimes I have over committed myself to other activities but I don't believe it has interfered with me growing as a |

| |
|---|
| person. |
| Excessive drinking and pot smoking by students at the University has interfered with my growth as a person. Raise the age to get into bars to 21 and get rid of a lot of problems. |
| Same answer, as above. I believe work experience is an experience everyone should have. Work teaches responsibility, time management, independence, and many more beneficial attributes. |
| None |
| For the moment I would say, very truthfully, none. So far I have been supported quite well in any endeavor I have wished to take on. |
| I feel as though every experience I've had has helped me grow as a person. |
| None |
| people in the pentacrest with prolife signs or reading from the bible |
| Many of my classes are very subjective in their grading. If you are not one of the "favorites," you will not get as good of a grade. In classes that I am not on this favorite list, I don't push myself as hard to grow and work. |
| teachers who dont know how to teach. mostly found in the science department. |
| PRSSA and working at the Writing Center as the receptionist. I have met so many people and gained a lot of good experience. |
| Deadlines I do not know about, such as becoming an honor student after fall 2006, I had only a month, January 31, before scholarship applications were due for the 2007-2008 year. |
| The Rhetoric program kind of held me back because I had already taken very similar classes at other schools. |
| I can't really think of anything specific here that has interfered with my growth as a person. |
| The university needs another computer lab in the library. Going there to study at night is difficult because all the computers are filled and lots of times there aren't enough laptops. |
| Financial Aid. The people in that office are extremely hostile to me when I come asking for counseling. Not everyone, but often, I am afraid to go in there. |
| The general education requirements prevented me from having time to take many classes I was more interested in. |
| none so far! |
| none |
| I think certain required classes that were dull and uninspiring really knocked the wind out of my enthusiasm for learning-- most notably my Rhetoric class 1st semester of my freshman year. I don't know that it interfered with my growth, but it definitely gave me a bad first impression of what college was all about. |
| My husband needs to take some English as a second language classes and he has a hard time finding one that meets his needs. He works full time but he needs to work on more skills than speaking. He can't take the time off work to do the intensive English speaking program and it was difficult to get him registered for a basic ESL course. |
| S.T.A.T. as well as a few of my classes such as college transitions as well as my job through the university. |
| None |
| All the clubs and places to go. Iowa has a lot of activities in which to meet people. |
| I wish the PBB had better hours of operation. |
| n/a |
| I don't think any of programs have kept me from growing as a person, but I was slow to transition from high school to college because of the freedoms I had like staying up and going out whenever I felt. |
| The College of Engineering. |
| na |
| Classes where I was talked down to because I was female |
| The student population is horrible. Most people are more concerned with partying and drinking rather than studying and learning. I am transferring out of this school because I'm tired of being surrounded by apathetic slackers. |
| When switching from pharmacy to nursing majors, my advisor from the advising services (for all majors) discouraged choosing nursing as she said it would take too long to get on track. I was very disappointed with the meetings I had with one advisor for pre-nursing who told me my grades were too low to get in and I should possibly drop out for a semester. Now I am a 3rd semester nursing student getting the best grades I've ever had. |
| I have had difficulties juggling a full course load and 20 hours at my job for the last four years. Time management skills have |

been crucial, and I have been overwhelmed many times. Though I would never exchange my experiences for the world.

None that I can immediately think of.

none

haven't really participated in any programs

The required rhetoric for first year students has interfered with my growth as a person.

none

N/A

So far, nothing has interfered with my growth. I address every challenge and over come it, making me grow, but nothing has interfered.

Having general classes (Principles of Bio 1&2) that act as weed-out courses for pre-med students. These classes should be aiming to teach us, not just show us that if you don't cheat, or beat out the person next to you that you will not succeed.

When I was first here...1. At Orientation, the classes I was enrolled in should not have been the classes I took. 2. Before I was assigned to a department adviser, the general advisers were of no help to me. There was no need for them to talk to me...sign my slips and let me go. Even now, as I am trying to come back finish a degree and possibly more, I find my own adviser questioning me and not really giving me the opportunity/encouragement I believe would help me.

nothing

Absolute lack of variety of classes for my programs (communications and psychology). Even with the limited classes available, it was harder to get into important ones because the demand was so great. Registration was poorly organized every semester in the Communications Department and help was nearly impossible to find. The fitness centers are also laughable. Mostly outdated equipment with a few new machines in crawl-space sized centers make it hard to accept how expensive it is to obtain a pass.

Too much focus on young people (and older) on packing into smoky bars, it gets nothing accomplished.

none

Perhaps there is a lack of diversity on campus...

Foreign language

Global Health Program, specifically one the TA's Robin Benning and Prof. Greenough's lack of reason.

none.

Fraternities and Sororities

Alcohol Edu really was a waste of time. Not to say that the information wasn't valuable, but there are better things I could have learned.

none

Nothing has interfered with my personal growth.

I don't think any parts of the University have interfered with my growth as a person. The main things that can hinder your growth are the choices you make while at the University (such as alcohol).

Abundance of alcohol

none

Dwight Bozeman, poor advisor.

n/a

Some of the student organizations such as the Anti-War Committee

any liberal groups, activists

No one seems to actually care about the individual person. Half of what the school offers, no one ever hears about.

Lack of ITC in PBB to undergrad's not in Tippie COB Honors Program seems meaningless

In all honesty, the academic advising center was not helpful because I already had my scholarly plans figured out. The meetings with my advisor interfered with studying.

My growth has been interfered by watching the Iowa Mens Basketball team. Although I love them to death, I swear I get a heart attack every game.

Not much-except that a lot of people (especially freshmen) seem to think partying and being loud is the only thing and way to be cool, and they neglect ARH programs that are intended to keep them from going out too often. I haven't seen an ARH program in a while, probably because the semester has not hit full swing yet.

Can't think of any.

the bereaucracy, and all the bs that goes along with getting a ba.

none

the red tape associated with working to add a creative writing major, but it will be to late for me when i graduate, so that is dissapointing.

none that i can think of...

My first semester here was awful due to my housing situation at Mayflower, my suitemates, and the huge workload demanded for nursing majors who want to apply to the program in spring.

I can't afford to use the fitness centers of campus.

None so far.

none

In the nursing program, registration goes by most credits at the University of Iowa, not necessarily most credits from the College of Nursing, so the people whose grades weren't good enough to get into the CON right away are registering before those of us who had the good grades and were admitted earlier in our college career. Therefore, when it comes to getting into the classes we want to, 1st semester or 2nd semester nursing students are registering before 4, 5, or 6 semester nursing students. Registration needs to go by hours in the College of Nursing to allow us upperclassmen to register for the classes we want or need. Changes must be made.

BME seminar

Nobody

nothing on the part of u of i

Honestly, there hasn't been a single experience that I have encountered that has hindered my growth as a person. There have been a couple of professors that don't really know what they are talking about, or just don't really care about the students learning the material that have been difficult, but I manage to get through everything in the end. Weekends are fun, sometimes they are rough, but they are something that everyone needs to encounter and experience in order to grow as an individual and prepare you for things that will happen later in life. I love it here at the University, and nothing has stopped me from growing into a better person.

n/a

idk

Nothing in particular, but I am very broke because of the cost of textbooks.

The liberal religious / anti-war demonstrators that are so often found around the Pentacrest make me question not why we are fighting, but who we are fighting for as a veteran, and an active member of the Armed Forces. I feel disrespected by them.

None.

NA

Group projects are absolutely ridiculous and completely subjective...if the Business College wants to improve their students group communication skills they need to make a class to specifically teach these skills, rather than just froce group projects upon them w/ little or no guidance

Communication Counselors!!

So far nothing has interfered with my growth.

I do not feel that there are any programs at the University that have interfered with my growth. If I thought that a program would interfere, than I didn't join it. The University doesn't force anyone to do things they dont' want to do.

Registration process- who registers when based on semester hours. Even though I am a junior I register towards the end and rarely get the classes I would like.

I don't think that there has been anything that has really limited my growth.

None

The Business college's UPO has been rather disappointing with my experience as a business major. I feel that the advisors are not very helpful, friendly, or encouraging. Their hours are not broad enough to accomodate class schedules. I have gotten more valuable information from the students that work the front desk and answer the phones than an actual advisor. It would have been a lot more helpful and easier if the UPO was designed better, had better advisor-student relations, and more hours.

none

Student advising center as a first year undergraduate. They are very uneducated and give horrible advice to students that

are desperate and vulnerable.

None that I can think of.

N/A

none

none

There haven't been many programs that have interfered with my growth although the Academic Advising center wasn't all that I thought it would be.

None have interfered as there is always more than one place available to get help from.

Two rhetoric classes. I feel that the second semester of it not only slows me down but makes me feel as if I wasn't "good enough" to only take it one semester. It always stops me from taking other classes that would spark more of an interest for me.

Ironically the weekend environment.

Greek life

Business School Academic Advising Center

The communication studies school. The advising department for the school needs to be improved by having more advisors and provide more one on one personal attention. The school of social work needs to work on teaching professional development in the program.

None

I can't believe the men's basketball team's practice was more important than a visit from the Red Hot Chili Peppers. Wow, way to be stubborn about moving your practice....now the entire student body missed out on one of the greatest current rock bands. SELFISH!

The one program that I believe hindered my growth at the University of Iowa was Academic Advising. I was going through a tough time with some of my anxieties, which really affected my school work, and had to switch majors. I went in to talk with one of the advisors in the counseling service and she basically told me that the major that I wanted to switch to was too hard for me and that I would not be able to make it. This was actually a point where I know that this counselor hindered my growth as a person because I was having a hard time with anxieties and self-esteem, and this person was telling me that I wasn't good enough, even though I was. Telling me this really hurt my self-esteem and anxieties.

Nothing.

disagreements/problems concerning financial aid - cashier office staffing and ability to clarify & help fix things not satisfied w/

my original academic advisor was terrible and almost cost me a year of school because he was unaware of a class that all intended majors had to take. he was completely useless for anything but giving me my code for registration. the lack of cheap parking for students who live off campus, especially in coralville, makes the campus less accesible.

I wouldn't say that any programs interfered with my growth.

I do not believe anything has interfered. It has all been very helpful.

NA

Nothing

I believe the class size (although unavoidable at a school this size) interferes with a personal connectiong with my teachers which does not help the learning process.

The honors program which kicked me out of the program and because I'm graduating in three years I couldn't rejoin. Although my GPA is nothing to be ashamed of.

U of I Parking and Trans. I had to quit marching band so I could keep the job, but the pay was rather worth it.

None.

financial aid department has been a severe source of trial for me here. There never seems to be the right person for my needs and they are slow to fix errors or problems that occur with my personal needs. Other institutions I've attended seem to have this remedied the first day of class with aid practically taken care of for me, but UI has a dificult time working with lenders and making deposits and processing paperwork in a concise and timely manner!

Lack of available wireless internet or instructions on how to get it if one lives outside of the dorms and is a U of I student.

Academic advising was completely pointless my first year and a half here. I already knew what I wanted to take, and my adviser rarely overruled me except once -- instead of letting me take a potentially useful logic class, I was told to take statistics instead. I'm terrible at math, and I received a C+ and was removed from the honors program. My adviser in the journalism department couldn't remember who I was for a while. Also, I have NEVER had an RA who enforced the Quiet

House rule, and I've lived on so-called "quiet" floors all four years. I specifically signed up for quiet floors so I could study/work at night, but they continually ignore slamming doors and yelling in the halls.

The fact that as a business student I need to have 60 non-business credit hours is greatly effecting my schedule here at Iowa, especially since I am double majoring. All this means is that I am going to end up taking useless gym and other easy classes that wont help me later in life. I would rather take business classes that will help me later in life. Also the business academic advisors at PBB are absolutely terrible, and everyone I talk to agrees with me. For one they dont help you at all, let alone dont care. I really think they want to keep students here as long as possible so that they will have to pay more tuition and their salaries might go up. I will probably not graduate in 4 years and I blame it on my PBB business advisors for not telling me what to do to graduate in time.

The Anthropology Dean Russ Clochon. Terrible teacher.

College Drinking Atmosphere

N/A

What has interfered? Well parking is always difficult and expensive. Perhaps the conflicts within the geoscience department. Like the gov't of today, there are two major sides and stories as to why some of them are right and the others are not.

none

None

The bar atmosphere

I have had to retake two classes (statistics and biology) that I took at community college that the University deamed not good enough and in both, I wound up learning less and covering less that I did in my community college classes. This caused a delay in graduation and an increased cost.

None as of now.

I think the lack of help planning classes and someone to talk to about the direction I should take as an artist. I think the University of Iowa needs a better system to help art students find a career.

None that I can see

i dont know..

The buses that run late get me behind on things.

none that I can think of.

None.

There are no parts that have interferred.

Academic Advising Center in Pomerantz Career Center and Quadrangle

Most of the advising, they really just stress me out b/c they never know what they're talking about.

The students at the University of Iowa seem to be heavily involved with alcohol and the party scene, and it can be a huge stumbling block for people who are not used to that way of life.

None

The advising staff as a whole. Their hours are a joke (only about 2 hours a day most days) and they are minimally helpful if at all. Many of my friends get to stay an extra semester because of their ignorance (possibly calculated).

nothing

none

I can't think of anything here that has interfered with my growth as a person.

None. They all seem to be running smoothly and have great opportunities.

The School of Social Work organization and curriculum

none

One particular graduate TA who placed his education above ours and told us over and over that we were not important enough for him to take his time to teach us. Besides that he was not a good teacher. I think that TAs should have to take some kind of teaching course so that they can assist students in a big class.

Nothing has interfered.

The boring classes with horrible professors

none

None.

| |
|--|
| Large lecture classes Foreign, non-English speaking TA's in the science departments |
| Just group activites in general (football games, homecoming, organizations,etc). It really helps me meet a lot of different people and feel more confident in what I'm doing. |
| None |
| In some classes it has been difficult to even understand the point of what the Professor has been trying to teach. That has been my biggest problem here. Most Professors do a great job, but other times I am completely lost. |
| The excessive amount of partying and availability of alcohol. In general though, one learns to ignore it easily. |
| In regard to specific classes I don't have complaints, but the sheer amount of wasted paper I am asked to print off either through assignments or handouts is ridiculous. I spend more time trying to figure out how to print than I do on the work. |
| I would have to say the dorms in general. If it was not for the people that I have met because of the dorms then I would absolutely have no interest at all in them. |
| teachers who can't teach, i just believe that there arent enough interesting lectures to attend, the lectures and info meetings that are available dont interest me |
| math 3 |
| None. |
| I would say the most unsatisfactory part of the University that I have experienced would be Student Health Services. I have gone to seek medical help approximately five times, and only once did I feel comfortable or that the physician cared about helping me. I feel that this is a service, which is part of my expenses at Iowa, needs major improvement. |
| I would like to get involved more but I never know about events, or as soon as I find out about them, they have already happened. I do blame volleyball and school for not letting me grow more as a person. |
| I haven't come across anything that has made me feel like it was limiting my growth as a person. |
| International Studies Program, the Department of Dance, and my work study job, and the UI Youth Ballet. |
| None |
| None |
| Over liberalness that surrounds the campus and tries to interfere with my everyday being |
| classes with tons of homework |
| None. |
| I find that it is difficult in many areas as a student that works full time and attends classes full time. Most of the time I am never available during normal 'business hours' if I need to go to any of the University's offices. As a transfer student, I also feel that there was a lack of information provided to me by my adviser and the University regarding basics of the University and programs to become involved in. |
| Nothing that I can think of has interfered with my studies and growth as a person. |
| The huge bureaucratic run-around in adding and dropping classes. It is my opinion that if the entire process were online (through ISIS) it would be much easier and less strenuous on the student. |
| I can't think of any. |
| Financial Aid |
| the business building |
| Greek houses - abuse of alcohol and parties |
| This is somewhat odd, but the dorms have also interfered with my growth as a person. It is sometimes hard to decide whether to go to a boring lecture than hang out with the new friends i have met or the activities on my floor that my RA has planned. |
| none |
| The Newman Catholic Center has helped me a great deal. |
| No department at Iowa has interfered with my growth. |
| Not getting into classes, and not having enough opportunities to interact with professors. There's aren't very many interesting events sponsored by Iowa where its to meet new people. |
| na |
| none |
| None |

| |
|--|
| The ability to et the classes that you want. |
| Unecessary Gen. Eds. |
| No programs or parts have hindered my growth. |
| none that I can thnk of |
| Evelyn Acosta-Weirich has not been helpful, she is alway seems angry to answer questions and doesn't guide me to acomplish anything. If I need help from an advisor I go to my 2nd major advisor. |
| I think that some of the ways Residence Hall and Resident Life have been run have made it easier to not grow up and be independent and perhaps need to be re-evaluated. |
| I can't think of anything that has interfered with my growth, though my experience with the advising center left much to be desired. The advising was the only real "hitch" in my college experience. |
| The overwhelming prevelance of Liberal ideology from teachers. |
| I feel like some of my professeurs could care more about me as a person and not just as a student. |
| When I was a business major, I learned aot of things I had not known before. I grew up will spending my life in Papa John. |
| in the class of introduction to management. I think that really build me as a better person. |
| see #1 |
| some general education classes are difficult and and can really frustrate me and it makes me feel kind of down on myself at times and when i'll try to get better in those gen ed classes some of my other grades can slip in the process and those are the classes that really mean something. |
| Quantitative Reasoning Credit, Lab credit |
| The class sizes are overwhelming..... It's nice to have smaller class sizes Also a lot of the T.A.s don't speak clear English. |
| none really |
| None yet. |
| I have found participation in certain departments to be very limited. |
| dorm's dinning hall dont offer many health opitions |
| Living in a dorm that I did not select. I wanted to live in a quiet study atmosphere and instead landed in party central. |
| Unnecessary task, such as advising appointments for upperclass students |
| NA |
| Health Iowa hurt me financially. |
| Academic Advising Program, |
| the noise level of some of the dorms |
| I feel that my personal growth has not been blocked by any program or part of the University. |
| I haven't encountered any, and any experience good or bad can either help or hurt the growth of a person. |
| There are really no aspects of the university that have interfered with my growth as a person |
| I believe that the lack of personal contact with my professors have not alowed me to grow as a person and learn from their experiences. |
| The honors program hasn't been that much of an asset, first off I wasn't immeditaly entered because of my scores, but I've now been accepted on the grounds of my GPA, I guess I missed the orientation about the benefits, nor have I been able to acess the Honors areas (I think I might have been trying to enter the wrong door). Improvement on getting new members up to speed would be helpful. About residence life it might be nice to have some extra events to socialize occassionally (I really liked the DDR party at Hillcrest). It would just be nice to have a place too 'hang out' but I also understand I'm extemely unmotivated to use the current resources. |
| Taking the class: Introduction to Speech and Hearing Processes and Disorders helped me learn and grow in the field of speech and hearing science. My interest in this field grew tremendously. My future career options became more defined, and the reality of having this profession and making a difference became clear in my mind. There was a light at the end of the tunnel; I am now working towards something I love. Also, John Rogers and James Pusack, study abroad and German advisors, have helped me tremendously in finding the best option for me to study abroad. They are inspiration and are helping me to explore and open my eyes to a world outside of Iowa City. |
| Some instructors, specifically my calc for biological sciences instructor |
| Being in the medical field I feel like I am always in competition and it gets very stressful |
| Sometimes the class load is a bit much, but even though it interferes with the person you would like to become, it is helping |

you become a better person in the end.

Being so far from home.

The foreign language requirement. I have tried to get it through everyone's head that I'm too old to learn a foreign language, I have proved it much to my detriment, although I have put my best effort into it and paid money out I didn't have for a tutor.

The party scene at Iowa got me into a bit of trouble in this area. I made some great friends because of it but it wasn't always the best thing for me.

None.

Having professors and TA's that don't have a good facility with the language. There is no point to going to a class where you can't understand what the professor is saying.

The University Health Services have not been as helpful as I would have liked them to be. One out of the several times I have visited Health Services, I have been diagnosed correctly. This has led me to believe The University Health Services are not dependable or reliable. When I am sick or injured, I travel home, three hours, to see my doctor at home. This has been very inconvenient. Also, the Academic Advising Center and Counselors have been unhelpful as well. As a freshman, my Advisor discouraged me from my major. Didn't advise me regarding which courses would fit my schedule and my interests. I personally believe I could have gotten by without her.

Rhetoric classes are useless and unhelpful. Large gen-eds with little instructor/student interaction, especially in departments with weak graduate student recruitment (bad teaching assistants) have been negative experience.

most people only want to drink for fun

none that i can think of

I have had several forien TAs, and as a whole I enjoy having a multi-cultural view on the subjects that I am learning. Over all I have only had a problem understanding one of my TAs and that has severely hampered my understanding of Biology. My other TAs have all made class very informative.

I don't think the U of I has interfered with my growth of individuality and personality. I have been exposed to a vast diverse amount of things that I wouldn't have seen on another campus.

The "College of Business" at the University of Iowa has ruined my view of college as a whole. I felt that i spent so much time dropping and retaking pre-requisites to meet the gpa for the undergrad business program that when it was all done, I wasted my time for nothing. Not only did I not end up applying becuase I struggled in the required Econ classes, now i have to pretty much finish my original minor (international studies) as a major which will take a while. To me, the university (or business college)is too political and should look at each case differently. For instance, there are a lot of people like myself who are left with no choice because they wanted to do a program INSIDE the college of business. For me that program was marketing, but because i dont meet the g.p.a. i can't major in marketing? Not only is that sending a terrible messege to undergraduate students such as myself, it also brings down the students mentally in general because they have to re-start a whole othr major.

none

None of the programs at the U of I have interfered with my growth.

none

Sometimes classes are disappointing with regards to how much we're paying. Two of my teachers don't speak very good English and no one can understand them. I'm all for diversity and learning new languages, but perhaps a profeciency test should be administrated.

None

I can not think of any that have hurt my growth as a person

i think everything has helped me grow

Career Center can be a bit difficult to use and EXPO is very annoying at times

Nothing has really interfered with my growth, I'm always growing.

None.

n/a

Not sure

I believe the discussions are a waste of time. They do very little to add to what is done in the lecture. Attending the University of Iowa is not cheap and the classes that are offered in my program are not doing an antique job. This is disappointing because it is hard to get into the few classes that are offered and I do not believe they are worth taking.

the greek system I hate them

Honestly, I'd have to say the Stars, Galaxies & the Universe class I took during the Fall Semester, as the professor wasn't

too great of a teacher, to say the least.

I take night classes and a lot of the activities are at night which I cannot usually attend.

Some of the styles of the classes that are required for graduation

None.

The Career Center has helped me a lot, especially their online services, in helping plan for a career after college.

I have not really been involved with any programs so they have not been able to interfere with my growth as a person.

-Throughout my college experience I have found that I don't learn as well in big lecture halls (AUD MH) as I do in a smaller, classroom setting

When I first transferred to the University of Iowa, I was not given an advisor and I had a lot of questions about classes to take, etc.

Cannot think of one.

The large setting of the University

There really hasn't been anything.

General Education requirements

Academic advisors not being the person who can make decisions give concrete advice (i.e. transfer courses, major requirements). I spend a huge amount of time just trying to figure out who I should be talking to.

The underqualified TAs, who know nothing about teaching, learning, orating or presentation, and the inability to really know anything about the teachers beforehand, without vast connections of older students. (Thus, getting bad TAs.) Also, the ability for teachers to change the description of a course AFTER the date of signup for the next semester has started. Also, terrible rhetoric teachers who should not be allowed supervision of students' growth. Also, the fact that the dorms are so small I get very depressed in them, and even on a social floor, people rarely talk to each other. Also, the fact that it's harder to make a relationship with instructors....If they care.

Outdated and old laboratory equipment, lack of study areas late at night after 2 a.m

nothing

The university does not promote its clubs and organizations as well as they could. More advertisement and PR needs to be done.

n/a

The large drinking culture on campus.

New Dimensions in Learning was a good experience for me to know how I am.

libraries, itc, academic advising centers

Mr. Schepanski who teaches Financial Accounting Reporting is a very poor instructor. He does not even pretend to be concerned at all with his student's needs and growth. Also, I do not like how students lose their academic advisor when they enter the business college. The advisors are a very important part of helping students navigate college life and they should have a chance to build upon that relationship for 4 years instead of being pitched off to a generic counselor. Also I do not like the service at the Pappajohn academic advisors, they will usually help me in the most basic way possible and I do not feel as comfortable with asking more questions, I feel like they want to help you and move to the next person as quickly as possible. I would much rather have remained with my initial advisor.

Nothing has interfered with my growth, I have had nothing but a positive experience so far.

I can't say that there is anything in particular that has interfered with my growth.

I do not believe any have

My french class this semester is particularly frustrating. My professor does not answer questions, or explain anything very well. She does not encourage us to engage in the subject matter at all, she simply sits at the front of the room and talks for an hour and 15 minutes. This class is French Civilization (9:113) and the professor's name is Geutner.

Without a doubt my Stars, Galaxies, & the Universe class & especially the professor. She wasn't a very helpful teacher, to say the least.

nothing

None that I can think of.

The most frustrating aspect of University is when professors or administrators are unwilling to look at my learning experience as an individual case. Mostly this is related my efforts to have my experiential learning examined for credit. An admissions counselor even stated to me that the University of Iowa does not give credit for experiential learning. I almost went to another university because of that type of response. Fortunately, faculty have been somewhat more receptive and have been impressed with my experiences and the quality of learning I gained from them. More willingness on the part of

administrators and faculty to give individual attention to these requests would be very encouraging. It would also give a message that the University of Iowa was truly interested in a high quality and diverse learning environment. Many people with non-traditional educational paths would be attracted to this.

The Dorms

At times I felt constricted in my abilities to pursue avenues of personal interest. I felt like I had to stay on a set plan in order to complete my requirements. I would have liked to be able to explore research opportunities better without having to jepordize class performance. Plus, it is difficult to be active in a number of University activities and still succeed at the highest level academically. I wanted to do student government, but felt there just wouldn't be enough time. Some restrictions with course offerings, requirements, degree programs, made this a problem. Perhaps allowing academically qualified students to design a program with loose requirements would be advantageous to their success as not only a student, but also as a campus leader.

Nothing has interfered with my growth.

I would have liked to have had the time to play in sports but since so much time and dedication is required I feel like I shouldnt participate.

I do not think that there has some program s can interfered with me.

None

I can't think of anything too much that really interfered, overall my growth has been pretty steady and constant here.

Nothing has really interfered too much with my growth as a person.

some of the large lectures paired with teaching assistants that aren't helpful in discussion; not having one-on-one advising in the psychology department

The high-intensity math and science classes of the engineering curriculum have proven to be challenging. At times I think it would be nice to develop other areas of my brain. To help this, I have decided to take at least one non-engineering class each semester. Having such a strict sequence of classes makes it difficult to fit in "fun" courses.

Nothing so far has interfered with my growth as a person. It was a little overwhelming to be bombarded with so many counselors as an African-American freshman and I did not find some of the sessions to as beneficial as intended.

Too few good places to study around campus other then library, rely on studying at local businesses for a different atmosphere. Other students share this opinion as well.

None

Parking ramp prices. Sometimes makes me leave class early just to not pay an extra hour for 5 mins. into that hour.

I'd say the advisors. In my major, advisors are often also teachers, and seem to be somewhat clueless in many areas. So, instead of using an advisor, I just go it alone.

absence policy

None

The bar scene. Which really has nothing to do with the university but I think it is a big distraction for everyone.

none

n/a

n/a

I dont think any progam at iowa has interfered with my growth as a person. Ever program here is designed to help include everyone and allow everyone to be who they are and grow and develop as they want.

N/A

none

The College of Liberal Arts -- General Education requirements. Many students including myself find most of these a waste of time and money, especially if we already know what we want to do as a major.

None really. The only problem I can think of is that my academic adviser has never been helpful.

The fact that it is a large campus and that many people do not know about each individual department's criteria.

My biology advisor not being too helpful.

I don't feel that any experiences interfere with human growth. All experiences lead to growth in some way.

When the tornado hit and I lost my apartment the university was very confusing as to what we were supposed to do with the rest of our classes. Other than that nothing really.

Honestly, other than my education [that has about tripled in \$ since my sister's attendance (97-01)] the university has not been active in my development of becoming a person.

| |
|---|
| I have not used any programs outside of my classes and teachers. |
| I think the biggest interference is the lack of advising for the Psychology department. Specifically, there is only one academic advisor for each person that has chosen Psychology as their major at the University. |
| n/a |
| some classes and teachers have interfered because they seemed to be a waste of time and the teacher did not care |
| Cannot think of any. |
| none |
| Advisor |
| Office of Student Life bureacracy, unfriendly office staff |
| The Communication Studies Department has been difficult to work with since there are not enough classes offered and the advising in that area is not adequate for the number of students in that major. |
| Time management |
| Juan Gatica |
| Not much, probably just some professors that try to push their views too much, particularly political views. |
| At the same time when I lived in the dorms, I was immature and missed more class than the last two years combined. It also was just an adjustment from coming out of high school. |
| Gerderin Learning Center |
| Learning is a big part of growth. I can't learn when I'm not interested in what I'm learning about. Thats saying a lot, because I'm the type of person who LIKES learning. My point is - sometimes professors make their subject unbelievably boring. I've had many cases where I've signed up for a class, was really excited about the course, go to it, and end up squirming in my seat for the entire lecture. By the end of the course, I wouldn't recommend it to anyone, and I lose a little bit of enjoyment for whatever that particular topic of the class was about. I won't go into what makes a professor good or bad, because that isn't what the question is about. Uninteresting and boring teachers/professors (NOT the courses themselves) interfere with my (as well as others) growth as a person. If you can't enjoy learning or pay attention because the teaching and presentation of the lesson is bad, then you can't grow academically and there is less opportunities for mental growth available. This comment may not belong in this question (although technically it applies to growth as a person) or even this survey, but I just wanted to mention that student health should take their patients more seriously. A lot of people have problems at and with the facility. People get undiagnosed/misdiagnosed when they have something serious going on because the doctors dismiss them as having a cold or sore throat. I do not know if it is the doctors not taking student's health complaints seriously enough or if it is the doctors skill at finding and diagnosing a problem. Whichever it is needs to be straightened out. I'm speaking for myself, my sister, as well as friends and acquaintances on this topic. I had a terrible semester last year because I went undiagnosed with mono (not because I didn't visit Student Health, but because when I did visit, they told me I was ok) for a long time. There isn't room for personal growth when you feel like crap, can't eat because your throat is on fire, and don't want to do anything but sleep and not know why. I want to add that I have also had some (very few) good, knowledgeable doctors at Student Health, and I'm grateful for those who have helped me there. |
| Lack of a very flexible gym pass (I don't go very often, so don't want to invest in a \$75 semester pass), limited hours in study areas |
| None have. |
| Having 18 year old business majors in my English classes that hate books and hold the class back. |
| None. |
| N/A |
| taking gen eds with younger people, i didnt find it helpful |
| There really isn't one. |
| None. I really have enjoyed the University of Iowa. |
| None |
| Drunk people. They wake me up in the middle of the night and sometimes just get on my nerves. |
| NA |

3) For the services you have used, please indicate how much each service helped you increase your skills.

| (Percentages) | Have not used | Not helpful | Somewhat helpful | Moderately helpful | Very helpful |
|---------------|---------------|-------------|------------------|--------------------|--------------|
| | | | | | |

| | | | | | |
|--|-------|-------|-------|-------|-------|
| Writing Center | 64.1% | 1.8% | 11.7% | 11.1% | 10.8% |
| Math Lab | 57.2% | 2.4% | 12.6% | 11.7% | 15.5% |
| Opportunity at Iowa | 84.4% | 0.7% | 4.3% | 4.8% | 4.1% |
| University Libraries | 6.2% | 1.6% | 21.1% | 32.5% | 39.0% |
| Student Disability Services | 93.9% | 0.6% | 1.0% | 1.2% | 1.5% |
| University Honors Program | 49.8% | 7.3% | 18.6% | 14.1% | 10.0% |
| Academic Technology Services | 62.2% | 1.0% | 11.1% | 13.2% | 11.3% |
| Health and Wellness Services | 40.9% | 4.9% | 18.0% | 20.1% | 16.7% |
| Academic Advising | 5.4% | 16.9% | 28.9% | 25.1% | 25.1% |
| Career Center | 51.9% | 4.6% | 14.8% | 15.7% | 12.4% |
| University Housing | 25.9% | 9.4% | 22.8% | 25.3% | 17.8% |
| Support Service Programs/New Dimensions in Learning | 88.5% | 0.6% | 2.2% | 3.1% | 3.6% |
| Women's Resource & Action Center | 93.0% | 0.7% | 1.0% | 0.6% | 2.0% |

3.1) Writing Center (For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 572 | 64.1% |
| Not helpful | 16 | 1.8% |
| Somewhat helpful | 104 | 11.7% |
| Moderately helpful | 99 | 11.1% |
| Very helpful | 96 | 10.8% |

3.2) Math Lab(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 510 | 57.2% |
| Not helpful | 21 | 2.4% |
| Somewhat helpful | 112 | 12.6% |
| Moderately helpful | 104 | 11.7% |
| Very helpful | 138 | 15.5% |

3.3) Opportunity at Iowa (For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 753 | 84.4% |
| Not helpful | 6 | 0.7% |
| Somewhat helpful | 38 | 4.3% |
| Moderately helpful | 43 | 4.8% |
| Very helpful | 37 | 4.1% |

3.4) University Libraries(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 55 | 6.2% |
| Not helpful | 14 | 1.6% |
| Somewhat helpful | 188 | 21.1% |
| Moderately helpful | 290 | 32.5% |
| Very helpful | 348 | 39.0% |

3.5) Student Disability Services (For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 838 | 93.9% |
| Not helpful | 5 | 0.6% |
| Somewhat helpful | 9 | 1.0% |
| Moderately helpful | 11 | 1.2% |
| Very helpful | 13 | 1.5% |

3.6) University Honors Program(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 444 | 49.8% |
| Not helpful | 65 | 7.3% |
| Somewhat helpful | 166 | 18.6% |
| Moderately helpful | 126 | 14.1% |
| Very helpful | 89 | 10.0% |

3.7) Academic Technology Services (For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 555 | 62.2% |
| Not helpful | 9 | 1.0% |
| Somewhat helpful | 99 | 11.1% |
| Moderately helpful | 118 | 13.2% |
| Very helpful | 101 | 11.3% |

3.8) Health and Wellness Services(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 365 | 40.9% |
| Not helpful | 44 | 4.9% |
| Somewhat helpful | 161 | 18.0% |
| Moderately helpful | 179 | 20.1% |
| Very helpful | 149 | 16.7% |

3.9) Academic Advising(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 48 | 5.4% |
| Not helpful | 151 | 16.9% |
| Somewhat helpful | 258 | 28.9% |
| Moderately helpful | 224 | 25.1% |
| Very helpful | 224 | 25.1% |

3.10) Career Center(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 463 | 51.9% |
| Not helpful | 41 | 4.6% |
| Somewhat helpful | 132 | 14.8% |
| Moderately helpful | 140 | 15.7% |
| Very helpful | 111 | 12.4% |

3.11) University Housing(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 231 | 25.9% |
| Not helpful | 84 | 9.4% |
| Somewhat helpful | 203 | 22.8% |
| Moderately helpful | 226 | 25.3% |
| Very helpful | 159 | 17.8% |

3.12) Support Service Programs/New Dimensions in Learning(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 789 | 88.5% |
| Not helpful | 5 | 0.6% |
| Somewhat helpful | 20 | 2.2% |
| Moderately helpful | 28 | 3.1% |
| Very helpful | 32 | 3.6% |

3.13) Women's Resource & Action Center(For the services you have used, please indicate how much each service helped you increase your skills.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 830 | 93.0% |
| Not helpful | 6 | 0.7% |
| Somewhat helpful | 9 | 1.0% |
| Moderately helpful | 5 | 0.6% |
| Very helpful | 18 | 2.0% |

4) For the services you have used, please indicate how much each service helped you grow as a person.

| (Percentages) | Have not used | Not helpful | Somewhat helpful | Moderately helpful | Very helpful |
|---|---------------|-------------|------------------|--------------------|--------------|
| Writing Center | 63.6% | 8.9% | 11.4% | 8.1% | 5.6% |
| Math Lab | 56.3% | 13.1% | 15.2% | 6.8% | 6.6% |
| Opportunity at Iowa | 83.2% | 2.8% | 3.5% | 4.3% | 3.8% |
| University Libraries | 9.1% | 21.5% | 36.0% | 18.4% | 14.6% |
| Student Disability Services | 91.0% | 2.4% | 0.9% | 1.0% | 0.7% |
| University Honors Program | 48.2% | 13.6% | 17.9% | 9.9% | 8.1% |
| Academic Technology Services | 64.8% | 9.9% | 11.9% | 4.8% | 4.7% |
| Health and Wellness Services | 41.9% | 11.3% | 20.1% | 14.7% | 10.0% |
| Academic Advising | 8.3% | 25.2% | 31.2% | 20.1% | 15.6% |
| Career Center | 51.6% | 9.3% | 14.9% | 11.1% | 10.5% |
| University Housing | 27.9% | 13.1% | 18.2% | 19.3% | 20.7% |
| Support Service Programs/New Dimensions in Learning | 85.9% | 2.5% | 2.7% | 1.8% | 2.8% |
| Women's Resource & Action Center | 89.3% | 1.8% | 1.3% | 0.7% | 1.6% |

4.1) Writing Center(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 567 | 63.6% |
| Not helpful | 79 | 8.9% |
| Somewhat helpful | 102 | 11.4% |
| Moderately helpful | 72 | 8.1% |
| Very helpful | 50 | 5.6% |

4.2) Math Lab(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 502 | 56.3% |
| Not helpful | 117 | 13.1% |
| Somewhat helpful | 136 | 15.2% |
| Moderately helpful | 61 | 6.8% |
| Very helpful | 59 | 6.6% |

4.3) Opportunity at Iowa (For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 742 | 83.2% |
| Not helpful | 25 | 2.8% |
| Somewhat helpful | 31 | 3.5% |
| Moderately helpful | 38 | 4.3% |
| Very helpful | 34 | 3.8% |

4.4) University Libraries(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 81 | 9.1% |
| Not helpful | 192 | 21.5% |
| Somewhat helpful | 321 | 36.0% |
| Moderately helpful | 164 | 18.4% |
| Very helpful | 130 | 14.6% |

4.5) Student Disability Services(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 812 | 91.0% |
| Not helpful | 21 | 2.4% |
| Somewhat helpful | 8 | 0.9% |
| Moderately helpful | 9 | 1.0% |
| Very helpful | 6 | 0.7% |

4.6) University Honors Program(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 430 | 48.2% |
| Not helpful | 121 | 13.6% |
| Somewhat helpful | 160 | 17.9% |
| Moderately helpful | 88 | 9.9% |
| Very helpful | 72 | 8.1% |

4.7) Academic Technology Services (For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 578 | 64.8% |
| Not helpful | 88 | 9.9% |
| Somewhat helpful | 106 | 11.9% |
| Moderately helpful | 43 | 4.8% |
| Very helpful | 42 | 4.7% |

4.8) Health and Wellness Services(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 374 | 41.9% |
| Not helpful | 101 | 11.3% |
| Somewhat helpful | 179 | 20.1% |
| Moderately helpful | 131 | 14.7% |
| Very helpful | 89 | 10.0% |

4.9) Academic Advising(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 74 | 8.3% |
| Not helpful | 225 | 25.2% |
| Somewhat helpful | 278 | 31.2% |
| Moderately helpful | 179 | 20.1% |
| Very helpful | 139 | 15.6% |

4.10) Career Center(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 460 | 51.6% |
| Not helpful | 83 | 9.3% |
| Somewhat helpful | 133 | 14.9% |
| Moderately helpful | 99 | 11.1% |
| Very helpful | 94 | 10.5% |

4.11) University Housing (For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 249 | 27.9% |
| Not helpful | 117 | 13.1% |
| Somewhat helpful | 162 | 18.2% |
| Moderately helpful | 172 | 19.3% |
| Very helpful | 185 | 20.7% |

4.12) Support Service Programs/New Dimensions in Learning(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 766 | 85.9% |
| Not helpful | 22 | 2.5% |
| Somewhat helpful | 24 | 2.7% |
| Moderately helpful | 16 | 1.8% |
| Very helpful | 25 | 2.8% |

4.13) Women's Resource & Action Center(For the services you have used, please indicate how much each service helped you grow as a person.)

| Response | Count | Percent |
|--------------------|--------------|----------------|
| Have not used | 797 | 89.3% |
| Not helpful | 16 | 1.8% |
| Somewhat helpful | 12 | 1.3% |
| Moderately helpful | 6 | 0.7% |
| Very helpful | 14 | 1.6% |

5) Outside of your formal courses and teachers, what programs and people at the University of Iowa have helped you develop the skills you will need to live well and successfully after you graduate? Please describe how they have helped you.

| |
|--|
| Delta Zeta-living with a diverse set of girls and learning new values |
| N/A |
| The entire nursing program will help me and the friends that I have met along the way because of the positive support given. |
| I have taken a self-defense program, RAD, offered through the Honors Program, that has given me knowledge to take with me. I have learned great skills as a tour guide working for the AVC, including public speaking in front of 1 to 100 people, and interaction with strangers. |
| Mark Thorne, a TA who goes to church with me, has helped me think more critically. Besides Mark, the Honors Program has also helped me think critically. |
| I think that the housing has been a great experience that will help me when I graduate deal with many types of people. |
| again, most of that was found outside of the university. I did however participate in a fitness program where I kept track of my steps and that really helped me become aware of when I typically don't get exercise in. |
| Tau Kappa Epsilon fraternity |
| I would say my roommate and other people from my floor. I have been able to see their work ethic and study habits and have been encouraged by those, and I have also had the opportunity to live with another person for the first time which is definitely something I'll be facing later in life as well. |
| The WISE program offers many workshops about interviewing, career outlooks, and other helpful tools. |
| My RA has been extremely helpful in giving insider advice and just listening to what I have to say. Getting involved in Daum government has helped me to gain leadership skills while also teaching me management and communication skills |
| J-School- Jennifer Hemmingson, internships RA- Brandon Doyle JPEC |
| My academic advisor has been very helpful. He is very knowledgeable and never refutes any new ideas I have about majors. |
| None |
| My sister and my roommate. They have both helped to teach me valuable study skills and have shown me how to open up and meet new people. |
| My freshman academic advisor really helped me to see the big picture and plan for my future. |
| I think the librarians are always really helpful, they really try to help you locate items, give me ideas, etc. |
| College of engineering tutoring services and the Math Lab have been extremely helpful in clarifying points made in lectures. I'll be needing these to "live well" in my career. |
| Well, I haven't studied abroad yet, but I am anticipating some growth after studying in Spain. I think it will help me have a better understanding of the world and how people interact and live in other parts of the world |
| None. |
| The Math Lab made me realize that it is okay to ask others for help when you are stuck |
| My TAs are a really important part of my academic experience at Iowa. I go to my TAs for any questions I have and am able to see them during office hours if I need to. The math lab has helped me out a lot also. |
| The people working and living in the dorms because it helped me grow as a person and improved my social skills with others. |
| Like I said above, my roommates. |
| Again, Hapkido helped my self confidence and got me in shape. It is a very excellent program. |
| Nancy Humbles has really made me realize the type of people who work at the university of Iowa. They are genuinely concerned with your well being and want you to be successful. |
| living in the dorms and having to adjust to other people's lifestyles. |
| My roommate and suitemates helped me develop practical skills like doing dishes and cleaning the floor, toilet, sink, and tubs. |
| Housing helped me the most of all I would say because I had to learn to adapt and live with a new person, very different from myself. Also working in OISS was also helpful as it taught me about bridging the culture gap. Finally Study Abroad was amazing because it taught me to survive outside the comfort zone. |
| Phi Kappa Psi Fraternity has helped me be an effective communicator and leader. |
| My academic advisor, for guiding me towards a major I enjoy, instead of one that I think I could easily find a job in; Also University Libraries, for helping me learn to find information I need on my own, but always stepping in when I really couldn't |

find what I need.

My job on campus has really influenced my choice of careers and where I will attend graduate school.

cant think of any as i am a freshman over here.

My advisor in the college of nursing has helped me the most. She helped me plan out my semesters and also provided me with other opportunities.

I have a university job and I have gain much responsibility and work ethic from having such a job.

The Disney College Program taught me people skills and how to present myself in front of large audiences.

NONE

I like the International Mondays lectures because I am exposed to ideas that I would never have known otherwise. Example, one lecture last semester was about air polution in France.

My sorority, and working at the Daily Iowan. They have helped me to be better organized and have provided a good base of friendships to help with study groups in classes.

Professional Development for the College of Engineering is very helpful with resumes and professional tips.

NA

Julie Claus at the Academic Advising Center has helped me to improve my personal writing, as well as attitude towards applications to medical school and where I should apply. In addition, my RA, when I lived in the dorms, instilled great ideas in her residents for living with others that carried into my life in an apartment.

Larry Wiczorek, head track coach

none

BBBS@Iowa- meet new people

UISG has given me advice, more so the executives of UISG.

New Dimensions in Learning as a tutor, I have developed teaching skills and skills for dealing with peers

I think the biggest help for me have been my employers. I worked at the hospital and a campus library. In both cases, I have acquired the skills to network and be successful

Dr Usacheva at student health has taught me how to better take care of myself.

Older students have helped me with class advice, getting a job and encouraging me to pursue a double major.

The Education program have helped me very much. They have been able to get me very helpful advice for my future and future career.

The availability of student organizations and the professors that are involved, has been one of the perks of my undergraduate experience at Iowa. Engineers for a Sustainable World as an example has afforded me numerous opportunities to both travel abroad and meet with professors and professionals in the field that I would not have met otherwise.

my advisor in helping me select classes, my R.A.s for pointing out different programs and events

Utilizing the Math Lab has helped me to develop the courage to ask for help when I need it. I had always been too "proud" to seek tutoring before. The library has helped me to increase my research skills which will be helpful later on in life. The honors program has encouraged me to seek out my own interests and study subjects outside of those presented in class.

Same as question one.

Again, the Career Center has been great. I plan to go back for more help later, and I'm also going to the job fairs they're organizing. If I'm ever able to move out of my parents' house, it will be because of their willingness to help make me a better job applicant.

I helped myself.

none

Volunteering program at the UIHC. They have taught me the meaning of commitment and community

I was in the Advanced Choreographic Design Show for the Dance Department. That experience has helped me to learn more about the danceworld and what it's like. The countless number of rehearsals, the stressful tech. week, and the opportunity to be able to perform have all prepared me for my career after college.

Medicus has helped me to visualize what the medical school experience is like. I now know more of what to expect.

My two research mentors: Dr. Raymond Hohl and Dr. Todd Washington as they oversaw my research projects, which are important to getting into grad school and getting a job.

Lon Moeller, Sarah Rogers, Chesca Colledo, and Kenneth Brown. All of these instructors have really imparted upon me how

much they care about students and both their academic and personal success.

My life as an RA has taught me more than I thought I could ever learn - real life lessons about working with people at all levels in all types of situations

Volunteering opportunities, SHPE, Theta Tau

America Reads Program

The Office of the State Archaeologist is helping me develop experience to go along with the book learning to augment my future career. Gillian Steele, a TA at Phillips Hall, tutored me in Spanish. Joy Brown at Counseling Services is helping me to deal with past issues that could impede my growth.

Fitness East has taught me value my health. The libraries taught me to manage my time and how to study.

Medicus has helped me to visualize what the medical school experience is like. I now know more of what to expect.

My advisor from freshman year helped me think of jobs to consider after college and helped me decide what classes to take.

Again, the A Craig Baird Debate Forum has provided me with the skills and connections I will need to be successful after graduation. I have developed skills at everything from research to public speaking to interacting with employers. It has been by far the most worthwhile experience I've had while at the University of Iowa.

My two supervisors: Erin Beth Wiszowaty - Hillcrest Hall Coordinator Dr. Dianne Atkins - Department of Pediatrics, UIHC

Yet again my beginning ballet course.

Just the fact that they help you work with people. That would be the only thing I could say.

no one

Delta Sigma Pi has helped me attain a level of professionalism and a dedication to the business world and service that I might not otherwise have achieved alone.

Working as a tour guide has helped me develop good communications skills, something incredibly valuable. Being an officer in Habitat for Humanity has also helped me work as a team member to accomplish common goals, as well as giving me some good handy-man skills.

Ken Brown - took the time to mentor me in my life Kelvin Soukup - really cares about me as a person and what I will be doing, helped me develop marketable skills

Students I lived with in the Dorms

Career Center

I don't think there's anything so far that has helped me besides the schooling here.

Delta Sigma Pi Professional Business Fraternity has prepared me to be a professional business person through community service events, professionalism events, and brotherhood events.

Student Video Productions, it's a great way to learn how to make films with others. International Crossroads Community is a great way to learn from people in other cultures

RA's, Engineering Career Fair

The honor societies that i have joined and all the organizations that i am in. These programs help me get more involved in activities and get to know more people.

Myself mostly. I have learned a lot coming and having to be independent. Other people in the dorms, the RA when I was a freshman.

Alpha Kappa Psi

The Alpha Chi Sigma Fraternity has helped me develop a deeper appreciation of chemistry as a profession.

Career Center

A professional business fraternity Alpha Kappa Psi

The Society of Professional Journalists has been my window to what lurks outside graduation. By talking to the professional journalists who visit every other week, I've been shown exactly how deficient my resume truly is.

my sorority has taught me to deal with and live in a group setting-- help on lots of relational skills.

I think living with the people in my dorm have helped me with my people skills that I am definitely going to need later on in life.

Campus Activities Board and the directors of that - they helped me open up to people, because it helps to work together and get things done. The people working in Burge also helped me to do that.

Once again, the people on my floor have helped me in that respect. Learning to get along with people from very different backgrounds is a very important life skill.

Career center they helped working on my resume and set up some mock interview which was really helpful. And writing center helped me with all of my papers. People there are really nice and helpful. Both math and stats labs are helpful as well.

There are a couple of tutors that I have used in the Math Lab that have given me the confidence that is so important to pursuing an education. I have gained knowledge in math as well as confidence in myself and the work I do.

Opportunities to conduct undergraduate research have helped to introduce me to real world design and research.

Dr. Joy Hudson has helped me put my life in perspective and has taught me ways to live a better life.

None that I kind think of besides some teachers

The engineering career fair was essential for making connections for careers after graduation.

study groups

The Wesley Center has given me a place to grow spiritually.

I am taking an honors proseminar course this semester. This course is designed to assist me in starting my honors thesis which will be helpful for graduate work. It is my understanding that the U of I's foreign language requirements are more rigorous than other universities and I think that is beneficial.

Living in an apartment with my two closest friends was, by far, the best decision I have ever made. Learning to cope with and deal with your life as well as others around you is a very difficult, yet forgetful experience. It showed me how people have very different personalities away from classes. In real, everyday life, I learned to adjust with the lives of my roommates and deal with their stresses as well as my own.

Once I visit the career center I feel they will be very helpful.

No programs or people have helped me develop any life skills.

I am participating in the RAD program. This program is helping me protect myself as when I am walking alone.

n/a

My roommates and hallmates, my resident assistants. They helped me to "come out of my shell" and grow into an adult.

I still have to say that my advisor Adrienne Hurley has been the most help to me. She helps to prepare you for life after college and also helps you with life during college.

Again, I had been living on my own for several years before coming to UI, so I have not felt the need to use career services or anything like that.

none my professors were very helpful

My seminar allows me to see job opportunities available to me in the future.

The career center has really showed me what I can do with the skills I have and how to obtain more skills. Using mock interviews and interest and skill inventories to evaluate the skills you already possess have been particularly useful.

The Undergraduate Scholars Program enabled me to become an undergraduate teaching assistant. Essentially, the cooperating professor became a mentor to me. I think more mentorships would best help increase other students' development.

see above

The Pomerantz Career Center helped me get an Internship and it has been amazing and all of the people who work in that office are amazing. I met Gerald Wickham once, and from that day forth every time he saw me, he called me by name. I was so impressed.

the university's mock trial team, I really grown as a person. I've learned how to work with different people. Be apart of an organization that isn't trying to make me something I'm not.

I'm involved in UI Center for Human Rights, but I haven't worked there enough to describe anything in detail.

all. I learned to manage time

other students I interact with

Women's basketball program has taught me responsibility, organization skills, and promptness.

I have already lived successfully after graduation.

EAP Business Program- provide workshops, lectures etc. specifically for talented freshmen business students.

Just living in the dorms has helped me. I am more outgoing now, which will help in every aspect of my life.

The writing center. A young man who worked there was extremely helpful. He made me realize that I wasn't using correct theses and helped my style of writing.

I haven't really participated in many other activities that will help me. Just living in the dorms and learning to adjust to other's lifestyles.

none

The many programs the film department has, such as the Video race.

Again, the IWLC has been awesome. Can't say enough good things about it.

My interactions with Jason Pierce and the Office of Student Life have helped develop leadership skills. My work with the Center for Teaching and Jean Florman has helped me to anticipate what work in a professional environment will be like.

Julie Kettman at the counseling center (at Student Health) has helped me acquire skills needed to take care of myself in order to succeed at school.

The academic advising office has done a great job at helping me pick the best path for me. I know that anytime I go there I will have a good time and feel like I have accomplished something.

The people in the theatre department are really nice, and hold your hand when you need it, but also allow a lot of creative freedom. Also the boy with the shaggy hair who works at the IMU pantry who faithfully sells me juice whenever I need vitamin C.

FMA and Alpha Kappa Psi... Have helped me realize that when planning for the future it is imperative to start early. Additionally, they have allowed me to make some, what will be, lifelong friendships

College of Engineering Professional Development, Mechanical and Industrial Engineering Department

University Honors Program: I have worked for the Honors Program for 2 years as the Honors Volunteer Coordinator. The experience has been helpful in building my professional communication, organization, and planning skills.

WISE--the programs and workshops are very informative Zeta Tau Alpha--I love every part of being in a sorority. I have the opportunity to hold a leadership position in the house. I have made many new friends. The house gives me a chance to have fun as well as learn.

The entire Biomedical Engineering Department has been very helpful along with the Student Development Center. UPO in the College of Business also is helpful, specifically Vicki Vavra

Honestly none, all of it has been completely academic memorizations, not actual skills I will need as an everyday citizen.

Career centers have helped me with the information on internships and the type of jobs that are out there with my majors.

The career center and advisors there have been great. They have helped me look at my future more and have helped me prepare a better resume and profile on the career expo website. They have showed me how much caring about what you do as a profession can impact others.

Nobody really. This is my first year here and prior to this I had four years of college under my belt! I don't really know anyone other than the teachers I have from class to class.

i have a university-sponsored job at the hospital that has taught me a lot not only in time management, but in certain skills that i would like to further pursue

Educational Placement Office: They help with resumes and job serches.

David Hensley- he taught great business and life skills in his classes and is a great resource.

I feel the WISE program has really helped. This program offers many opportunities to meet with people who have been in your position before and have good advice for you.

Everyone in the Academic Advising center have helped me accomplish my goals and answered my questions to get to where I need to be.

John Frazier - Foundations of Business Instructor gave great advice to my class on working and moving up in the world

dryhrthdhdfgd

Engineering Student Development Recreation Services Honors Program

Student Development in the Engineering building has a few people that will help you with a resume, and networking skills to find employment after graduation.

The most helpful advice I have recieved is from fellow students who are a few grades a head of me, or graduate students/student teachers. They have experienced things I have yet to, and are easy for me to relate to.

I took a Transfer Transition class which helped me become more active as a University of Iowa student. I was also able to develop a more personal relationship with the teacher and she helped me find the necessary resources that I needed if I had any questions or concerns about classes & my major. It also helped me form goals & evaluate my "performance" as a student and person.

Lately I have met with Shari Piekarski for my application process for an internship and she has been very helpful. She has taught me the best way to explain what I have learned through my college experience and what I plan to do with that experience in the future. She has just taught me to understand myself better from my education and with all that knowledge what it is I would like to do with it.

Francesca Fricano was an amazing morale captain for dance marathon and should receive TONS of credit. She really helped lead us and stayed positive and taught us to be very positive and caring and helpful people.

Beta Alpha Psi business fraternity opened me up to available career paths and different accounting firms. I actually ended up getting a job with a company we had a speaker from. Also, the career center's employment expo was very helpful in job searching and getting interviews.

The friends I have met introduced me to new ideas and have inspired me to think about my goals in life.

ARH executive board- it has helped engage my leadership skills and given me opportunities to grow and expand as a leader. The Honors Program enabled me to embrace my intelligence and to make use of the curiosities and knowledge that I have.

I believe that living in Men in Engineering has helped grow and will continue to do so. Being on the Steel Bridge team has allowed me to know what it is like to work on a project with a group.

international studies advisors/programs because of independent research aspect

My RA, roommate

Tutors that I have had. They have help me understand concepts and what I am suppose to do. This is true for my math tutor.

CTC in the engineering building Student Development Center in the engineering building

As I already stated twice, the Honors Pgm., because of the opportunities it has provided and because of the other students I have met through the program.

Being involved with intramurals has built team unity, cheering at football games gives sportsmanship, advisors help with choices.

Student Video Productions has given me the resources to work on projects similar to those that I hope to make in the future. It has allowed me to meet many people that I work with on a daily basis. The Theatre Department has put on shows that I've worked on which given me experience to have more confidence in myself and take myself seriously.

Academic advisors have helped me get set off on the right foot. I wish we had more one on one time to spend with them. Living in on-campus housing has forced me to be open with people and develop interactions and relationships with other people I may not have considered if I wasn't living with them.

None

My sorority, Zeta Tau Alpha, has helped by giving outside opportunities in service, interacting with others, having leadership position, and learning more about myself.

Interning with The University of Iowa's Athletics - Sports Marketing Department. I have met a lot of important people and the internship has given me experience that I will need once I graduate to get a job,

My RA has helped me to deal with problems such as multiple washing machine failure.

Iowa City Aquatics, my lifeguarding job, helped with social interactions with others and helping other people with disabilities.

Nothing really.

Academic advising helped prepare me to make decisions...the right decisions which will help me in the future.

All of the friends that I have made will prove to improve my living. Also the TOC I mentioned earlier.

Honors Program and Athletic Program have helped me to develop and aspire towards my dreams.

Living with others in the dorms has helped me adapt and get along with many different types of people.

Other teachers in different programs helped you because they gave you and outsiders opinion of what actions you are taking. Also they writing center helped me grow and understand what it takes to write a great paper.

Volunteering through the hospital gave me a lot of valuable experience that will help me throughout nursing school and throughout my job afterwards.

University Housing in order to get along with a variety of people; Academic advising-helpful to achieve a degree and a course of action

Again, the ministry I'm involved with, my small group Bible study, and my job at Burge Marketplace. I have been both spiritually prepared, to lead a family for instance, and then with my job at Burge, made ready to enter the workforce. My job also strengthened my ability to juggle different commitments and responsibilities.

None of the above programs helped me develop skills that I would need to live well and successfully after I graduate.

I have learned through speakers and teachers the benefits of being active in my community.

Campus Crusade for Christ Staff (Brent Butler) RA Nick Leymaster

The university counseling service has given me the resources to be comfortable with myself

Alpha Phi/the Greek system has provided a lot of networking opportunities and has also provided opportunities to grow and

develop as a person.

I have been apart of I-Envision, the student run entrepreneural organization, for the past two years. Through I-Envision, I've not only developed a great network within the university, but I've had the opportunity to learn the importance of following your own dreams and not being afraid to take risks. I know that I will have to take risks in my life and I feel that I-Envision has taught me to not fear these situations but to embrace them.

none

Again, I believe my sorority is helping me gain the necessary social skills to effectively work with people in my future job.

engineering staff by helping find internships and working on resumes

I'm not exactly sure what this question is getting at. I guess the Honors Center has helped me with my writing skills by pointing me to some scholarships that require essays, but I'm don't quite think that's what the question is asking.

Acedemic Advising Center- help plan for major, good study tips, very nice people

N/A

NA

People at Dance Marathon have really shown me how to be a better person and work hard for other people. It has been great to see myself becoming a better person.

The Air Force R.O.T.C. has made me responsible for MY actions.

n/a

Again, work study. It has taught me good work-ethics, and interactions with others in that situation has improved my people skills.

Being President of the ACM has helped me greatly with my leadership and social skills. Teaching me what it is like to have that extra responsibility and how to interact with many different kinds of people.

Um, I really only have leaned these things from my teachers. And from working at the Daily Iowan.

The engineering department has given me many resources for me to do well and learn what to anticipate after graduation.

The career center helped me look more into my chosen major and helped me see that it is what I really wanted to do.

The career center has offered resume workshops and interview workshops that have been very beneficial.

Although I am not longer in the Aikido club for medical reasons, the club itself was a great place when I was first starting at the university. In the short time I was a member, I learned to stand up straight both physically and mentally. It was a place to go when I didn't know anyone.

Housing has taught me about living with neighbors and roommates.

Nothing comes to mind.

Different volunteer programs, specifically those through Opportunity at Iowa, have allowed me to use my talents in a very positive manner to affect those who aren't as fortunate as I am. This, in turn, will help me to better myself in the years to come.

The college of education as a whole has been quite helpful in advising and support and I think it aims to continue that support beyond students years at the university. My sorority has also been very helpful in that it prepared me to work with a diverse group of people and has helped me to form life long friendships.

i had a horrible roommate freshman year which taught me the importance of getting along with people you may otherwise not like. also, movies at the bijou and events like natche rahon helped open my eyes to more cultures and views of the world.

Opportunity at Iowa has helped me to be open-minded and has given me opportunities to participate in things that will give me experience that will be useful when I am older. The Academic Advising Center has helped me a lot with programs and opportunities to make myself marketable and give me valuable experience.

Nothing.

Nothing has really helped me, because as said above, I haven't really experienced enough programs and people.

No one

The intramurals have helped develop cooperation and appreciation skills. appreciation and respect of other people.

My roommates that I live with have helped me grow as a college student.

Fraternity has shown me how to be a responsible person and has shown me what I care about in life.

Classmates, getting together to study or older students putting on reviews.

The most help i have received has been my interactions with friends who are older than me

I guess I would have to say 24/7 again because it has helped me to understand how to communicate with people on a more

substantial level than some sort of sport.

Again, I would say that the 24-7 ministry has helped me develop the skills I will need to live well and successfully after I graduate. This ministry has taught me that I am not alone in this world, and I can talk with others when I am going through difficult times.

Sporting Events

Academic Advisor-Jennifer Stacy Adams Honors Program

None really. Its mostly classes and discussions with professors outside of class. The ORL did help, as an RA I've learned a lot about myself and other people.

My visit to the career center was very helpful, it helped me learn that as a liberal arts major I didn't have to graduate with my two majors and then do one certain thing after I graduated.

I haven't had much interaction with programs and people at the University, but the way

Student Organizations like Floor Government, PIRG, Opportunity at Iowa, and 10,000 hours were only a few organizations that taught me about helping, time management, leadership, positive attitude and more. These organizations taught me many skills for the future.

My advisor. He really wants to help keep me on the right track and make the right career choices.

There are not any that has helped meso far.

Engineers for a Sustainable World

I have learned skills from my peers in the student organizations I have been involved in through their experience and the way that they handle situations. Dance Marathon has helped me to see what's really important in life. By being a S.T.A.T Ambassador I have established more leadership skills as well as in my sorority, where I have also made some very great friends.

The Hawkinson Institute, lots of helpfull career and interview advice.

Engineering advisors have been helpful and helped point me to the right class choices for the right careers.

This is the same as question number one. If you wanted a different answer, you should have worked harder at writing a different (and better) question.

None

University Housing has helped me learn how I live and how I need to mature to take care of myself.

I am not really involved in any other programs outside of my classes but i feel that a lot of the RAs are very helpfull and upperclassmen as well because they have been throuhg more than i have at times.

The Honors Program has really helped show me the kind of work and dedication it takes to succeed.

None

Again, if theatre is something I pursue, I think that I have a pretty good understanding of where to go with it just from the basic way the department's set up.

The financial aid office has helped me understand that representatives of large institutions will not go out of their way to provide helpful advice, they will only react to immediate, base level interrogation. I am now better prepared, because they have taught me not to have faith that I have been given a complete answer, or thourough advice.

working at the admissions office on campus. allowed me to recognize my skills and abilities. UI dance department- helped my transition to college and helped me make friendships

My friends in the dorm because they make you a better person by forcing you to accommodate and make new friends.

N.A.

The library staff has been great- they always offer "new" ways to search for things; ways that I often haven't thought of. It has helped me on a lot more than just research projects!

Amy Bartachek (my academic advisor)

The greek life

The career center was kind of helpful in helping me with registering my internships and proofreading my resumes.

I have not fully utilized the Career Center, but from what I have used, the people there were very helpful in helping me improve my resume and give me advice for what jobs I should be looking for.

Slater residence hall RA, she offered advice and was always there for me when I had questions about anything. She even helped me with pointers when I was looking for an apartment (which is scary and something not many people are informed about in how to look and the things to look for in an apt.) as I was moving out of the dorm the following year.

-

I learn things from people around me everyday. Living off campus and working two jobs allows me to learn a great deal about what choices to make about after college.

My workplace at in the ophthalmology labs have helped develop skills

Dance Marathon. It has taught me the power of giving and making a difference, which I will hopefully carry with me my entire life.

Fitness classes are the only thing I can think of that will help me to be healthy and live well. I learned new routines and exercises as well as nutrition information in classes at the field house and also p.e. classes.

Living with other people in close quarters (in the dorms) taught me a lot about respect: respecting the space of others as well as expecting some respect in return. I was a member of WISE while in the dorms and then later as a mentor, and that organization helped teach me that it's better to work as a team and to network, and that's a great program to get that all started at the U of Iowa for women going into engineering or science-based programs.

My friends The women's rugby team and coach have taught me how much work it takes to get where I want to be. GLBTAU helped me feel welcome

Wise again. Now I know that I really do want to be an engineer, that it is totally doable and possible!

My RA Alan Zantout, is a big help. Everyone of us in his hall appreciate him, because he is always in high spirit and whenever I get down on myself he makes me feel confident in my abilities that I can make it as an engineer. The rowing team(men's) as well has helped. I learned better discipline and found out how far I can push myself, and above all else it's fun and I'll never forget the times we had on and off the water.

Greek System--helped me meet new people and make various connections which could be important later on.

I worked for the career center my first year here and they really helped me develop my professional skills as far as how to do a resume and interview well. My coworkers at SHS have also been great guides to a successful career.

University mental health counseling was helpful to me during difficult transitions. They helped me develop skills to deal with issues in the future as well.

I have met all sorts of new and different people from other areas of study and from other areas of the world that have been incredibly enlightening and have helped me see issues and perspectives from a different point of view. These skills will be useful in the job market when working with people that differ from me and other co-workers. The Classics Dept. has been a great experience just by learning new things and people who have different interests and strong points than I do.

I have been blessed with the opportunity to work at the Academic Advising Center and the advisors and support staff have adopted us as their own. They are truly great people who do in fact care about us a person but also on a professional level.

Jessica Renaud - Business Communications Jay Christian-Szalanski - Management Business Communications Center - writing papers Career Center - path to take

UIHC Volunteering - I have learned a lot about the hospital setting and healthcare system which is relative to my future career.

University of athletics (They have provided leadership opportunities through my team and Iowa Student Athletic Advisory Committee. I have learned about how to conduct myself, ways to work with others, and to achieve goals.) AI

The diversity and mixed gender living of the Foreign Language House.

my academic advisor, Deb Johnson, has tirelessly reviewed my graduate school essays and offered useful suggestions to help me find success in this daunting process. The women at the Rape Victim Advocacy Program and the Womens Resource and Action Center have provided me with learning and activism opportunities as well as resources.

I am not sure, I don't know where I'll be working or what skills I will need. I guess the Daily Iowan has helped me keep in touch with real world events.

The Early Admission Program to the Business College has definitely helped me to develop my skills, and Amy Bartachek has been amazing - there to support me and help me every step of the way. The program is well designed and has given me skills and knowledge that I have used throughout my college experience and that I will take with me after I graduate. It helped me to pick a major and show me what I can do with it after I graduate, guide me through my experience in the business school, give me extra advantages, and introduce me to a lot of faculty members which I expect to maintain contact with after graduation. It also taught me a lot about graduate school and other options beyond college.

Advisors have helped me discover my interests and show me what classes to take.

Professor Jae-Jae Spoon has made a great deal of effort with each class I've taken with her to improve the writing level of her students. She has done this via peer-reviews and her own efforts in editing papers submitted to her prior to the due date.

The Career Center has helped me to find a full-time job and career that I am excited to start upon graduation.

Graduate students have given me tips on how to deal with applying to graduate schools.

I'm independent, I don't rely on others.

None.

The dorms and campus ministry. Both have taught me a great deal about interaction with a very large range of people and living styles.

I have not engaged in any outside activities or organizations that have contributed to my development. I've grown from personal experiences and through friends and family.

I attended meetings at WRAC for the first two years of my attendance here at Iowa. The program was cancelled this year, but it gave me a social basis to work with. As a single parent, school and household/financial duties are my main concern. Friendships don't come easy. I was able to meet other women just like me to socialize with.

My rhetoric teacher did a great job of teaching me to be critical and be able to back up my opinions with facts. Also my environmental studies professors have done a great job teaching me to look at the facts and make decisions without sentiment and that we need to fix the environment

Academic Technology Services has provided me with internet service, which has allowed me to pursue intellectual interests.

The Pre-Pharmacy Club events and the Newman Center events that I have been involved helped me. The Pre-Pharmacy Club events really helped me to get a feel for what I will be doing in my job if I continue with Pharmacy. It was exciting to learn more about the career pathways Pharmacy has to offer and still be interested. The Newman Center activities build skills that I can use in how I conduct myself and see the world for the rest of my life.

My job at the IMU, it taught me how to take charge and get things done myself.

I cannot think of any at this time.

Volunteering at the hospital allows me to think of other's needs and also helps bring me closer to my career aspirations. Living in the dorms has been a great experience: allowing me to meet people I wouldn't otherwise have known, placing me in close proximity to people taking similar classes, and making me more considerate of living arrangements.

all of them

Kelli Delifosse helped develop skills that will enable me to present myself better to future employers.

The Library staff is amazing. They have helped make the transition to the university easier just by being friendly and extremely helpful and understanding, especially the Art library staff.

i haven't really came across one

Nothing comes to mind.

The 10,000 Hours Show taught me the value of volunteering, fundraising, and relationship building. Dance Marathon has taught me leadership skills from being on leadership team.

The Career Center helped me realize that I need to get out there and take an initiative and helped me learn more about being professional. Joining BTA has helped me be more independent and confident because I didn't really know any members when I first went.

Vetern Affairs, John took time to assist me with a registration problem that the reistrars office would not

My freshman RA helped me reach out to the students and fellow classmates who lived on my floor. She led a beautiful example of how to make your life the most successful and fulfilling while living in the dorms. I am now president of the women's volleyball club, and through experiences this year, I have broadened my understanding of what it takes to be successful, and truly work as a team both on and off the court.

I haven't been here long enough

My mentor throught the presidential scholar program showed me how to be assertive with my professors and how to take charge and go after what I want.

Most of the members of my sorority, including my Chapter Advisor Kristie Leeman and my House Mom Jean Wood, have helped me learn things about living on my own, making decisions, and working together with many different types of people. I've learned many things about myself by interacting with them, like the fact that I am a really clean and neat person, I am a lot more considerate of other people than some people are, and that I need structure in my life to function well.

Professor Andrea Kann an Honors advisor gave me information about graduate school, the math lab helped me learn to ask questions and learn calc

University Housing has taught me many life skills and time management skills that I can use the rest of my life.

Support Service Programs/New Dimensions in Learning have been very helpful in developing good study habits and indentifying my learning styles. Having "Courses in Common" in engineering my freshman year helped me meet people. Orientation was also great.

Intramurals, concerts, and events. Friends, classmates, Advisors, Speakers.

None

My employer, regular work has helped. The most helpful part is dealing with new problems or problems unique in a Biology

department. Also, working with foreign students.

Rhetoric cause I know how to write well.

Engineers for a Sustainable World (ESW), American Society of Civil Engineers (ASCE), KRUI radio

WISE and SWE have helped a lot. I now feel better prepared to live and work with people of different backgrounds and interests.

In my experience, a program that really has helped me was the university's e-mail program. I am always getting important e-mails filled with useful information.

Work-study is a great program. It has given me valuable research experience in scientific fields as well as provided me with spending money. The volunteer program

The Career Center program is very helpful. From resume help to interviewing tips and making everything online and easily accessible. The Career Center does a good job in helping to further student's careers.

n/a - I learned these skills without the help of the University.

My academic advisor during my first two years was incredibly supportive of me and my goals.

None

The Math Lab mostly. Math is an integral part of any engineering discipline and I am grateful for the support they have offered. When my math skills are finally up to par, I can rest assured that I'll do well as a professional engineer.

No programs.

the Greek community, Pomerantz career center- especially sara burden

My jobs.

The friends I have made here help me prepare more for the real world than anyone else. They are going through the same things that I am right now so they understand my worries about the future and we try to help each other get through them.

My athletic coaches for soccer helped me to focus on school while being in a demanding sport and have fun at the same time. Playing soccer helped me set priorities and build better relationships with people on my team and in the community.

They have helped me by giving me scholarly advice and helping me see what other opportunities were available when I felt that all other options were gone.

i have met a few good friends, but i do not foresee them helping me to develop skills i will need after i graduate

WISE: Women in Science in Engineering They set up activities for you to participate in. You participate in small groups too, not like 100s of people at a time. The smaller groups help you connect more with a variety of people.

The only University activity outside of classes that I was involved in was my work at Hillcrest Food Service. This helped me develop a work ethic as well as allowing me to afford my education.

Mostly the support of the counselors who let me bounce ideas of of them, and who gave me stability when it was lacking from other figures such as my coaches.

Math lab

UIHC volunteer program has helped me become a better and more understanding person in a world separate from courses and school.

the housing department has made a wonderful living environment for me. i feel safe and like i'm having a good time.

WISE floor in the dorms helped me to relate and understand others.

Dr. Natvig is helpful for me to address problems i have

My Academic Advisor, John Little, has been very helpful in letting me know what I need to do to get what I want out of college here at Iowa. For example, he made sure I knew about the accelerated intermediate spanish class, early on in the semester, so I could try and get an A in elementary review. (which is required to take accel. intermediate)

Orientation for the transfer students was very helpful. All staff and students involved with this were fantastic. jacque (not sure of last name) for the elementary education program was a marvelous help.

GLBTAU has helped me learn how to deal with people in and outside of the GLBT community. The University counseling service has taught me how to handle stress and look at what is happening in my life.

the university of iowa libraries and the staff in special collections have been very helpful

Hawkeye Marching Band helped me improve communication skills. Being a Resident Assistant has helped me to work as a team and learn to communicate clearly with peers. The Men In Engineering Learning Community surrounded me with guys with similar interests and views.

Campus Activities Board

| |
|--|
| Conversation Partner Club Activities |
| Probably in the Residence Halls. My R.A.s and people around me have made me know that I am able to live on my own and get along great in the real world. |
| I will have to say having other students from different areas of the country helped me have an appreciation and more understanding of other cultures from around the country. And that appreciation I believe will help me adjust to any part of the country I end up in. |
| oiss always helped me to meet different peple in iowa. they have a programe where the introduce international students with the local students so that internatonal students can know the us culture. |
| I felt that the class Orientation to Elem. Edu. was very helpful in opening my eyes and informing me of important people that I am able to meet with and discuss my options. |
| The Entrepreneurship Program has been very influential in my education here as well as preparing me for life after graduation |
| Sam Eklow (R/A) genuine person who is informative because that's how she is. |
| My fellow classmates. |
| 10K - i am learning more people skills and learning more about photography through experience which is what I want to do. |
| No problems with this. |
| While beginning as a teacher, Blandina Giblin became a sort of mentor for me and we developed our friendship and relationship after our classes ended. She wanted to know what I was doing, how I was, and put me in contact with those whom she thought could assist me. |
| The engineering career fair help me gain some contacts with buisness people and potential employers. |
| Gerard Loewenberg and Pat Dolan. They have both helped improve my writing skills in political science and general writing. |
| The dance team has been such a great part of my life and has taught me so many things that could have never been taught in a class room |
| My current advisor, Penny Hall has been wonderful. A total blessing for someone who is interested in getting places - but not spending their whole life getting there. |
| Living in the residence halls have helped me learn how to function in a self-governing body of students. I have gained a sense of responsiblity and I have viewed the results of one person's actions on other people. |
| On the wise floor i was able to meet with professionals in my field and they were able to clear up any questions i had about internships and jobs. They also offered tutoring services |
| My roommate has helped me learn teamwork ans problem solving, also I have learned to compromise and be mindful of others becuase of her. My coach has helped me to become more confident and perseverent. |
| Management Professor Ken Brown provided guidance outside of class in job hunting and research skills. |
| Phil Jordan with engineering professional developement with career help |
| Again Judy Vopava. She is the only eperson I have had any contact with outside my teacher, but she the most helpful adviser out of any adviser I have ever had in my whole school career |
| The people that i have been employed with at the university job i work have been helpful from a career skill standpoint. |
| Again the study abroad department. My time abroad was a wonderful experience and I am a much better person for it. the department was also wonderful and welcoming me back and helping me get used to being here again. |
| theatre department programs, honors programs |
| The Rockwell Collins Leadership Conference helped me to develop the skills I will need after I graduate (and also while in school) by making me think about how to interact with people with personality traits that are different from mine. It also helped me to interact with people who are not in my major and to value their ideas and problem solving skills. |
| My RA and many residence hall staff have really helped me. Also the fitness and health programs have really helped me too. |
| none |
| none |
| Just living in the dorm |
| My Math for Business TA Joey Harrington really helped me understand the course material. |
| I cannot think of any specifics. Wellness may have been further developed by student health personnel. |
| N/A |
| This is my first semester at Iowa; therefore I cannont answer this. |

My university part-time job with IMU catering has helped me develop leadership, organizational, time-management and interpersonal skills.

My boss in the research lab

Hawkeye Marching Band - social and leadership skills; 24-7 growth group - spiritual growth and knowledge along with ability to access my own beliefs; Entrepreneurship department - small business management and encouragement to pursue my ambitions; my roommates - how to live and work with others; recreation services - physical fitness skills and ability to test my own management skills; Character Counts! organization - realization of who I am and who I want to be in regards to my choices and decisions as a person.

My R.A.'s have been very helpful in giving me the right aspects and prospects on life and how to deal and cope with adverse social situations. My R.A.'s were/are Julius Carter and Abby McMillin

UISG let me dive into public relations, lobbying, and campaigning. Residence Life helped me improve my planning and organizing skills.

-

The Honors Program has allow me to challenge myself. Additionally, participating in athletics has been an invaluable experience.

The people I have met here have helped me when it comes to important decision making, and my time management skills. My friends have helped me adjust to the changes I have went through while at college.

Residence Halls - Get along with differences in opinions and people

My academic advisor will help me with that-he will help me figure out where I can go with my education.

Curriculum Lab Librarians Education Placement Office Department of Education

The Entrepreneur Professors help me grow as a person by helping me be independent

I can't think of any.

none

I think my RA has been helpful because she promotes a community of learning, diversity, and tolerance. She's very helpful both personally and in academics. Phil Jordan has helped me with my resume writing skills.

I am in the process of attending University Counseling Services. They are extremely helpful and are making me recognize my potential. I have got a better sense of myself through their services.

Can't think of anything

My academic advisor. She helped me change my major, into one that really suits me. Because of her, I enjoy reading my books for class and trying my best.

Dorm life

WISE, see question 1.

I've been doing research with a professor in chemistry. He has helped me develop keen research sense and important laboratory skills, which I think, will be very helpful in my future development.

The Spanish program here at the university helped me out a lot. Every T.A. that I had has helped me to broaden my horizens, and have shown that there's more out there in the world.

Iowa Biosciences Advantage, Jodi Linley & Sarah England

opportunity at iowa, afro house and Inacc activities

Dance rehearsals with faculty and other students have helped me to adapt quickly to new elements, be on time, think outside the box, and apply myself.

student health,

The career center guided me in a way of learning how to contact people to set up my own internships and other thins that are needed to succeed in what I would like to do.

Chris Smith- guided me with information when I considered a major and helped me plan my steps to be efficient in my undergrad years at Iowa.

The chinese language program has helped me develop incredible skills in learning to speak the language and learn about the culture.

I really think that the RAs in the residence halls have been pretty helpful in this aspect. My RA is pretty big on interaction with eachother and with the community (volunteer events), so that's cool.

Risa Lopez, who was my advisor in the New Dimensions in Learning program. helped with looking at classe in a different aspect and taught me different ways to study my school work which I will take with me to use in my work life. Also, Ken

Brown has taught me a lot about getting involved in the community and why that is so important. He has helped me become a better person that is more goal oriented.

Again, Amnesty International. Learning about finances, and the behind the scenes leadership roles, makes me understand the reality of keeping a group together.

New Dimenstions in Learning

peers - you always are living with these people professional development - without these people I would not know what to do in regards to finding a job following graduation academic advising - help point you to where you want to go

Staff at the University Honors Program have given very pragmatic help along lines of scholarship and job applications and resume writing. And again, supervisors at University Housing as a Resident Assistant taught me many skills of being a diligent employee and working with a staff, as well as being a leader among my peers.

Night games was great fun and i appreciated it.

Programs such as night games and stands within the residence halls on obesity, and how to avoid the freshman 15. Also, places such as the math lab and writing center that have helped me to develop skills that I will later use in life quite often.

Supplemental instructions, asian american coalition

I haven't yet had anyone help with skills

My boss at fitness east Angela. She has taught me everything I know.

n/a

I went to the math lab quite a bit last year and everyone there was very helpfull and made me feel much more confident in my abilities.

All important skills that I need to live well, such as doing my taxes, knowing how to take care of myself (clean, cook) and how to keep a job I learned from my parents. The Psychology department helped give me a bigger view of the world and if it were possible- I am more open-minded than when I came to the university.

na

Medicus, the premed society, has provided many opportunities for me to learn from real physicians which is cool.

Other nursing students who I have met through school and my outside job have been very helpful in answering questions and offering advice. I feel like they will always be around to help as I get ready to take my boards and start my first job. Also, the nursing faculty are extremely good at what they do and just being there as a support.

Leadership Institute at Iowa, focused my leadership skills mostly self driven and influenced by my parents and teachers

I went to the Toyota Scion presentation after school about event marketing, and it had great information about marketing careers.

Interfraternity Council, Phi Kappa Psi Fraternity: They have allowed me to gain valuable social networking skills and have facilitated my involvement with the various other groups and the surrounding community. It has pushed me to succeed! I-Envision: Has allowed me to gain valuable business management and organization skills as well as the oppotunity to attend various skill development conferences. Office Student Life-Leadership Conference: A great one day intensive workshop that has helped me to become a better leader, relate to others, network and much more. A greater effort should be placed in bringing at least 1-2 speakers of high caliber to the conference as oppose to having only faculty and students facilitate the conference.

My applied instrument professor is not only my main professor and adviser, but is also a mentor.

My job for a number of reasons that I could not even begin to list.

My friends have helped me realize things about myself and develop skills and attitudes that will be very beneficial to me in the working world.

WRAC showed me how to lead a group in addition to providing groups that have allowed me to grow.

none

None have helped me prepare to live well and successfully, because I already know how to do that.

N/a

Zeta Tau Alpha! They have taught me to be selfless and help those in need, love everyone, be nice in any situation, and work my hardest. They really value education, and I enjoy everyone's enthusiasm towards it, because in highschool, it was more so looked down upon to be a "book worm" of some sort.

My job in Burge Cafeteria and in the Athletic Ticket Office.

I volunteered in two psychology labs under Liz McDade and Tracy Moran that were very helpful. The hands-on experience and guidance will be useful in any career I go into.

The Academic Advising center helped direct me toward future goals, and so did the career center. They both helped with

planning the future, and the present.

my ra and roommate helped me develop skills to interact better with others and survive on my own.

10,000 Hours show--It made me more aware of the need for volunteers. Made me more involved in Iowa City life. As a squad leader, I gained vital communication skills, too. The career center's mock-interviews have really helped me learn to improve my interview skills. The resume building they offer is great as well.

Carrol Stratton has helped me tremendously on taking proper classes, deadlines, and graduation. Caree Management Topics was very helpful in helping me prepare for the future.

The Native American Studies department. This is an amazing program with some the best professors I have encountered here at Iowa. The Intro to Native Studies SHOULD be a required course for all undergraduates.

My internship and resident assistant position have given me more applicable work experience than my previous jobs as a desk clerk and fast food employee. My experience in study abroad has improved my abilities to adapt to strange situations and succeed as well as appreciate diversity more.

The Church of Jesus Christ and Latter Day Saints, My RA, A TA named Christopher Kang

My RA in University Housing has been helpful in creating a positive enviroment which has provided a good role model for me.

The greek community helped me for success after graduation. In my sorority I was able to hold many leadership positions that prepared me for working with people and finding a job.

I have learned everything through coursework and teachers.

I would say the Career Center is the best for developing skills. I actually never went to the career center until I enrolled in Job Search Strategies. They are very helpful and their website is very beneficial when learning how to write cover letters and resumes.

None

none really

The immense networking and postings of opportunities and effective mass emailing that communicates the opportunities available at the U.

Graduate students in the Audiology Au.D. program have helped me in deciding where to apply for graduate study and have given me a great deal of advice related to life after undergraduate study. As far as skills-building, I do not feel as though certain University staff have largely influenced my ability to survive after I graduate.

The University Counsel Services has helped me sort through issues.

The Student Development Center and CTC in the College of Engineering have improved my career outlook and communication skills. The residence halls have improved my social life.

Camp Adventure Child and Youth Services - Reminds and instills the true value of helping others and improving the lives and environment of those around you and accross the globe.

Dr. Michael Feiss and Dr. Harl Maluf have taught me how to be a keen observer. My research has prepared me well for medical school!

My advisor at the College of Pharmacy, and my undergraduate advisor. The residents halls really have helped me to interact with and meet tons of new people.

The T.A.s have been very helpful and my R.A. has been helpful and excited for the opportunities arrising

living independently

Advising center, especially at the Nursing Building. They point us to the direct path, or at least give information on how to build connection networks to further our studies and/or career opportunities.

Adademic Advising. My advisor, Adrienne Hurley.

None

SSP and NDIL because they guide me with my whole college experience and help me be the best that I can be.

job fairs, as well as other programs that give you ideas about what you want your future to be.

The rowing team, my coach teaches discipline, responsibility, inner strength, and motivation.

Jennifer Hemmingsen is really helpful with resumes, internships, and advice in the Journalism School.

My academic advisor, Joel Wilcox, has guided me through in picking the right classes that will help pursue my career. The University Of Iowa Student Counseling has helped me with my problems, which will help me control things in life.

the writing center; i am a journalism major and i think that the grad students that have helped me with my papers have also improved my writing skills that will benefit me in my career

Roommates helping me learn from my mistakes. Classmates help me through tough topics in class.

none

Roommates and dorm life in general has given me an idea of what it is like to live on my own and balance everything in my life, not just school.

Transfer Transition class has been very helpful.

None, unless employment thru U Iowa would be included. As a desk clerk one is presented with a variety of situations to deal with. Also working with others.

I haven't been involved in too many programs outside of Dance Marathon and living in the dorms. I absolutely love both, and both have helped me realize that later in life, I am going to have to help more people other than myself. Dance Marathon has made me realize that these kids and everyone else who needs medical attention is who I am dedicating my life's work to, and that I am going to have to put 110% into my work. This experience made me understand that my work starts now, not after I graduate, and is already preparing me for this task. Living in the dorms has helped me make new friendships, communicate with people I would have normally not talked to, and understand what it takes to tolerate the needs of other people.

Tim Hubbard.

Just being out on my own, yet still kind of looked over.. this will help me when I am fully out on my own

stuff

Alpha Kappa Psi has taught me how to break out of my shell and continually prepares me for the "real" world through professional trip opportunities and internship help/resume building.

Just learning how to manage responsibilities in general I think prepares us for life after school.

The Honors Program has been very helpful through setting up educational opportunities as well as seminars that improve our chances of succeeding in the real world.

Student Organizations have helped me with resumes and taught me various things about career. The career center has helped me develop skills by funding my consider Iowa internship.

FMA - see above

NA

I have not gone to many programs to develop skills.

The graduate students in the Speech and Hearing Science have been very helpful.

My advisor has given me advice that is very helpful, and just other students in general I have heard things from bring up some good points.

My job on campus has helped me to develop good skills. I have learned customer support skills and how to troubleshoot issues.

NSCS - summer internship 10,000 K - met nice people, engaged in community involvement

Jessica Renaud is an amazing teacher with the ability to drive out the inner success in everyone. Meet the firms night in the fall allowed me to interact consistently with future employers, allowing me the ability to network.

The Engineering learning community was helpful for me because it allowed me to make many friends easily who shared similar goals.

The campus ministers and students at Campus Christian Fellowship have provided me with a family while away at college. They are people I can trust and enjoy myself with. We can learn and grow together in our knowledge of the Christian faith, the Bible, and life in general.

Pre-PA association.

Pomerantz Center has helped showed me different career paths and ways to get on those paths

Sigma Lambda Gamma

Opp at Iowa and Many of the volunteer programs like 10000 hours have been really helpful in terms of providing me with skills like speaking and leadership. 10000 hours really helped me get into the mind set of helping others and making it a part of my routine. Programs like PIRG and other orgs on campus really taught me to manage my time and focus on communication skills. International Programs has really provided me with a more broad look at the world. I like staying in tune with what's going on globally now.

Working for the University Facilities Management group has helped me to become more effective in the workforce.

I have been put into many different situations since I've started college at the University of Iowa. I was given tasks to finish and presentations.

I am president of the society of american military engineers which will give me organization skills

Engineering community Honors community engineering organizations SAME and ASCE

Opportunities to experience undergraduate research has helped me to put classroom knowledge into practice

The office of Student Life has helped me out tremendously in my growth as a person. More specifically, Jason Pierce the assistant director and advisor for Fraternity and Sorority life as well as Jennifer Richman the Homecoming advisor have helped gain the character that I have today. They have challenged me and advised me in doing my very best when taking on leadership roles within the University. This will be very beneficial after I graduate because the advice that they have given me will be helpful.

Dorm Life, Resident Assistants help to build community and friends.

Job Search Strategies, even though I know it is a course---really helpful in creating a resume. And JOBNET!!

The Center for Human Rights was helpful in teaching me skills in independent research, effective communication, and cooperation with co-workers.

University Counseling: Helped me to identify and deal with my anxieties. Athletic student services: Same as above. University Housing: Helped to teach me how to deal with/get along with people that I do not necessarily enjoy being around. This will help me in any work environment where I know I will not like everyone that I work with but will have to find ways to get along.

I think that the Health and Wellness Services has helped to teach me skills because they force you to do things on your own teach you about yourself. I also think that my Academic Advisor has taught me about my major and other things at UI also including life skills. I think University Housing is also beneficial to life skills because of all the different people you meet and what you learn from them.

transfer transition course- helpful because it teaches you different resources available, meet new people, better study habits, etc...

The Office of Admissions, specifically Orientation Services employs great people who are always willing to help and represent the University well.

working in the UIHC Neuro Dept. has helped me see how a hospital works and develop interpersonal skills with health care professionals

I would say the writing center helped me the most in writing after i graduate.

Content magazine has helped me to aquire the skills and experience I need to work for a magazine after graduation.

RA has provided really good information

My academic advisor has really given me tips on how to be prepared for my LSAT and other upcoming events in my future.

Dance Marathon really helped me grow as a person by learning to give to others and appreciate how lucky my life has been.

My roommates and friends have been the most helpful. As have the lessons I've learned about myself outside of the classroom. Finally I would say that no specific program has contributed majorly other than my own self.

My friends have helped me to develop my social skills

Gamma Phi Beta sorority, it allows me to get involved and do community service, there are positions inside the house that allow us to get involved and get the house going. Also the girls i have met have been a large influence in helping me grow and mature.

everything i've been taught has been in my programs formal education and with the same's faculty

Well just living on my own in an apt has helped me more than any of the U of I's programs/services

Again, Jennifer Hemmingsen has been great at helping me become a functional adult. The Career Center has been similarly awesome -- they looked over my resume and helped me jazz it up, and their senior conference taught me a lot of things I didn't know about networking, resume improvement, etc.

My best teachers here at Iowa have been Ken Brown, Rachel Swirsky, and Brad (cant remember last name). I also have great teachers this year.

Resident Assistants, facillitated meaningful conversation

Members of the community have taught me the importance of education, guest speakers have taught me how to go where I want to go after my education here at the University

My friends in the department - some students, some faculty. They've all been there for me and shown me support in my work. They've given me more confidence.

none applicable

Universit of Iowa Men's Ultimate Frisbee Team

I haven't really had anyone to help me and if anything i have learned form my mistakes

The University of Iowa wellness and counseling services showed me healthier ways of living which has helped to better myself as a person.

The people living on my floor have helped me develop different kinds of friendships and relationships. Volunteering at the hospital is also opening up some relationships that are new to me.

Alpha Phi Omega, build sense of community

have not participated in any programs

None.

Again, the people in the Educational Placement Office are the greatest. I'm confident I'll have what it takes to get a job when I'm done here at Iowa.

My fraternity had developed me as a person. I believe that I have improved my communication skills and professionalism.

Somewhat through leading my student organization.

none

My fraternity has helped develop me the most.

Some teachers have helped me look for jobs and told me how to succeed in my job

Career Center helped me with my resume.

I have not had much outside help.

Career Center

Again the RA and housing staff of mayflower and daum

Office of Admission's Phone Team as well as the student organization STAR have both been excellent things to be involved with.

I haven't had anything other than my classes.

Bills and outrageous rent

The Career Center- provided professional development that was not available through the School of Social Work The Office of Student Life- my position as the VP of Recruitment for the Panhellenic Council opened doors to working relationships with departments across the University

The dorms taught me how to deal with people in situations that I was stuck in.

My lab professor has helped me look for jobs and grad schools.

The University Counseling Service has been the most beneficial in that regard. I have received individual and group therapy with the goal of improving my social interactions. We have also addressed post-graduation planning and what tools are needed for success in the real world.

Nothing

BBBS @ IA and CAC/Relay for life

Everyday activities.

The writing center has helped me immensely in composing and editing. The staffs gave me great comments and tips about the usage of the English language, which is my second language. I really appreciate their help on my freshmen rhetoric class.

I think that a lot of the smaller classes really help me feel more comfortable and on top of things. I also would say just the people, friends I meet in general. They really helps make college fun.

none

Sport clubs

My R.A. in the residence halls this year has been very effective. She plans wonderful programs and is always willing to talk and help out. She also goes out of her way to say hello and make you feel special. She has taught me that it pays to be a nice person - no matter how stressed out you are.

Living in a residence hall with others has helped me adjust to life in a new environment and helped my interpersonal skills.

WISE, my church

Programs offered through the residence halls when I lived there were nice because I was able to get to know others.

Again I would have to say the upperclassmen friends have helped me the most so far. Most TA's are great.

Alpha Kappa Psi, teaches me how to write a resume, do a good interview, get an internship, dress professionally

dorm life

Programs put on by Women in Science and Engineering, Medicus, the Honors Program and the Career center that have

helped in preparing me for medical school, taught me how to get jobs/internships, how to stay healthy, etc. have given me skills that I can use after graduation. I have learned how to interview effectively, how to apply for medical school, gotten advice about medical school applications and the process, and learned about wellness from these programs.

ITS-Student Employment

Student Video Productions- Gives me the opportunity to hone my filmmaking craft by offering me equipment and organization beyond my own personal means. It's a good way to meet people with similar interests. The Performing Arts Learning Community, of which I am no longer a member, but was last year. I was put on a floor with many like minded individuals, so I could make many good friends as well as people with whom I can learn from. It was invaluable.

Overall I don't believe I have been influenced strongly by University programs. I appreciate the help and advise of a handful of professors, but no one outside of them.

Again, I would have to say my volleyball team, just because I don't have time to do other activities.

My RA has helped me feel more confident in my ability to become an engineer. The Men's Rowing team as well has helped me believe that I am much more capable of doing things that I didn't think I could do.

International Programs provided a wonderful experience for me as an intern.

Grace Snider with the UI Youth Ballet, Jessie Trepanier, my work study boss, and that is about it.

IIHR

Dance Marathon Honors Program

My friends that I have made here at the university. We have grow to know each other without ever knowing one another before college and it promotes bonding and character growth

none

My friend from Friends of International Student help me get used to the American culture and campus life.

Getting involved in a graduate student's research has helped me make connections with other students as well as make connections with important faculty that I may not have been able to otherwise. I have been able to learn skills outside of the classroom that will help me get into and succeed in graduate school.

I think my academic advisors have been very helpful to me. They helped and encouraged me to enter the Elementary Education Program.

Cannot say yet, as I have only been at UI for a month.

Career Center

the community is very supportive and the carrer center and fairs are amazing

I have yet to meet a program that has helped me develop skills needed after college. My RA has helped me learn that I need to be more outgoing in order to succeed.

The Newman Center has been a great resource for me, I have met many people through there and it has helped me from going out so much while i have been here.

I have really grown from my interactions with the professional staff of University Housing. They've all taught me so much about keeping myself and those around me organized as well as how to effectively pursue what I am interested in doing.

Student Health

Opportunity at Iowa has helped me meet new people which has helped me form connections to opportunites at the University of Iowa. Student support services has helped me get tutors when I have needed them and has helped me gain confidence in my academic abilities to perform well.

The academic advising program, specifically my adviso Amy Bartachek have helped motivate me and give ideas for academic success.

Team building courses, and Army ROTC

Orientation for Student teaching w. Ellie Herman for teaching--very helpful.

My roommate helps me because she has shown me how to live with another person.

The Career Center and Academic Advising departments have really helped me to learn what my goals are and how to achieve them, improving my work ethic and study skills. They have helped me learn about responsibility and dilligence, which will be necessary post-graduation.

The health and wellness center has been great at helping me achieve a more healthy lifestyle. Mostly I must say that Sigma Alpha Iota has been the most helpful, I have a constant opportunity to practice my organization and time management skills, there are plenty of opportunities to speak publicly and to help people in our community - what could help more than that??

Due to my work load, I have very little time to interact outside of studies, so what has helped me gain skills are the classes and teachers.

| |
|---|
| being a resident assistant working in the dinning hall before that the friends I have |
| I feel that Iowa gave me the oppurtunity to learn things for my self. I did a lot of things on my own and learned from figuring tit out myself. |
| the seminars that they hold which teach us many things, and make our knowledge broader. |
| see #2 |
| Again Dance Marathon has helped motivate me to do everything i can to help others. and working at Pat's Diner has also given me drive to do well in school so i will NOT have to do that for the rest of my life! |
| ----- |
| Tippee Optimist Chapter helped my build my resume |
| Family has been really supportive of everything i have been involved with and have done. My fraternity has really given my a set of guys that i can relate with. |
| Friends, living in the dorms. |
| My RA has helped me develop the skills I need to function in the real world, such as dealing with people, getting through the day to day crap, and being mature about the little stuff. |
| none |
| The Engineering Career center rocks. As does the engineering seminar programs. I've learned so much about interviewing and job negotiations. |
| university jobs, entrepreneural center & business classes help a lot. Helped me understand the real world and how to be responsible. |
| Content Magazine-career writing |
| KRUI 89.7 student radio. I have learned better communication skills through my radio experience here and in high school. |
| Student Organizations have shown how to make resumes better, and simply interacting with people and volunteering has given many experiences to live and learn by. |
| KRUI |
| Dance marathon helped me see the bigger picture, the student involvement fair helped me involve myself in more than just studies. |
| I participated in the Senior Conference, and I believe that it gave me insight into the working world, and has better prepared me. |
| Specifically, my major advisor Dr. Richard Roller has been extremely helpful in helping me realize my goals and sharpen my skills. This year, he has hired me to work in his lab along with some other grad students and upperclassmen. I think it's the best opportunity I've been given, especially as an undergrad (which is something that other schools don't afford to undergrads - they're kind of neglected). I'm getting to learn new things every day and am getting hands-on experience and learning very useful skills that will help me when I continue from here. |
| No specific progrmas however my psychology advisor Deb Johnson has helped me a lot in deciding the right track to take for all my classes and also for after graduation |
| Definately being apart of a Fraternity has helped me develop skill for later in life. By giving me thing to be incharge of at the house it has given me more responsibility than just my normal class work load. |
| I think that Opprotunity at Iowa (Mrs. Charity Cooper) has given me useful encouragement to make social skills that will allow me to eventually network for after graduation. I think that my Academic Advisors (Ms. Gogerty, Ms. Bonneau) have already provided insight into the world after undergrad by helping to plan out my schedule. |
| My advisors are helping me choose classes and succeed now while in college. The NSSLHA (National student speech and hearing association) chapter at the University of Iowa provided a program for undergraduate students that gave me much information about graduate schools throughout the country. This information was led by graduate students, and was very helpful. |
| I dont really think anyone has helped me develope skill, living in the dorms has helped me to learn to deal with other people. |
| Dance Marathon has helped me want to help others. |
| going to the math lab made me responsible for seeking out additional assistance and resources. |
| The TA's have been extremely helpful, also have the members of my health science learning community |
| Living in Dorms. Dealing with everyday problems and concerns. |
| Gillian Steele did her best to try and help me with Spanish. The Office of the State Archaeologist is giving me the experience to go along with the education. |

| |
|---|
| The Career Center has helped with resume buiding and interview skills |
| The career center helped me a lot in learning how to write a resume and use proper language when in an interview. Also the ISEA meetings helped me learn about many different aspects of teaching. |
| None. |
| The Men in Engineering learning community has helped a lot. I have people to collaborate with homework right next door, and everyone around me has the same types of goals and time constraints for the most part. |
| cross country and track |
| everyone in the college of engineering seems like they want to succeed. no one wants to flunk their students and profs, ta's and faculty are always very helpful |
| Melissa, a nursing advisor, helped me figure out what I wanted to do because she was very honest with me about nursing. She didn't just give me the good things, but the downsides as well, and that was extremely helpful! |
| I will defenitely know how to successfully compete on the job market with my major and be trained in all academic as well as hands on aspects. However, it's very hard to teach people skills and I think that is something that you have to acquire. |
| Can't think of any.. |
| theta tau professional engineering fraternity, SWE |
| Academic Advising has been very helpful in suggesting different courses to take in order to gain experience in all areas of my major and career goals. |
| WISE- women in science and engineering has helped connect other women in the science field. using their directory of past members i was able to contact women in the field I want to pursue and as them questions about the profession. |
| My RA helped me with my RA interviews. |
| The people that have helped me the most are some of the people i live with in the dorms. Other than those people, my academic advisor has helped me out a lot. She has made a plan with me and told me what and when i will need to take courses. She also helped me feel comfortable in the beginning when i really did not know what i was doing. |
| TA Chana Barron taught me through her experiences how life really is. |
| art history |
| Career Center helped me write cover letters and resumes |
| The American Marketing Association, it has helped me get more involved in the Business school at Iowa. |
| Joing clubs, like Tippie Optimist and doing Dance Marathon. You learn a lot about yourself as a person, and realize that you can do things for yourself. |
| n/a |
| Unsure |
| none |
| no one has |
| The major association that has helped me improve as a person is big brothers big sisters but it is not through the university. |
| Some of my classes in the communations helped me to think out of the box and not to be as shy with my self as a can be at times. |
| None. |
| Having just transfered to the university for the Spring 2007 semester, I have not had many opportunities to use the services on campus. However, the University Housing program has helped me develop important social skills that I'm sure will help me later in both my life and my future career. |
| None |
| My track and field teammates |
| Do guest speakers count? There was a guest speaker at the Bell Lab and he inspired me to work hard and never give up on my dreams. |
| Working at Burge marketplace has taught me how to work hard, so has Jonathan Poulton, my advisor in the biology department. He has also taught me that I must go after what I want, those things will not just come to me. |
| My friends from the dorms, making new friends in the dorms when I came here was a self-esteem booster. I was confident that I now had the ability to make friends that I hadn't had previous connections to. |
| Living in the dormitories really helped open my eyes as to what its like to live in the real world. |
| Academic Advisor |

| |
|---|
| non-academic survey courses that expose you to people working in your field |
| Mostly, all the services at the university have helped me grow by giving me the ability to feel able to navigate red tape with a head held high. And the NAASE and honors activities make me feel good and boost my self-esteem and help my transition from student to peer. :) |
| the job fairs have been very helpful in providing valuable insight in what come companies are looking for |
| my RA, TA's and tutors RA: learned how to meet people become friends TA's/tutors: necessary learning skills and study methods |
| Getting to know other people involved in my major has been a big influence. Older students tend to mentor the younger ones. |
| n/a |
| I received a lot of help from the advisers at the AAC helping me determine not only what classes would be most academically fulfilling but also which classes would help develop other skills. |
| Working with Uddaykumar in his project |
| libraries, itc, academic advising centers |
| Gerry Wickham as stated above. Also Chuck Hauck, my first academic advisor made the transition to the university a lot less scary for me and helped me plan specifically what classes to take and complete in a timely manner. He is very good at making people feel comfortable to ask for his help. |
| Unfortunately I have not had any other members of the University help me specifically besides my academic advisor. He has given me very useful information as to what career I may want to pursue. |
| Living in the dorms- dealing with a roommate, living on my own, having to take care of my own things. |
| cannot think of anyone |
| Melissa Smith, the president of Colleges Against Cancer is a really excellent leader. She's organized and extremely dedicated. I also rely on the advice of my old advisor, Jenni-Stacey Adams, quite frequently. |
| Erin Beth has prepared me to work hard and perform well within a team. |
| My violin professor, Dr. Conklin and members of the Maia quartet have done a lot to help me. |
| To be brutally honest, NONE of the teachers or programs have really helped me enough to say so, at least not for the carrer I want! |
| university housing |
| None that I can think of. |
| I talked about the UI Sailing Club above. |
| I have not used any yet |
| I think I have been aided by my active nature here at the University of Iowa. The number of clubs, sports, jobs, and roles that I have assumed force me to balance time, prioritize, organize, and lead. These will be essential skills in the real world. Therefore, I believe that it was no the act of any one activity, but all activities in conjunction. |
| The society of women engineers have shown me the different things I can do with my major and how to get my "foot in the door" with different businesses. My housing experience has been amazing but I think it is because of my RA Teresa Bemboom, she gets us interacted with the school and I think more RAs should be like that. |
| I look forward to taking advantage of the career center sometime soon. I think they provide a wonderful service that I will be able to use to better my future. |
| People are nice and explain very clear for me in writing center and tell me many useful grammar rules. |
| Cadre at Army ROTC, Involmtent in UISG |
| Part time jobs have helped me learn to deal with all sorts of people in a polite fashion, no matter my feelings for them. My profs. for the most part were very cool, helpful people. |
| Being president of a student organization has really helped me with leadership skills and learning to interact with many different kinds of people. |
| Same as above |
| academic advisors @ the pomerantz center help more than just picking out classes - I've felt like I can go to mine to talk to them about anything school related |
| Julie Kettman, a counselor at Student Counseling Services, was very helpful when I was having a hard time my first semester here. She helped me address a variety of issues, especially balancing my class schedule with volleyball and time for myself. Sarah Prineas, part of the Honors program, was also always willing to listen and help solve problems as well as an |

excellent professor.

The Step Team is teaching me discipline in regards to practicing until I have something totally memorized instead of just when I feel like it. I feel like I'm also learning about commitment to an activity.

Research Job Study Abroad

library services

My undergraduate advisor. Vicki Vavra.

libraries have helped teach me to research and make productive use of my time

Not involved in any

Career Center is very helpful! They are always giving advice on how to find a job and update/fix your resume.

My friends have helped me. Living in university housing has also forced me to be a lot more independent.

academic advisors

-Orientation Advisor Training has helped me be more prepared for class, better organized, structure a meeting, interact with others more effectively, increase my patience level. -Working at IMU Catering has helped me learn to better budget money, free time, and get along with many different people from different backgrounds.

The people in the career center have helped me to formulate ideas about what to do after graduation by talking with them and listening to their advice.

I guess I would say the honors program has helped me to develop my skills. It has put me into contact with other smart people who have pushed me to be better.

Again, Ellie Herman really helped with this. She gave us so many tips about how to be great teachers. Also, Jane Cranston was very helpful with classroom management tools.

my RA helped me formulate my morals. My boss helped me work through my problems. My Spanish advisor helped me see into my future opportunities.

Student organizations. Student organizations are a good way to interact with other people. It gives you a sense how a company runs itself with the people in charge. Even though you deal with people like that outside of the organization, the student org also helps give you the necessary peer and thinking skills.

I don't know.

The first thing that comes to mind, is the Academic Advising Center. Recently, I decided to change my major and in so doing, I had to change some of my classes and make sure that I would still end up with enough credits to graduate. The Academic Advising Center helped me with that.

Academic advising has helped me a little with the processes involved in getting into medical school.

WISE program- helped me to form connections with other women with similar goals.

Noone outside of my formal teachers has really helped me.

Really? I guess i have learned from Johnson County that life is expensive and long over-due, and unreasonably unfair. So I now a savings account, with about \$90 in it. :)

I attended "Brown Bag Lunch," which is an informal gathering of the students and teachers that are enrolled or teaching in Japanese classes. This helped me get a more personal feel for how the language is spoken in every day life. Also, I have volunteered to help some of the graduate level teaching assistants with their studies. This allowed me to see some ideas of what could possibly be done at the graduate level in my field.

I think what helped me develop the most was volunteering with Big Brothers/Big Sisters and the Human Trafficking Awareness Group.

n/a

william jennings taught me how to analyze and read literature better

Jane Dorman and Nicole Grosland from the engineering college have been a great help. I came back to the university after 6 years to study biomedical engineering and both of them were integral in my success and making me feel confident about my choices in school.

UIHC volunteering opportunities, career center helped to develop my resume, math lab helped me get through my calc class

College is about much more than just going to class and the frequent talks and performances at the U of I are v. important in making this a community of learning and sharing knowledge.

As mentioned above, the Career Center has helped me by aiding in choosing a career path, further developing my strengths, and directing me to opportunities where I can succeed. I know that my friends have also done the same and that they will still point me in the right direction after graduation.

The application process to become an R.A. has allowed me to explore my career options here at the university, and furthermore develop good people skills as far as conducting a successful interview, working as a group, etc.

Delta Delta Delta SWSA U of I Hospitals and Clinics

not sure yet

Campus Crusade for Christ staff members - they have genuinely cared for me, and been great role models.

I am a consistent user of the Academic Advising center, I really enjoy my Advisor, she has helped me see things in a practical light which I feel will help not only in school, but after graduation as well.

Socialize more with "NEW" people

Career Center helped with resumes, leadership experience with student organizations, sense of community/service through Dance Marathon and 10,000 Hours

My ability to communicate with people and become a better leader has improved from living in the University Housing.

Nancy Kraft, my boss at the UI libraries, has been extraordinarily helpful, and a close confidant for three years.

I haven't used any services.

Student Organizations mentioned in question 1. They have really helped in the following ways: Open myself up Discover new things I never knew about myself Become a professional person Time management! Provide confidence in doing various tasks Manage other people Work in a team/group environment Meet new people/life-long friends

I worked in the Library, I learned many helpful things about different publications that were available and how to find them

VSA: it helps me learn how to organize events. Deal with people. Raise money.

The other students. Just the typical social skills that are needed in everyday life.

Both the Iowa Sailing Club and Alpha Xi Delta have helped me in the same ways. They have both provided me with leadership opportunities and have given me many opportunities to interact with and meet many different people.

I ran in the UISG elections. Opportunity at Iowa is always offering me programs to attend. The Iowa Edge program was a great start. Specific people: Nancy Humbles, Courtney Parker, Gabriela Rivera.

NA

6) Please describe ways that specific programs or parts of the University of Iowa could have better helped you grow as a person.

NA

N/A

I came to the University as an open major, but found my current academic paths not through the help of my academic advisor, but on my own. She did very little, which I guess made me more knowledgeable in having to discover my path completely on my own.

I cannot think of any ways that the University could have helped me grow as a person more.

I think the career center could help me when I am ready to go check that out.

Have more teachers that are conservative, or at least in the middle. Then I would have someone to talk to and who could better represent my values.

The math education department has some wonderful teachers that will have forever helped me.

I think that classes could have more interaction with students.

The academic advisors could have gotten to know me a little more specifically versus just as another premed student.

The J-School needs to be more active in helping students find jobs after college.

The music program could have a lot less requirements. I felt as though I had to know from day 1 if I wanted to be a music major or not.

RA's in the dorms need to be more disciplined and more assertive in giving out punishments. The math lab needs to be divided up by class so that graduate students for an easier class aren't failing in their attempt to help someone taking advanced calculus.

College Transition wasn't as helpful as I thought it would have been.

i think they all do a good job

Chemistry help center. It isn't effective.

I'm a communication Studies major and with so many other students with this major, I find it difficult to know all the opportunities I have with my major. I've been to the Career center, and they helped me a little bit, but I feel like there are so many options for me that it's hard to narrow anything down. I realize there is a very large number of students in the same boat, but sometimes I feel like I'm going to be clueless as to what to do when I graduate.

Not sure.

The advisors in the advising center could take more time to get to know their students and their interests

I feel that going out and seeking help from the math lab or a TA has made me grow as a person. I use to think that if I didn't understand something, I would forever not understand it because I was so stuck on my ways of not getting help. I've learned that everyone needs to get help sometimes.

Try to have more activities where everyone can get involved and would be interested in.

I think the advising center seems rushed especially when you're only given 15 minutes so I would say that the advisors could get to know you better as a person and your interests instead of just a picture and a number.

I know we're the minority, but try catering to the non-bar scene more.

I can't think of anything.

Student Health could have not been such a waste of time, but I suppose now I know how to diagnose myself properly.

I believe the academic advisors could do much better in helping students choose a career and a major.

I found it difficult to schedule appointments at the writing center, and once there was not thrilled with the attention I received. University Honors Program also seems difficult to get really involved in, they encourage you to "drop on by" the honors center, but without specific questions it doesn't feel very welcoming to just aimlessly walk in.

The pre-med advisors were never helpful. They just seem to be there to provide a pat on the back and then decide NOT to write letters of recommendation. They were a waste of time.

one of my advisors could have been more knowledgable and perhaps other resources for academic help could be better advertised.

NONE

The Math Lab has a long way to go. My suggestion, scrap it and start over.

The Media Advertising and Society class taught by Barbara Welch Breder was extremely unfulfilling. I took the class expecting to learn about advertising, and did not come out of it with much new knowledge. Overall, it was a big disappointment.

Career Services could be more helpful. I thought that they were more concerned about moving people in and out.

I feel that there is lots of room for improvement of the community aspect within the honors program to allow for students to learn from eachother.

Coach Wiz has taught me a lot of life lessons I need to be a successful person

none

more accessable student organizations

i think that they have all been just fine

I don't know.

some of these I have never heard of, like the academic technology center

engineering advising is worthless.

My advisor was not very helpful. It felt like she didn't believe in my abilities or want to encourage me to do anything out of the ordinary.

I am not sure.

NA

none that I can think of right now

I don't think that academic advising has ever truly helped me along while in college.

Same as question two. The career center and/or College of Liberal Arts needs to hold job fairs with employers interested in non-business majors.

The Quiet House rule really needs to be enforced. My RA admitted that she "doesn't hear the noise" because she has a loud family, but that doesn't help me when I'm trying to study.

More interest from professors in helping with students long term goals.

If there were more activities about finding careers or budgeting money, etc. I think it would be more helpful in our futures

after college.

The Dance Dept. should have more levels of Jazz and should not overlook it. It should consider other styles of dance, such as hip-hop, tap, and lyrical as well. I feel that if I were given the opportunity to study many more forms of dance than just ballet and modern, I would have a better chance at making it in the danceworld.

I don't think anything could help me as much as anything I've already mentioned.

Honestly, I think that both Career Services and our HORRIBLE Academic Advising Centers do not provide quality folks to interact with...much less so with the Careers Center and the new emphasis placed upon by the University.

I would have liked my advisor to know who I am after so many years of meeting with them

Residence Halls

I wish to grow in my understanding of my chosen career path. Partly due to my limiting circumstances of six children that I am raising by myself and other legitimate circumstances that would prevent my leaving the area and mostly due to the greatness of the program, and not matter what, there are still many classes I could take, I am very interested in the grad program here. But I am told that undergrads here cannot take the grad program here. And that is major BS. Oh, and trying to learn a foreign language at the age of 46 to try and fulfill some inane requirement that would easily be served under cultural classes is BS.

the career center was not helpful because I am not in the college of business.

I don't think anything could help me as much as anything I've already mentioned.

I think I would be better off if I went to the career center more because the one time I went they were very helpful.

Some of the larger lectures such as psychology and biology don't offer enough one on one time with faculty.

The University does a great job, its just if people choose to get involved.

Every time I have a question about something I feel no one there is to support me. I will go into the main office of the Psych department, ask them a question, and they'll make ME wait while they talk to someone else about a new coffee cup they bought. No joke. I'll go to the financial aid office and they'll go all the way around a question without answering it to me. In the registrar's office I feel everyone has been rude to me as well. I've just resorted to figuring things out on my own which is unfortunate considering how much money I am putting into getting an education at this school.

more available and easier for students to meet at odd hours

Delta Sigma Pi has helped show me what my purpose in life is: To help those who need it and provide support to those who seek it.

There could be a lot more focus on such things as the Student Leadership conferences, events which are specifically designed to give people skills/help them become more.

Academic Advising could have been more thorough although they're bogged down with a lot of students. Also - the requirements to graduate with Honors are SO DIFFERENT depending upon the college. That stinks.

If I had smaller class sizes If things that should be providing in tuition did not cost extra money. For example the fieldhouse, labs, etc.

better advertised help programs, like the career center

Academic Advising they were not very helpful in making decisions and were also very difficult to get into at times

University Honors Program could do more for those students admitted after their first semester by contacting them individually or meeting with them rather than just putting them on a listserv.

If my Union Station didn't make work so many hours

My academic adviser could be more helpful and caring

The professors could be better and they could do a better job of helping us-especially in the math department

I think if I was able to just attend more group things I would have met different kinds of people. I also wish there were more on campus Christian groups because I don't agree with a lot of the things that are said at The Verve and Parklawn (24/7) but I still am a Christian and would like to be involved with other Christians. I think that is lacking at the University-to only have one kind of Christianity, one group, that meets one day a week when lots of people can't go-that is a program that is not a big as it should be.

Half the people in advising center jobs should lose them. I, along with several friends, have talked to several advisers and none of them seem to have a clue what's going on. It's a waste of our money.

I wish that my academic advisor could have given me more options and more information about my prospective major, and it would've been nice if my floor's RA organized more activities for our floor.

It has taught me how to perpare for the real world with resumes and interviews

I don't think any of the programs could have done much more to help me grow.

The honors program has helped me to realize that I can be a lot better in this university if I just work hard; however, their services haven't been of wonderful use to me, yet.

N/A

Career center helped a lot with my career planning.

N/A

The Math Lab is helpful if you can get someone that can help. That is true too of the Chemistry Center. There are times when it is not helpful. I have encountered TAs in both places that have not helped or have given the wrong information.

NA

Not sure

The fitness centers cost money to use when they should be free since health and fitness is important in college and sets a standard for the rest of your life.

The Advising at the University of Iowa is not very helpful at all. I go in when i have questions, and leave my appointment with no more knowledge i had than when i arrived. It almost seems like they don't know what to tell you and just say whatever they want, just to get you out of their office. I do not like the advising here at all and would not recommend anyone to go there for help. If someone or myself has a question, i think it is best to consult with a peer, an upperclassman, or someone that has been through it in the past.

Have not really had any bad experiences. But, generally common courtesy and patience really helps.

There are too many required classes for transfer students to enjoy themselves here.

I really feel that the dorms could have helped me grow better as a person. Instead, they just seemed to make me bitter.

When transferring to Iowa, I talked to many academic advisors and unfortunately not everyone was on the same page. Therefore I heard one story from one person and something different from another. This caused me to miss some deadlines (ex-immunizations for CON) and also cram in a couple of courses to ensure registration of classes in the Fall.

I lived in the Writing Learning Community my freshman year, and I wish we would have done more group activities that actually focused on writing. Our RA was not very active in planning events for us.

I suppose if I had taken more advantage of the programs offered...I could actually answer this.

I think that it would have been helpful to have someone explain the way the degree program at the university when I transferred.

dont have feminist groups, rape groups, or residents life attack men on stereotypical notions, it creates tension and doesnt help to fix problems

Academic advisors should show us skills we have and then show us the skills we need to work on.

The Undergraduate Scholars Program enabled me to become an undergraduate teaching assistant. Essentially, the cooperating professor became a mentor to me. I think more mentorships would best help increase other students'

Ensure programs listen to student feedback.

Teachers that speak English. And academic advisors who understand the university, ones who are able to communicate effectively and who take the time to understand you and your needs and not just rush you out so the next person can come in. Kathleen Kamerick is a great example of how academic advisors should be.

There was some organization that where wonderful but some of the group members where just not people that I wanted to place myself around

Foundations of Business course needs to be looked over again. I don't feel it did anything at all for me, but extra busy work that wasted my time. I learned close to nothing. However, learning how to improve my resume was a very important part of the class.

the abalibility of clubs is a great way to meet people, encourage hobbies, and develop mind and body.

none

better networking availabilities in science courses, such as studies groups.

None.

I would like the University to offer more electives for non-majors: more physical education classes as well as things like culinary arts and art classes that do not include nude models. I would also be interested in a theater program for non-majors. Theater is one of the things about high school that I actually miss.

I was really disappointed in the career center.

I think the univeristy needs a track club. I looked foward to meeting new people and working hard, and was disappointed when I found out that Iowa doesn't have a track club.

Make sure that other schools(atleast the ones in this state) are current with the accepted transfer courses from those schools.

Different advisors, perhaps the TA's?

The gen ed program could be more interdisciplinary--the classes should connect to each other to show how they're all relevant to what we want to learn.

The university's (not departmental) Academic Advising has been incredibly rude and impersonal. I do not like to go in there because the permanent staff members have always jumped to conclusions about what I am trying to figure out, and discard my questions as trivial or unimportant. I feel as if they talk down to me and prejudge me as ignorant and illiterate.

My adviser has not been as helpful as I hoped.

I truly don't have any complaints with any of the programs or parts here at Iowa.

The academic advising center is really useless.

Academic Advising could have been more helpful in setting out a longer range path for the classes one needs to take

Volunteering at the UIHC was disappointing. They didn't need any more volunteers and there was never anything to do, so as a volunteer I often felt helpless and useless. Maybe a selection process that restricts the number of volunteers, but those volunteers actually have something to do, would be an idea to consider.

NA

Teaching things like how loans (house, student) actually work, health insurance, retirement funds, etc. things many need to know and dont.

International center gave me an opportunity to participate in a study abroad program, and it was the best experience I have ever had in college.

I believe that the recreation programs at the field house could have been better and more helpful.

Again, nothing comes to mind here. I am in one program and it has been very excellent so far.

friends, new venues, oppurtunities to meet new people

Academic advisors should offer to get to know more about their students on a personal level.

Some of the tutors in the Math Lab could be more helpful.

Make it easy to get involved with internships for over the summer, etc.

I think that the general education credits needed to graduate should be optional. I came to college knowing what I wanted to major in and taking social sciences and cultural diversity and P.E. classes is not giving me knowledge that I need. I got that in high school. If I want to be "educated" in those areas, I will research them on my own. I also do not understand AT ALL why physics is a requirement for a BIOLOGY major. I took it in high school, I don't need another semester of something I never plan to use. I understand this is where the university gets all their money and we are forced into it, but that doesn't change my opinion that it is ludacris.

dfhgdfghdfghdfh

Develope interpersonal skills Develpoe professional and networking skills Develope needed knowledge of math and science

The Advising center could have been much more helpful-especially my freshmen year. The advisor didn't know much about my interest in Information and Library Science, with is only offered in grad school, and wasn't able to help me pick a major that would best fit my goals, so I was left with little advice on choosing the best major.

The academic advising center could have better helped me by paying more attention to my past history as a student. At first I had trouble finding a major suitable to me & my advisor helped me very little during this process. My advisor also did not seem prepared during our meetings in helping me search for suitable classes to take.

I suppose the academic advisors could be more helpful in terms of not just telling the solution to a problem but how to get to the solution. I know its hard but sometimes they just expect to deal with a student in those 10-15 minutes that we are in there office and anytime outside is not there problem. They could of just followed the process of students more and see if things are working out. Sometimes we go to the advisors because we are just lost and need some guidance not just direct answers.

More jobs (and the same jobs) available to non-work study students.

Academic advising could be way more helpful- especially to have the advisors actually know about the classes within the majors they are advising and guiding you as to which courses will be most beneficial to you.

Academic advisors could take more interest in the student and send them personal e-mails about job/internship positions relating to their major.

I think that in certain classes there should be more guidance so that a person can get more knowledge out of the class.

| |
|---|
| WRAC--did not offer any groups relevant to my interests |
| The college transition help me a lot even though I lived in iowa city and went to Iowa City West, there was alot I didn't know about the university and that class helped me easy into things getting my feet under me |
| none |
| Residence Halls could have been more academically and intellectually stimulating. |
| More involvement with getting students to participate in groups and activities. Have more funding in the programs so students don't have to spend a lot to join. |
| If the field house rec. services were free I'd be much more likely to use them and perhaps meet many more interesting people. |
| None. I am extremely happy with my experiences here so far! |
| None |
| I really could not think of any. The University allows you to recieve or not recieve as much as or as little of as you choose. |
| Be less expensive so I don't have to work so much. (out of state is a pain) |
| I know this is a bit unreasonable but it would be a lot easier to learn in classes outside my major if TAs and professors had more office hours. |
| RAs could be more involved and interested in people to help them along. |
| The Seamen Center for engineers was a great place to study. |
| Nothing comes to mind. |
| The TOC will introduce you to allot of important people. Lots of guest speakers with unlimited knowledge come to speak to you. There are also many team building exercises. |
| Be more understanding. |
| I wish there were even more events to do that are free. |
| My major could have helped me more by having a general class that covers all aspects of the major instead of it being broken up into fields. Also i think by having an intro class as a freshman could have helped by introducing the university and majors that are overlooked. |
| The advisors could have been better at trying to get to know me and help me. |
| I'm really not sure. I wish downtown wasn't the huge draw that it is, in terms of students wasting their time, money, and life. |
| When I graduate in May, I will have no idea what the difference between a money market account or a CD is. I don't understand the stock market or know how to do my own taxes. I don't know much about searching for a job. |
| More control over intoxicated students coming back to the dorms and being disturbing. |
| The housing and dining aspect of Iowa is something I've been very disappointed with and feel it promotes a negative lifestyle. |
| More involvement with the University as a whole, there could have been a lot more opportunities for us to help/work with the University and the community as a whole with better relations and communication between them. |
| When I was in high school I was very involved with music and therefore I was a part of the University Symphony Band my freshman year. I felt that this experience wasn't a valuable use of my time because I felt that the variety of music wasn't great and I didn't feel connected to the material. |
| You never get to really meet the professors. They generally are not helpful and appear that they have their own agenda's. |
| I believe that the Academic Advising Center could do a better job in directing the lives of students. It seems like the only thing they feel they can do is help you register for classes. They're hesitant to be a counselor and counsel you through decisions. |
| living in the dorms has been a great way to meet new people and especially on a learning community where there are many people with the same interests as me |
| Again, I'm not quite sure what the question is asking. If the dining halls served fattier food that would certainly help me grow as a person. |
| I don't know |
| I think many programs need to do a better job of reaching out to their target students and informing them about the opportunities that their programs provide. |
| NA |

| |
|--|
| The Acedemic Advising office could have helped me with my schedule and helped plan and work things out. |
| There could have been more help planning a schedule the first two years in college. |
| n/a |
| The faculty at Financial aid could have been a lot more friendly. They are borderline rude to me every time i go in. |
| Unsure. |
| N/A |
| I would wish to have better academic advising from one of my advisers. He doesn't really seem to care about the student, but instead just do is job in as quick a way as possible. |
| Libraries taught me how to do better research. university housing has helped me deal with diversity. |
| None |
| To have alcohol edu presented in a different way. I had no problem answering honestly because I am an abstainer. However, I wrote a paper on student reactions to the course and found that most people lied about their drinking habbits. I believe that Alcohol edu should be costumized to spacific schools by have upper classmen and allumi give testimonials to their drinking habits and give advise to under classmen. Alcohol edu did not preach, which was great, and it was informative, which is better. But it lacked the personal touch of a person that has been in my shoes and wants to help me avoid their mistakes. |
| Nothing comes to mind. |
| I know the college of business does not require any type of internship. I believe it should be a requirement for students to obtain an internship to help prepare them for employment. The university should actively encourage students - with a class or through advising - to get an internship to supplement the available resources that are already in place. |
| I think oppotunities at the university could be advertised a little more. I think second semester freshmen year is a good time for this. |
| i wish i would have used the honors resources more. |
| Oppotunity at Iowa has shown me a lot about a world and people that I am not familiar with, and I am a better person because of it. |
| Nothing. |
| Not applicable. |
| - |
| they could help us interract with students of opposite sex or different backgrounds more. |
| More oppotunities for volunteering. |
| Burge Residence Hall could have helped me grow as a person if more time was taken to develop friendships amongst floormates. |
| I cant think of anything, overall it is a wonderful experience. |
| I am a dancer and often I will be on campus for 14 hours straight. I am also a double major and it is very hard for other professors to grasp how insanely busy I am |
| I am not really sure on what programs would have helped me grow if they had been here. Mostly because I probably won't know the answer to this question until later on in life when I discover something that would have been useful to learn about in college. |
| I lived in Parklawn my freshman year, which was a great place to live, and I had an amazing R.A., but I feel there could have been more activities or events for students to get to know each other. |
| More activities to meet people(floor activities, campus activities) |
| I have had some excellent experiences with Academic Advising. One of my current advisors seems uncaring. I was about to leave the country and wrote her to see if I could meet and she told me she was very busy. |
| Again, I haven't had much interaction with specific programs and parts of the University. |
| I wish Iowa really emphasised healthy living. Had more weekend programs so students wouldn't have to resort to alternative sources of amusement. |
| I think the university could lower their tuition so that I can use that money to buy better food! |
| By challenging me more. |
| I feel that they are very good how they are currently. |
| I listed some of this in number two, let's take surveys like this for example. Instead of sending it to everyone at the |

university and getting a reply rate well below 20%, why not take one discussion section or lecture and give every student a survey like this right before, after, or even during class. This way you could even do some sampling by targeting specific classes by department, age, etc. This seems much more effective than mass emails of surveys that have poorly written questions in a clumsy format that end up being too long. Get it? This is too long. I'm already bored and want to quit but I'm sticking it out so you learn something.

None

I think that most all of the programs should become more involved in a student's life and more opportunities should be given to further a student's academic and personal life.

I don't know

More teacher-student interaction?

None

I think if the fine arts were more closely connected -cinema, theatre, dance, art, music- we would all grow more.

you already asked this question (#2) Growing discrimination against smokers WILL be a problem.

There needs to be a stronger emphasis at all levels on trans/interdisciplinary studies WHERE APPLICABLE.

my learning community dorm floor could have done more business related things

It would help if academic advisers advised majors/programs that they themselves have been through or that they have more experience with at least.

the fitness centers could be larger and free to students. I would like class schedules more convient times. Teachers to have better english speaking skills. Registration for communication majors is impossible. And if the cambus could go other places rather than just to the dorms that would be very helpful!! Parking is horrible on campus too!

I'm not sure I expected any programs I was involved in to really help me grow as a person, but I would have liked my Academic Advising to have been a little more helpful. I found myself halfway through some semesters discovering that I didn't need a class I was in, but it was something my advisor had suggested.

None

There are so many opportunities here which is great, but it is sometimes overwhelming to find what you want to do, or to make it work with your class schedule.

i can't think of any improvements i would make so far.

They could have been more specific with career paths and told me about more university options to help me.

From my experiences thus far, nothing needs to be changed about specific programs.

Well, I pesonally like things here, it would be nice though if math lab had more tutors, not to say there isn't enough, its just that when I went there, it seemed that all of them were busy.

I don't have any new ideas.

I don't know....

I wish academic advising had put me in better direction and told me that certain general ed courses would apply to my major and fill two requirements at once rather than having me take many unnecessary courses and telling me they would count towards my hours for gradation. Hours for graduation can easily be for filled while you are working on a major. This has wasted so much time and money for me. There are not enough sections of ASL - this held me back for my language requirement. There should be more special education options (ie: secondary special ed / sever and profound) If Iowa wants more teachers they should be prepared to properly educate more of them. Plus, my education adviser has been very curt and though i have repeatedly requested it, has failed to help me make a plan for my future. What are they paid for?? My first adviser was at least nice, even if she didn't have me taking things I needed, she did reply to any questions and worries that I posed to her. She cared.

The Dept. of Geoscience has helped me grow as a person in positive and negetive ways. I've learned how professional geologists, whether in acadamia or industry become successful, and I've also learned what to avoid.

I feel that it is up to the student whether they allow for people to help them grow as an individual. We are at a larger University and you can just be a number or you can make a difference. I have chosen to make a difference and contact and show that I care in my career as a student and future.

I can't think of any.

The psychology program could have been integrated more with other departments, i.e. offering special topics courses in women's issues, race issues, courses about stigma and oppression, etc. I have also heard many people discuss how they would like to take a psychology course about the psychopathology (or lack thereof) in serial killers, which would have interested me as well. Also, strengthening the women's studies and african american studies programs would add diversity and interest to my education by providing me with more courses and a richer environment in which to explore pertinent issues.

Academic Advising. I know plenty of people who have advisors that have not helped them at all--my advisor, for example, tried to help, but he wasn't educated in advising, so he didn't really know any more than I did. If I looked on ISIS and couldn't find the answer to something, he would just look at the same things I did. They should be trained somehow.

I think that the Career Center could have better helped me to determine exactly what I wanted to do. I had to turn to the business school to figure that out, and once I determined what field I wanted to go into, and that I wanted to work in downtown Chicago, the Career Center told me that I was pretty much on my own to search for jobs and internships unless recruiters from that area came to campus because they focused more on keeping students in Iowa. Which is great, but that's not what I wanted to do, and I don't think that is what would help me grow as a person. I had to turn to friends from other schools (like the University of Illinois) and utilize their career services.

I think the Honor's program could do a better job at getting people involved and getting to know each other.

My academic advisor has been relatively unhelpful as professors frequently are not aware of rules and regulations regarding registration, and I have relied entirely upon ISIS to plan my semester schedules in an effort graduate on time.

Having more interactive and personal situations would have been helpful.

I have enough responsibility and don't have time for extra cirricular programs. I work two jobs and go to school full time.

My major, Comm studies, has helped me tremendously to better understand the mechanics behind communication. It has helped me grow as a person by becoming a better communicator.

Much more individual attention and more frequent student surverys of these programs and classes. If I have a problem with a class, often a large majority of the other students do as well, but we have really no comfortable outlet to make our opinions known until ACE evaluations come at the end of the semester (telling a professor or department figure to their face simply does not seem like a great idea - I feel that most people would be unreceptive to such a comment). And, I can't believe at all that those are taken seriously (the ACE forms). If I hear from students about past problems in a class and they are still there, how is this process helpful at all? It just gives false hope of improvement - I've only heard of 1 course in my now nearly 2 full years that has been changed significantly in its format to improve itself for the student's sake

There were a few classes (night classes) that covered too much material in too little time; I felt these classes taught material I wasn't able to apply to my real life because all the material was basic concepts and applications.

I was an honors student up until this semester. I have never once participated in any of their activities. They need to stop sending just email notices but instead show their faces to get the word out into the student population.

The University needs to encourage students of ALL majors to get more involved. So many of the students involved already are poli sci or business majors - there needs to be more diversity and involvement.

The University Libraries could offer more quiet spaces to study (I realize they just added some this semester). Academic Technology Services could add QUIET Computer Labs, where talking on cell phones, chatting with friend, etc. are not allowed.

University Housing activities put on by Resident Assistants could have helped our floor grow together as friends, but all the activities created little interest and seemed forced.

I could have used more involvement from student housing. Someone to encourage me more to get out and meet people when I was a freshman.

Again, I feel that some of the academic advisors could improve their skills in actually giving advice and resources to students who need guidance. (Also, in terms of resources it would be helpful to suggest actual people students could talk to about specific careers and majors versus websites and books.)

I have no idea

all of them

In four years there was not one concert featuring a current big name band near Iowa City. A lot of work definitely needs to be done to enrich the music scene around campus. Finding more relevant and exciting speakers to come to the campus would be good as well. I feel that the current people in charge of finding speakers leave a lot to be desired. It may just be a problem with advertising but I did not hear of many speakers coming to campus that sounded worth listening to.

The undergrad art advisor, Evelyn Weirich, is somewhat unapproachable. She is on occasion helpful, but usually is irritable and even rude.

not really sure

Provided me with Teachers that had a strong command of the english language. Also, by having a statistics lab that is bigger than a closet, opened for most of the day, and has more than one T.A. working in there at one time. The second-grade option policy also upsets me by limiting it to three, if your paying good money you should be able to take a class as many times as you please until you master the subject by limiting a person who doesn't know exactly what they want to major in they might waste one of their second grade options on a class that won't really even matter once they figure out their major.

N/A

Have programs or Clubs ofr non-traditional age students

The Career Center was useless. They need to have more knowledgeable staff of the options students have.

The academic advisers need to get their act together. I have emailed Rachel Williams twice about an important advising appointment, but have not yet received a response. One of those emails were last month. I was also assigned an adviser who is supposed to be gone until August, that is why I have to talk to Rachel. I also disliked the lack of important information during orientation. I had to find out from another student how to use printing here and how to pay for it.

The honors program as a whole could have been better. They need more social activities.

Living in the residence halls helped me understand the different types of people that I DON'T like, but didn't really open my eyes to the type of people that I DO like and that I would want to spend my time with. We could have done more activities together as a floor or as a dorm, or been better informed about organizations outside of school and the dorm life.

The honors program could have more info about what they offer and how to get into graduate school, offer more scholarships to summer study-abroad students, more comfortable study areas, free coffee at the library, more opportunities for students learning foreign languages to speak them outside of class, closer connections with professors, more professors, smaller classes

The Writing Center is helpful in making my papers better, however I don't always understand why the switch is better than what I had written.

The Honors Programs could have done a lot more when I first came to the university.

Not required me to take all engineering classes and let me have some freedom to take classes with different majors

Allow more decisions to remain in our hands rather than the schools or parents.

I really wish they had on-hand mentors to help undergrads

Orientation could be much more useful, but without easy to follow academic policy information orientation is basically only good for the maps you get. Academic advising could also be better, perhaps by suggesting activities, events, or student organizations to students. Again, this is unreasonable seeing as most advisors have too many advisees and either do not know of such activities, events, or organizations themselves.

If rhetoric had better guidelines for teachers.

More activities involving a diversity of people.

The Campus Crusade For Christ has helped me grow by showing me the true importance of having GOD in my life.

Professors should know that students will be asking them for letters of recommendation. Heads of departments have in their job descriptions that they will be asked to decide on student complaints that are unsatisfactorily resolved at lower levels. Every professor I have ever had has included the relevant "Student Complaint" portion of the Student Handbook in their syllabus. That section includes the procedure for filing such a complaint, which includes escalation to the head of the department when a complaint is not resolved in any of the previous steps. For a head of a department to pretend a student wouldn't possess that knowledge is baffling. Accountability should be expected at all levels of employment anywhere.

The library computer lab is often full. More university accessible computers would be nice. Mostly only a problem the close to midterms/finals.

Academic advising is severely lacking. I'm not even sure my adviser knew my name, and I had taken a class with him in a very small department. I basically advised myself and managed to get my BA in 3 years thanks to my own organization and planning.

Unknown

I think the WISE floor could have done more to get us closer together. I only made a few friends last semester and I feel like I don't know anyone on my floor really.

I don't know if there are any programs that I would utilize for my own personal growth, other than academics, where I am gaining personal experience and growing as a result of my involvement.

I think the advising center might have been able to give a little more insight to me as a freshman- in planning, goals, and giving me information on achievements and rewards I could earn. also opportunities that the university offers such as scholarships, studying abroad, etc.

The hours that some of the programs keep are ridiculous. My program schedules class from 8-5, so obviously I can't make it to any offices during their office hours. It makes some things on campus extremely hard.

I wish the Career Center would be mandatory for younger students who are unsure of their career path. The Biology courses at Iowa are very large, and I did not get to know my professors as well as I wish I could have.

none

I think the Academic Advising Center could be better than what it is. I hate that when you make appointments that you can never get one over 20 minutes. I want to sit down and talk to my advisor and discuss career goal and pathways on how to get there. I also want to tell them how I'm studying and such and perhaps they could direct me on how to do better.

The dorms could have offered more appealing programs to better aid in the socialization of new students.

My RA tried to organize events for our dorm, but no one seemed interested. It would have been nice to have events people would actually attend so we could get to know more people.

The career center might have helped me choose a career path when I felt like I did not know what I wanted to do with my life.

stop ignoring theatre. give that program money. show support for them in the university. make it as important as football.

the academic advisors should be more into the students life, not just keep a file on that person. have them go through your everyday life and DO things that you do to have empathy for the students

I took two years off between high school and college. On my housing application I requested a private room as my most important room preference. I did not get that, and feel that has really affected my first semester here at Iowa. The floor I am on is VERY VERY loud, and sometimes I am awoken during the middle of the night. Sometimes even on Mondays and Tuesdays. I feel that since I was a bit older as an incoming freshman, they should have been able to see that maybe a private room would have been more appropriate.

I've just began, I dont have a full semester under my belt.

TA's could be more qualified. Sometimes I feel like the staff is not up to par with the other colleges. They may know a lot about the topic, but a lot of the TA's I have come across don't really know how to teach. This has been one major downfall that I have found while studying here.

there could be much more information regarding the programs offered here at the university of iowa.

NA

None, I think the programs here are great.

I wish there would have been more programs that dealt with religion or spirituality. That would have helped in encouraging me in my current faith.

ESL redaing course helped me a lot to improve my english

No specific programs that could be helped.

I think as far as the Communication Studies major is concerned they should offer specific types of communications majors. It is a very broad major and i think if maybe you could graduate with a communications-advertising degree or some other specified comm. degree we would be better prepared.

The Honors Program could be more helpful, kind & offer more events. Academic advising could be a 1000x better than it currently is. Advisers should be knowledgeable and personable and helpful. . . . It would also be nice if professors were better teachers (and not just good researchers...), which would help greatly. Also, it would be great if freshmen were made aware of more of the great opportunities UI offers (orientation was 2 days of worthless information!).

to have a less generic way of contacting students about stuff to do on campus than e-mail.

More Professor/Student interaction. Less TA/Student interaction.

The Honors Program could be improved. The Honors Program is less academic oriented (after being admitted) and is more volunteer oriented, which isnt bad in itself, but for those without the time to volunteer, it becomes an empty and useless program. More attempts should be made to diversify its activities and involvement.

Have wireless internet available throughout the entire campus - it would be very nice to have it in the dormitories.

They could have provided more opportunities to improve my leadership skills.

Dance didn't push me to my maximum ability and i fell that it was too relaxed for my personality type.

My academic advisors could have cared about what I wanted to do with my degree and helped me make a four-year plan.

I think there could be more help with advising and career help. With so many students to advise, I feel like I might not be doing all that I should because I am a number on the busy schedule.

Career Center. To find a job

Cheeper Books so that way I can actually save money and one day be ale to move out of Iowa and start my own career

Give a reminder email or orientation about all the services that are out there for us to use. Sometimes you don't remember that you have these things to use.

Other than my freshman adviser, I have had nothing but negative things to say about academic advising at this school.

student health was incredibly difficult and showed apsolutely no interest in helping me, acedemic advising was a waste of time- and left me without important knowlege

None

Rec Center as helped me stay fit and healthy. The IHR assisted me with a job as well as training in electronics and metrology.

| |
|--|
| none |
| Academic advising and the career center could be more helpful with letting you know what is out there for majors and careers. I know you can get information about majors on-line, but they could help you understand exactly what you can do in the field with that major. |
| I think that the people in the cafeteria could be friendlier |
| AlcoholEdu was a huge waste of time. No one actually watched the material or learned anything they didn't already know. |
| I thnk I could have used the library more often. |
| Acad. Advising: I just wish I would have been given words of caution or circumstances that can occur that I wasn't aware of. |
| Have more caring and knowledgable academic advisors |
| Honors Program - I feel as though they could have reached out to try and get students more involved in their activities/classes |
| unk |
| The board of regents. I can't do anything besides go to class and work because my tuition is ridiculously high. |
| n/a |
| I would have liked more time with my academic advisor and people at the career center to learn about what my future could hold. When it comes to my major, I would like to learn more about what will happen once I graduate. |
| They could have TAs that speak English clearly and can answer all of our questions and not make us lose our self confidence. |
| More Independence |
| Academic Advising. |
| better student to staff ratio. |
| I do not know |
| I feel very unsure of my declared major right now because as freshmen and sophomores, engineering students are not exposed to the types of projects or problems engineers deal with in the workforce. I think that meeting or visiting with professional engineers would help me choose a career. |
| Overall, I didn't find the Writing Center to be very helpful. I would bring my papers in and have them look it over and I still would end up with a B or C on the paper. |
| More support from the psychology department, and more pre-med support would be nice. My advisors never have advice that I can use. Not suprising, I guess, because they aren't doctors. |
| I like the services here. The ones that I am interested in and attended were really good! |
| By keeping up dorm life activities and having them in many different locations. |
| None, see question 2. |
| UI TV may provide more TV programs that discuss community issues. |
| N/A |
| Career center |
| if intramurals could set up teams rather than you having to make your own team |
| Rhetoric department, my T.A. was highly underqualified, I felt she did not understand that our class was a group of freshman from all different levels of high school english education and graded us too harshly, affecting our gpa in a way that did not reflect our work habits or abilities. |
| Academic Advising could have been more stable. Also, program fees could be less expensive |
| Sometimes I think instructors could be a little more personal, but I understand that that's not always easy. |
| The academic advising is horrible and needs to be changed. I understand that this is a big school with lots of students but the academic advisor is someone you are supposed to look to when you have questoins. When I pay this much money I expect somebody to be there when I need advice. I went to my academic advisor for a couple questions on different majors and all I got was websites which I could have gotten myself from the uiowa website. I wanted somebody to talk to about the majors I was interested but I got pushed out the door. Now I am at the end of my sophmore year without a major because my advisor is more worried about how many students she sees a day then the actual student. I have put the responsibility in my hands 100% and narrowed it down to twomajors though. |
| As an art student, having more art advisors which to speak to personally, would have been helpful. One advisor for the whole department is not enough. |
| Just to be more apt to get to know people and have a sincere want to meet and get to know people. |

More personalized attention from academic advisors, both early on in general Academic Advising and later in advising in my majors, would have been quite nice. I often felt like no one was looking out for me but myself, as far as meeting requirements and planning for my future.

When searching for courses at U of I: issues with computer literacy courses. computer courses don't seem to be stressed enough for all students. Web design and associated programming as well as database building are both skills that will set graduates apart in a variety of fields. Yet when I looked for an introductory web design course for non-majors I found only a course designed for webmasters of school programs. The courses in database design were limited to business and computer students and required various prerequisites.

I think everything that I have seen around has already helped me and acknowledged me in some way or another.

Better academic advisors.

College of Business Advisors

n/a

Confidence has always been an issue when it comes to me and how I do things. All the extra things offered at Iowa like the Math lab, on rec center have helped me meet new people and do things that I didn't think I could before.

The College of Engineering focused on academics, but I found it was a focus on PEOPLE that really made things interesting. Engineering could have been a lot more helpful when it came to moving to the CLAS. I was kind of tossed out the door and was given no help as to how I should get an advisor or what I should do.

na

There is too much of a focus on sports and drinking. I feel that in order to be able to grow more as a person I really need to be surrounded by students who care. I find it interesting that I am encountering this problem since I live in Stanley on the Women in Science and Engineering floor, if the brightest science/engineering majors do not take their education seriously then I do not even want to think about what the rest of the student population feels.

I wish that living in the dorms would have been a better experience in terms of meeting people with the same interests. It would have been nice to make friends earlier and have support from other earlier on. I was matched up with my complete opposites and struggled with my first years as a result.

I 'mm sure that the career center would help trememdously. But I work a lot and don't have as much time as I would like.

Opportunity at Iowa has helped me to feel part of this community and has enabled me to give back and encourage others like me, to pursue a college education.

I have found the career center to be rather disappointing.

A lot of advisors, and some teachers, don't really get to know the students. Granted they see hundreds, if not thousands of students everyday, but there are teachers and advisors with the same numbers that do take the time to get to know these students. Just a little bit of individual attention can make a huge difference.

none

The health centers should be closer to the central campus and free. And it should be easier to have a car on campus; life does exist off of campus.

N/A

ZTA

Having better and different activities for students who choose not to drink. I had a difficult time finding friends that did not enjoy partying every weekend because there were very few alternative activities or programs.

I admit that I made my own mistakes, but I also feel that I was allowed to go "through the cracks." There are very good people here but I would never use the general advising center again.

Wider class selections.

A better and more-informed academic advising situation my freshman year of college would have been more useful to plan ahead instead of having to catch up and take last-minute courses.

My RA's in the residence halls were never very involved, so I feel like I might have missed out on some bonding times with dorm-mates.

Just a general improvement in more diversity related events would be good.

I felt that the foreign language department was too demanding and more worried about staying on schedule than students needs.

Again, AIANS and its professors. Thier wealth of knowledge and thier ability to connect with students and work on issues surrounding Native Americans is of utmost importance.

The Office for Study Abroad improved my cultural understanding and social skills. The RA Position helped to improve my conflict resolution, leadership, and mentoring skills, and my internship helped my dependability and responsibility especially

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| in a work environment. |
| Better Recreational Center, Better on-campus dining options |
| Academic advising, for me in engineering, was not very helpful. Although in the college of Liberal Arts it was much much better. |
| The Dance Department could have been more helpful in preparing me for resume writing and developing contacts in dance. |
| I really haven't sought to maximize these programs, so I cannot speak to their shortcomings. |
| It was hard for me to get involved in the honors program. Without a specific contact person, or someone to meet with I found it hard to get interested through being on the Honors email list. |
| None |
| I think that there should be a refining process when assigning an academic advisor. |
| I would have like to see more service learning in classes I enrolled in. I have taken two classes with service learning components and feel that I grew a great deal because of it. Being able to put what is learned in class into practice through service in the community has taught me a great deal about myself, and I feel that many other students would also benefit from similar experiences. |
| the Career Center |
| Academic Advisors have often been unable to look at the big picture and understand the whole scheme of my agenda. *I'm speaking of advisors in Tippie COB, not PCC. PCC were very good. |
| The career center should have more knowledge and items for people looking into going into professional schools. Get more books, including more AAMC and residency place matches (ex for medicine). I could have really used these. |
| Some need to be more open in schedule. For example, the fitness and dietician people are only available on Tuesdays and Thursdays. Why not have more people to be open on other days? |
| I dunno. I haven't used a lot of the stuff offered. |
| This univeristy, it feels, kind of enjoys making everything as complicated and irritating as possible when dealing with the beauracratc part of things |
| The nursing program to be far less discouraging. Other four year colleges like Marquette university will get you through nursing school in four years. I feel like I was deceived as a freshman into believing I could graduate in four years, the course load makes that incredibly difficult. |
| Make clubs more available. What is offered? What all does the University offer that I don't know about. Make fitness centers more accessible. |
| The University of Iowa Student Counseling Center has helped me grow as a person. The program helps me deal with problems in a productive way. |
| my sorority has taught me a lot about myself as well as others. it has gotten me involved in community service |
| career perspectives |
| nothing |
| unsure |
| I wish that there were a way to participate in more events, but normally everything seems so exclusive and I feel as though it's very difficult to participate in everything, considering my demanding and intense major. I don't really know if the University could change these things, but it's more a change in my own personal habits and time management capabilities. |
| n/a |
| idk |
| Academic Advising is very deficient I believe. When I was in both the liberal arts and now in the business advising, they are not helpful and have even failed to inform me of a prereq I had to take before graduating. |
| I wish the math lab wasn't available on a first come - first serve basis. I find it difficult to find a helpful tutor and I need their full attention in order for the session to be beneficial. |
| Don't charge semester fees for the recreational center. |
| NA |
| The Business college throws a lot of worthless time-consuming B.S. on students that gives them nothing more than time management skills and a method of slipping through the cracks, specifically most of the Core Business classes...absolutely worthless |
| Academic advising could have been more available and helpful as a whole! |
| N/A |

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| N/A |
| I think everything I have used has worked just fine. |
| None that I can think of. |
| Better academic advising. |
| n/a |
| The program was great when I used it 4 years ago and should not be changed. |
| N/A |
| none |
| Undergraduate Business Office/Department of Major could have had students assigned to specific advisors that would track their success more closely. |
| I was hoping the Academic Advising Center would have been more helpful then it really was. It's a place I would like to go to and have options given to me and walked threw. I know college is a time to be independent but if any resource could be there to guide me with my future goals and career plans course work etc I was hoping AAC would have been my crutch. I feel like another student and generally never get advice that I feel like the advisor really means. |
| They have made me to be more independent as a person. |
| Academic Advising lacks in the engineering department, they dont know what they are talking about |
| Increase communiation and interpersonal skills Increased knowledge about career field |
| The school of business should have a healthcare and business program in it's curriculumm. |
| More student organizations |
| ? |
| Academic Counseling was basically worthless for me. The only counseling that has been of service to me was my major advisor who was in my department. The academic counselors at University Counseling did not seem to know what they were doing. |
| None. |
| financial aid clarification |
| There is nothing that I can directly think of, I have thoroughly enjoyed my time at the University of Iowa thus far. |
| I cant think of anything |
| Being an English major with an emphasis on Creative Writing, I believe allowing more workshop and creative writing course would have helped to build my skills in writing. |
| living in a better dorm environment with better food service |
| I would have liked better assistance at the finacial aid department. I never knew why I was being charged for what and why. |
| The honors program. |
| None of them have really helped me to grow as a person directly, however the university learning communities have brought together all of the people that themselves have helped me to grow and mature. |
| Sometimes i go into the help labs and there isnt someone in there that can help me, or is busy. |
| I should have been more interactive with the programs, but I am married with 5 children and most programs don't suit my needs |
| I guess I have not found any that are relevant to me |
| I wish I'd had an RA who took the Quiet House rule seriously. It's hard to study when your floormates are yelling down the hall to each other or slamming their doors because they're amused by the loud noise it makes. |
| The academic advising center at PBB needs to be changed. When I was a freshmen/sophomore I had a great advisor who was very personal and told me what classes to take to graduate in time. Thus, I was on track when I was being advised with him, but I slipped in planning as soon as I changed over to the business academic advisors. If you dont believe me when I say they are terrible, and do not help you, I highly suggest you put out a survey for the business advising center and I am 100% sure it will come back with the same information I am giving you now. The only function they serve is to clear you for registration and give you that special number so that you can sign up for classes. |
| I'm not too sure, I don't believe the math lab did anything to help me grow as a person, it did force me to be more reponsible for my homework though |
| The fact that this department is not peaceful is disturbing. Not just the relationships between some of the faculty, but also the relationship between the department and the dean have just added stress and have clouded issues of conflict further |

within the department.

none applicable

More information on our majors as applied to career choices

The dance department could have helped

The academic advising here at Iowa was subpar. From my experience and talking with many other students about this topic it seems that that service is in great need of revamping for it is veiwed as an inconvenience and even useless as it is now. Though it does provide a workout for students to go to the advisors to register, add or drop classes. It is important to note that advising within my major was better than the general advisors. However this is not always the case.

None as of now.

The advising in the art department

NA

have not participated in any programs

I think the parking options suck. Have better parking around Slater. The storage lot is too far away.

I have no complaints.

Have service learning components in more classes. These provide invaluable experience.

ASCE

More career oriented experiences.

Advising basically sucks everywhere, cut the advisers and that'll save us money on tuition!

The only program I have been involved in has been Campus Crusade for Christ, so I have not had experience with other university programs.

Academic advising

none

I would have liked to have my same academic adviser all the way through so I could have a personal relationship and trust with him.

More fitness facilities that were either free or discounted.

I don't have time for other programs.

I have not had a lot of time to be involved. Homework is extensive.

The academic advising was terrible with my experience. My advisors have not really helped me at all, they have made my progression through school harder.

Better TAs, more one on one acadademic advising apts inforced (with the group apts i usually didnt know what questions to ask)

Academic advising could have given a more realistic description of average course load expectaions. Also the majors here should REQUIRE internships and co-operatives that allow you to transfer knowledge out of books and into the real world.

I would have liked to take more art classes, but I never got a chance because the college is so restrictive. Elements of Art must be taken first, but that class fills up so fast that I was only able to register for it my last semester. I wanted to expand my creative abilities, but didn't get the chance without having to get at least a minor in art.

I don't know

i cant think of any

Football games.

Easier access. The parking situation is AWFUL, and sometimes just going to work out or just to get to my car can be hard. I would think that all the money the U of I gets it could come up with more or at least more affordable ramps, etc.

academic advising

I think the academic advising could be a bit more helpful with thinking about possible careers. I know about the career center, but I feel as if it would be a lot of help if more ideas were thrown at you in meetings.

More direction and advising in the field of academic course offerings, and information on where a certain major will place you in a certain field.

This question is awkwardly phrased. Plain English works well too.

My Matrix Algebra teacher... can't understand one word that he says. That doesn't help me much.

i can get along with people better

I would have liked if there was more help in finding and having access to summer internships for people in the College of Liberal Arts and Sciences. It seems like people with engineering and business majors have lots more help and opportunities to get internships that will give them professional experience for after graduation.

I have been fortunate to attend various lectures that have been sponsored by University of Iowa programs. Namely, the writers brought to Iowa through the writing programs (IWP), and speakers through the Lecture Committee, as well as International Programs.

I wish there was more volunteer things that would be advertised.

I haven't come across anything that has made me feel like it was limiting my growth as a person.

The journalism department mainly tried to encourage their students by threatening them with unemployment and failure.

I do not have anything to say here.

Rhetoric teachers that just give you a grade and don't tell you how to improve or how you got that grade aren't helpful at all.

None

I think some part-time jobs could be more open to international students.

Finding ways to better reach students, especially transfer students. There are likely many programs at the University that I am not even aware of and many that I was not aware of until my senior year. As mentioned in a previous question, in order to pay the high price of out of state tuition, I have had to work a full time job. This means that a lot of my time is taken up by working and classes, so I do not have a lot of extra time to seek out extra information on programs on my own. I feel that the advising that I have received has been limited and not helpful. I also feel that the responses that I have received to emails from administrative faculty at the University (in various departments) have usually been less than helpful and often times does not even answer the question that was asked - which has left me wondering if my email was actually read. In addition, I feel that getting into many of the classes for my major is often very difficult. Due to the large size of the University, most of my classes before my senior year were large lecture classes where it is very difficult to interact and engage with other classmates and faculty.

The Elementary Education program has helped me become more well spoken and outgoing. It has also put more confidence in me.

Adding and dropping classes could be improved by being more streamlined. If the entire process were available through ISIS, instead of having forms to run around to advisers, teachers, and department offices, and then finally submitting to the Registrar's Office, students would avoid delays, long walks, and other occurrences. Transfer integration could be improved in dorm life.

Just the liberal arts and sciences college altogether have helped me become a critical thinker and brought me cultural experiences that wouldn't be possible back in the hometown.

The wellness center offers a lot of help in terms of working out and eating right and that has helped me become more fit and confident in myself.

I feel as though some programs do such a good job helping students that they don't teach the methods but rather just give answers.

The main library is outdated and useless. I like the honors program but it's really self directed. I've never really talked with anyone connected to the program. There isn't enough programs that the honors program or support services hold that I am interested in.

all programs i feel have adequately helped me

classes based more on real life experiences

Friendly staff would be a start.

I wish there was some place we could cook for ourselves. I mean the dining center is great, but I miss my stove!

The Honors Program does a great job of exposing students to many different types of people and cultures and important issues in the world. I think they need to advertise more so that more of the Honors Students can be reached.

The academic advising center may as a whole be helpful to many students, but my specific advisor did not know the information that was crucial for me to excel. I would suggest testing or regular evaluations of each of the advising staff to avoid bad experiences like the one I had!

same as what I said at the top

by bringing many kind of fraternity clubs, it really help us to have a better friendship

see #5

it would be nice to have a time management and money management crash course before entering out on my own in an apartment.

Actual advisers assigned to a student, rather than just whoever is available. Not enough time to get the information you need.

The School of Music administration and faculty needs to communicate better and keep personal issues out of a supposed student-centered environment.

lecture series

Friends, living in the dorms.

I wish there were more opportunities for freshman to do undergraduate research.

The course college transition could have helped more than it did.

Life in the dorms made me more childish and less independent than I used to be.

Living in the dorms..could have had more resourceful programs, for older students.

NA

Health Iowa Counseling = 30 minutes of time in which I learned nothing, was told I was probably one of the least problematic people that ever was sent there, and then getting charged \$100 with a smile.

some advisors don't seem to be very interested in helping you, it seems almost like they just want you in and out of the office to save time

No comment.

better communication between the advisors and the people in charge of the graduation and degree analysis

I can't say that I've had any negative experiences and that every program has helped me grow.

The academiv advising center could improve a lot. My academic advisor freshmen year really didnt help me at all. I came in undecided and she idnt guide me at all

I feel that being in a Fraternity has helped me greatly.

As I've said the Residence Halls could use a boost to their extra-activities (watching movies etc), repeates of the DDR night (which included free food *smile*) allow people to get out and meet other people. My biggest complaint against is against the Honors Program, I'm sure the people involved are enthusastic and do a great job, but I feel incredibly ostrasized and out of the 'loop'. It would help a lot if they would have some sort of oreintation for new additions, so that we could get into the building and meet our fellow honorees.

I am content.

I dunno

The writing center drastically helped me improve my writing skills and there for gave me the ability to feel confident about my own writing abilities.

Make every Freshman and Sophmore live in the dorms.

Get rid of the foreign language requirement or do something different in regard to non traditional students.

University of Iowa Housing could have helped me more. My dorm is anti-social

I wish that the University of Iowa had a better academic advising program because I never felt like they even cared or knew enough information to help me take classes that would help me grow as a person.

Do not know.

Having a bigger student involvement fair at the beginning of the year. I felt the clubs that were displayed only portrayed a small portion of what is available.

academic advising could be more career-focused and help the individual see what kind of career options his/her major will create

don't know

I think that Westlawn and other health services could be greatly improved. I know that I have paid a health services fee, but it was never explained why we had to pay that. More importantly, I do not know what services this fee entitles me to. I have looked on an explination of fees, but they are very vague and most of the time they take me to the same one.

I think the University of Iowa could push students a little bit more to become active leaders and role models. Rather than just mass emailing kids why not go from class to class and speak with them?

I feel that if there were better advisors (general advising) who tell you everything you need to know and set up a college plan for you, things would be a lot easier and stress-free. If my advisor would have at least told me to take more internation studies classes just in case i didnt get in the business school, i wouldn't be stressing about staying here longer and trying to raise my g.p.a

they have help me network with people currently in my discipline

| |
|---|
| None |
| academic advising didn't seem to concerned with me as a person and how my major or classes affected me personally- it seems very black and white at times. Do x,y, z and you can leave here in four years. |
| By having better teachers, seeing as they are the stem of learning. |
| The only one I can think of is if there was a program to help students get information other than by the internet. |
| haven't attended long enough to tell yet |
| EXPO could be easier to use |
| Nothing comes to mind. |
| I think that SSP could be more helpful. I don't think that they really know what they are doing. They really have not done much for me at all. |
| n/a |
| Unsure |
| It would be helpful if more classes were available, teachers were willing to work and help students, and the discussions need to be improved dramatically. |
| people could give a shit about the students |
| I transfered and if they would have had more activities for transfers I would have met a lot more people. |
| Some course i have taken have made me allot more stressed out then at first thought they were going to. |
| There are probably programs out there to help me, I was just either unaware of them or too busy to take advantage of them. |
| I believe that there should be more services for student who have an open major to help them decide on a major. |
| I would've like to been made aware of a website or resource of some kind so that I could find programs that were suited to my life and my schedule. |
| Increase "advertisement" and availability of programs focused on things I need to know when I venture into the real world |
| I don't feel a sense of community like I thought I would. It seems as though everyone is focused on their needs and their friends, like they are content enough. |
| Honors program-- I thought the honors program was kind of pointless when I first came here, they just sent me emails all the time. I wish I had decided to pursue an Honors degree program much sooner than my senior year. I think I would have gotten involved sooner if I had been talked to face-to-face by someone, either a student or staff, and that someone had talked me through the process more. Academic Advising Center-- My first advising session, before my first semester here, was horrible. My assigned adviser was uninterested and in a hurry to get the appointment over with. He signed me up for a class I had taken in high school. I have felt that advisers did not take me seriously when I did not know what I wanted to do or study. Those students are the ones that need the most help deciding which classes they want to take. I thought that none of my advisors cared about me or my college experience except for Jonathan Poulton, the honors biology advisor. He is the only one I have felt comfortable telling him what I thought of classes or instructors or what i wanted to study and do when I graduate. he is the only one that continued to ask me questions after finding out that I still do not know what I want to do for a living, or seemed to really listen to me at all. I also think that most advisers just give people their registration number without actually giving them any advice, which is what they are supposed to do in the first place. |
| Majors programs could implement intimate or personal ways of getting into majors programs, such as interviews. |
| streamlining advising services |
| Not having an original advisor that told me, "why do you think they'd let you do that?" with a wrinkled nose, that would have been nice. Or instructors that were qualified, and/or not flirting with the boys in the class. having the student-organization fair NOT during classes would have been nice too. And administrative workers that know where you need to go, rather than giving you the run-around, that would be helpful. And not having too many students for the university's instructional and living capacity, I'd appreciate that. |
| none |
| none |
| assign rooms/roommates for dorms based on personality surveys and qualities that are shared by two candidates for a room rather than being random. |
| n/a |
| A good exprienne that may helps after graduation |
| the librarians and itc people are always very helpful. |
| The academic advising could have continued to help me in my junior and senior years in the ways I had first become accustomed to. Also I could have sought out more school activities and programs to help me meet extra people and see |

other sides of the university.

Even though my advisor has been very helpful, I still feel as though he really cares as to what I do or how happy I am in the major that I choose.

I would have liked to have volunteered for a shift for Dance Marathon but I thought that the volunteer process and organizaion was not very peole-friendly and it discouraged me from volunteering.

I think everything is fine the way it is.

I wish there were more available appointments at the Career Center. It's always booked about two months in advance. Student Health is also the same way. Also, I think that more parking should be available to students who need it.

I stand by what I said in question 5.

nothing

Having children presents problems that most professors or TAs don't anticipate since most people are traditional students. A more flexible attendance policy for parents would be helpful...

In the School of Business students are required to take a Computer Analysis course. While the LAB portion of this course is very valuable the lecture is almost entirely irrelevant. I suggest making the course worth two credits and dropping the lecture portion of the course.

Counseling service is a big help!

I was disappointed with the honors program. It is just my personal experience, but I felt like I was unable to do the things I wanted to do. I feel in large part that this was due to a change in leadership part way through my college career. There are many opportunities within honors and I think that the program should expand to begin taking more active roles in other university activities.

The Advising could be better, more one on one with your advisor, maybe if they could know your name. I didn't need help choosing my major because I already knew what I wanted to do, but I think for people who don't know what they want to do, it's really hard for them and their advisors do not help.

I cant really think of any.

I do not have any ideas for this questons

Army ROTC has helped me be a better leader and a better person. UISG has helped me better interact with people with different beliefs than me

My advisor could have learned my name, or at least taken the time to correctly read it off my registration form.

Perhaps more interesting and helpful programs could have been offered for dorm residents, and more should be taught to students about what to expect in college.

I have no idea

i feel that academic advising within the psychology department is very impersonal

The engineering program is very rigid and unaccommodating when it comes to students who have extra-curricular activities such as athletics. Although I realize that the University of Iowa is mainly a place for education, there are other aspects to everyone's life that need to be explored, as well. College is not supposed to be all about studying all the time; it's important to meet new people and find something you're passionate about that you can continue the rest of your life.

If the University was going to go through the trouble of assigning me three different counselors, it would seem like those counselors would keep in touch and seek out the student for progress reports. I understand they are giving us the choice but if that's the case, perhaps we shouldn't be required to attend so many meetings with them in the beginning of our first semester.

Could have more tour information for transferring students to help ease into another college.

increased my ability to learn and study independently.

The advisors could be more knowledgable, and more available.

absence policy should be altered as a lot of students need to work while in school, and rarely but sometimes will be forced to miss school due to work. work is however a responsibility that one needs to adapt to for their future lives and also balancing work and academic responsibility is a skill to be learned not a decision to be made for you

I wish it was easier to join clubs and such... I know it's easy, but its not easy to do alone when you're shy.

The advising center could be more helpful and knowledgeable

the career center might have better helped me by actively getting out and around on campus so I could have known about it sooner.

The advising staff sometimes has so many students that they dont really get a chance to actually spend a lot of time with individual students

| |
|---|
| N/A |
| can't think of anything |
| The finance program at Iowa should also set standards high as the accounting program. Finance is a very competitive major among business students. However, I think they should incorporate the writing program into the department to give other students the necessary writing skills they will need after graduation. |
| I'm not sure what programs exactly, but all the people I've met have really helped me develop as a person. |
| I would have to say that each program has taught me something and I am still growing as a person even today. |
| Seeking counseling has helped me manage my stress much better. |
| The academic advising portion of the college of engineering could be changed to be more knowledgeable about other opportunities than just the set track for each major, i.e. double majoring or minoring, and what is possible and realistic for each degree. |
| Sometime it was confusing about which classes I needed and in what order. |
| I don't know if the stats lab is a part of the math lab, but if it is then its a joke. the hours are terrible, and there is high demand for more help. University housing is expensive and unhelpful is supplying students with other resources. The closest grocery store is how far...and the university still charges how much for a can of soup or note books? And the jobs they offer only pay a bare minimum (\$6.00 library). |
| I have found it somewhat difficult to use a lot of the programs available to me since I am unaware of what is available. |
| I think if there was more support from the advising I could grow to be a better person. It is frustrating when many of the people who declare psychology are usually pre-med or pre-PT, and they recieve more attention than the people who only declare psychology. I wish there was more direction and individual attention. I want to be confident about my future and have my courses reflect some of my future goals. |
| n/a |
| could give better academic advising, more financial aid, have more study groups or something for hard classes. |
| Not sure |
| have better RA's |
| advisor could have know about different majors and what classes to take, career center should help other majors than just mainly business. |
| The university does not seem particularly interested in any sort of challenge to the established order, and many departments and individuals are quite hostile to (and dismissive of) suggestions/calls for action from students. This would include, in my experience, the Office of Student Life, Residence Life, and Facilities Management. |
| I would have liked the opportunity to participate in short travel abroad trips over fall, spring and winter break. |
| I think that there needs to be more opportunity for organized charity work to offer students, and though i do get an email now and then regarding events, it is very hard to discern junkmail from important mail. |
| SWSA- More university support, funding and recognition School of Social Work- more advanced technology needed, building repairs, additional staff |
| not sure yet |
| Academic advising could have been a little bit more helpful, especially by giving me better information about majors when I changed my major. |
| Maybe if classes were encouraged to group study or if that specific class would hold study sessions once or twice a month even, I think a lot of students would draw knowledge from this. |
| Everything and everyone here at the University of Iowa has helped me. I haven't had a thing not help me so far. |
| The RA's in the dorms could be more friendly and open. I hardly saw my RA outside of the 2 or 3 required hall meetings for our floor. She did try to encourage us to come visit and talk with her about nothing or everything, which is a good quality for an RA, but she was very quiet and not someone we were very comfortable talking to, as we didn't know her. She didn't try to get to know us.. not that she didn't want to, but she just seemed like she didn't know what to do and was just awkward at being an RA. First semester freshman year was confusing, so I had a lot of questions, but never felt comfortable asking an RA. They seemed distant. First year students need a lot of encouragement and friendliness, and thats how the dorms should be anyways. The academic advising center is always a helpful place to inquire about something, and I like my advisor, but I could have been better informed about my major. Freshman year I didn't really know much about how many credits I need to graduate and what kind/how many courses my major required me to take. When I had my advisor meetings he basically picked out for me what I needed to take, giving me flexible options, and then I decided the specifics. That was totally fine with me, because he was the one that knew what was going on, not me. I didn't take it upon myself to research more into what I would have to take in the future, and my advisor didn't really advise me to do so either. We briefly went over it, but not enough to make me realize that it was a pretty important thing to take into account for the future. Right now, I am |

behind in credits for two reasons - which are both my and my advisor's faults. I retook a class for a better grade (SIDE NOTE, I ended up getting a terrible grade the first time around because I was struggling with undiagnosed mono as mentioned earlier...), and didn't take into account that the semester hours would not be counted twice. If you think about it, it is very logical, but when you aren't informed or reminded about it, sometimes a thing like that will not quite register. So, I thought i had 3 more credit hours than I really did have. The second reason I am behind is that I didn't plan well. Part of this is because of the class I retook and part of it comes from not knowing what classes I had coming in the future. I should have applied for the school of education during fall of last semester, but I didn't have enough credit hours. Due in part to the change from 30 hours to 40 hours, due in part to the fact that my advisor didn't push me to take more classes as a safety net. These things could have been avoided had my advisor worked with me a little bit closer and made sure I was taking everything seriously and taking every aspect into account. Again, I like my advisor and a lot of these problems are also my fault, but as a student advisor I think he could have been more on top of my progress (or in this case non-progress). I'm not going to lie - my parents are pissed that they are paying a full out of state tuition for me to be here, and now we have to pay for summer school because of a few things that could have been avoided. Courses get full very fast. A lot of first and second year students are only taking gen. eds, and even those classes fill up rapidly. Those with fewer credits (especially incoming students) get stuck with classes they don't want to take, because all the good ones were already filled. By good, I don't mean easy. I mean the ones that are interesting and fun, and appeal to a wide range of people. Perhaps there could be more lecture options for classes that always fill quickly. Or offer class (non lecture w/ TA discussion) options. I had to take Spanish (the review & intermediate courses required for my major and graduation) for 3 semesters, and it always filled up so quick that I was afraid I wouldn't get in, and would have to put Spanish off for another semester. More TA's in the language department would probably help.

Unk

Can't think of any.

None.

I program to let me know that all the other programs exist

More intensive mentoring would have helped

The Honors Program would be a lot more useful if I felt like I actually belong there. I'm in the society but I barely did anything with them.

More availability would have been nice. The class loads don't permit much extra time for all the other things that are available.

More ways to interact with faculty members.

The Writers Workshop. I was still stuck after leaving.

I currently have an AAS degree in Electronics Engineering Technology and I am currently enrolled in Electrical Engineering. Within the engineering program the college requires each student to have 21 credits of EFA's or the ability to gain technical knowledge within their discipline. I don't understand why more of my technical AAS degree cannot be counted toward these EFA's.

7) How satisfied are you with the availability of majors at the University of Iowa? (1=not satisfied; 5=very satisfied)

| Response | Count | Percent |
|----------|-------|---------|
| 1 | 8 | 0.9% |
| 2 | 26 | 2.9% |
| 3 | 109 | 12.3% |
| 4 | 382 | 43.3% |
| 5 | 358 | 40.5% |

8) How satisfied are you with the advising process in selecting a major? (1=not satisfied; 5=very satisfied)

| Response | Count | Percent |
|-----------------|--------------|----------------|
| 1 | 122 | 13.8% |
| 2 | 162 | 18.4% |
| 3 | 235 | 26.6% |
| 4 | 220 | 24.9% |
| 5 | 143 | 16.2% |

9) How satisfied are you with your ability to get into courses within your major when you need them? (1=not satisfied; 5=very satisfied)

| Response | Count | Percent |
|---------------------------|-------|---------|
| 1 | 56 | 6.3% |
| 2 | 95 | 10.7% |
| 3 | 157 | 17.8% |
| 4 | 291 | 32.9% |
| 5 | 267 | 30.2% |
| Have not declared a major | 18 | 2.0% |

10) How satisfied are you with the advising within your major? (1=not satisfied; 5=very satisfied)

| Response | Count | Percent |
|---------------------------|--------------|----------------|
| 1 | 117 | 13.2% |
| 2 | 100 | 11.3% |
| 3 | 198 | 22.4% |
| 4 | 230 | 26.0% |
| 5 | 214 | 24.2% |
| Have not declared a major | 26 | 2.9% |

11) How satisfied are you with the level of interaction you have with faculty in your major? (1=not satisfied; 5=very satisfied)

| Response | Count | Percent |
|---------------------------|-------|---------|
| 1 | 47 | 5.3% |
| 2 | 101 | 11.4% |
| 3 | 234 | 26.4% |
| 4 | 276 | 31.2% |
| 5 | 204 | 23.1% |
| Have not declared a major | 23 | 2.6% |

12) What is your present major(s) (or say "open major" if undecided).

| What is your present major(s) (or say "open major" if undecided). |
|--|
| Journalism and Mass Communication, History |
| International Studies |
| nursing |
| Communication Studies, Art |
| English |
| comm studies |
| Pre Business |
| microbiology |
| elementary education |
| Elementary Education/Mathematics Specialization |
| Pre-medicine, Chemistry |
| Dance and Spanish |
| Undeclared Engineering |
| Biomedical Engineering |
| Journalism and Mass Communication |
| Music/Social Work |
| Microbiology |
| Journalism and Spanish |
| Sociology |
| spanish, english |
| Chemical Engineering |
| Communication Studies |
| Psychology and Pre-medicine |
| Elementary Education |
| Pre-med - Biology |
| Interdepartmental studies |
| pre-business |
| Management Information Systems, Computer Science |
| Psychology |
| Spanish and Theater |
| pre-optometry |
| Pre-Journalism |
| Engineering |
| Poli Sci/ International Studies |
| Finance and Management |
| Anthropology |
| Biomedical Engineering |
| pre-dental |
| Nursing |
| Art and Pre-Med |
| Business |
| |

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|--|
| ECONOMICS |
| Accounting/Finance |
| Communication Studies |
| Civil Engineering |
| Communication Studies |
| biomedical engineering |
| English, Communication Studies |
| Mathematics |
| English |
| biomedical engineering |
| Nursing |
| open major |
| Political Science |
| pre-business Finance |
| Economics, Marketing |
| Political Science |
| Biomedical Engineering |
| Health Promotion |
| mechanical engineering |
| Pre business |
| Elementary Education |
| Civil Engineering & Studio Art |
| Mechanical Engineering |
| Dance and Journalism |
| Communication Studies |
| Music Education |
| Anthropology |
| Journalism and political science |
| Psychology |
| Speech and Hearing Sciences |
| Integrative Physiology |
| Dance |
| Biochemistry |
| Finance/Mktg/Mgmt/PoliSci |
| Spanish |
| Studio Art |
| Biomedical Engineering and Applied Physics in Medicine |
| Elementary Education |
| German/Psychology |
| History/Anthropology |
| Biology |
| Journalism and Mass Communication and Sociology |
| Microbiology/Pre-Physician's Assistant |
| Psychology |

| |
|---|
| open major |
| Biomedical Engineering |
| pre-med |
| Elementary Education |
| Psychology |
| finance |
| Business Marketing, Business Management, and German |
| civil engineering |
| Communication Studies |
| Psychology |
| Accounting |
| Psychology |
| Pre-Physical Therapy |
| Management and Organizations |
| Cinema and Comparative Literature |
| BioChemical Engineering |
| business |
| psychology and social work |
| Accounting |
| Microbiology; Pre-Med |
| CompSci/Linguistics |
| English, Music |
| pre-business and dance |
| Philosophy, Journalism |
| nursing |
| Political Science |
| Spanish |
| German |
| Biomedical Engineering |
| Accounting |
| Accounting |
| Chemistry |
| Biomedical Engineering |
| Integrative Physiology |
| Computer Science/ Music (Voice) |
| Prebusiness |
| Elementary Education |
| Mechanical Engineering |
| Pre-Nursing |
| Theatre Arts |
| sociology/psychology BA |
| Psychology/ Pre-Physical Therapy |
| Journalism and Cinema |
| Art |

| |
|--|
| Classical Studies and Anthropology |
| Interest in Social Work |
| Nursing-BSN |
| Spanish and English |
| Asian Languages and Literature: Japanese |
| Anthropology and Linguistics |
| Art and Art History |
| anthropology and linguistics |
| Chemical Engineering |
| Psychology |
| Political Science |
| Nursing |
| English |
| History |
| Marketing/Psychology |
| geography |
| pre-business |
| English |
| Business Finance |
| Art/Design |
| Business Management, Dance |
| English |
| Management and Organizations |
| Integrative Physiology/ Pre-Med |
| Biology |
| Cinema and Comparative Literature |
| English/Pre-mortuary |
| English, Secondary Education |
| art history |
| pre-Business |
| English, Theatre |
| Finance |
| Industrial Engineering |
| Microbiology |
| Nursing |
| Biomedical Engineering and Management |
| Psychology |
| Marketing, Japanese |
| Marketing and Management |
| Secondary Science Education |
| Pre-Business |
| Studio Art/ Communications |
| Elementary Education |
| psychology |

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|---|
| Chemical Engineering |
| Nursing |
| Biology |
| Marketing & Finance |
| Psychology |
| Mechanical Engineering |
| Electrical / Computer Engineering (ECE) |
| English |
| Biomedical Engineering |
| Political Science |
| Economics |
| Political Science |
| Civil and Environmental Engineering |
| Integrative Physiology Interest - Pre-Med |
| Accounting and Psychology |
| Biomedical Engineering |
| Sociology and Religious Studies |
| Civil Engineering |
| Spanish/International Studies |
| Accounting |
| Business- Marketing Major |
| Art History |
| Chemical Engineering |
| Biochemistry, Music, Spanish |
| Mechanical Engineering |
| Cinema/Theatre |
| Pre-Nursing |
| Religious Studies; Psychology |
| communications |
| Cinema |
| communications studies |
| social work |
| Classics |
| pre-pharmacy |
| Psychology, Pre-chiropractic |
| Management & Organizations |
| Actuarial Science, Mathematics |
| English |
| Finance |
| pre-business |
| Biology/ Integrative Physiology |
| Business Open |
| Anthropology |
| nursing |

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|--|
| Nursing |
| Finance |
| Religious Studies |
| Elementary Education |
| Marketing |
| Pre Business |
| Nursing |
| Communication Studies, Sports Studies |
| Accounting |
| Finance |
| Pre-Nursing |
| Biomedical Engineering & Pre-Medicine |
| Music and Math |
| Pre-Integrated Physiology, Pre-Med |
| Finance, Economics, and Philosophy *undeclared* |
| Physics |
| Journalism, Psychology (double) |
| Pre-Med/Psychology |
| Civil Engineering |
| anthropology/archaeology |
| Science Education |
| Computer Science |
| Journalism and Art History |
| Biomedical Engineering |
| Integrative physiology |
| political science |
| Finance |
| Japanese Communication |
| open major |
| Actuarial Science, Mathematics |
| Finance |
| Actuarial Science, Mathematics |
| elementary education |
| political science and international relations |
| Journalism and Political Science |
| Biomedical Engineering |
| German and English |
| Classical Languages |
| Engineering undecided |
| Speech and Hearing Science |
| Pre-Business |
| Nursing |
| dance, english |
| Physics, Russian and Secondary Science Education |

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|--|
| biology |
| Nursing |
| Marketing |
| pre-medicine/biology |
| Political science, film production |
| German, International Studies |
| International Studies, Political Science |
| Pre-Business |
| Cell and Developmental biology |
| Pre-business and Sports Studies |
| Environmental Engineering |
| Management & Organizations |
| Business |
| Finance |
| Undeclared Engineering |
| American Studies |
| International Studies |
| International Studies, Political Science |
| Elementary Education |
| English |
| Elementary Education |
| Elementary Education |
| English and Theatre |
| Civil / Environmental Engineering |
| psychology |
| Pre-Med: Biology and Psychology |
| marketing |
| English, Computer Science |
| Spanish and International Studies |
| marketing |
| Finance |
| Integrative physiology |
| Elementary Education and Dance |
| French & International Studies |
| Psychology/Communication Studies |
| communication and psychology |
| Pre-Med |
| Mechanical Engineering |
| Art, Art Education, math minor |
| Marketing |
| Biomedical Engineering |
| Accounting |
| Health & Sport Studies/Health Promotion |
| Civil and Environmental Engineering |

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|---|
| Actuarial Science |
| open major |
| Biomedical Engineering |
| Chemical/Biochemical Engineering |
| Integrative Physiology |
| Health and Sport Studies- Health Promotion |
| Finance, International Business Certificate |
| elementary education |
| B.A. in Geology |
| Social Work |
| English |
| Business Management and Marketing |
| English |
| Pre-pharmacy |
| elementary education |
| Geography - GIS |
| Biology |
| psychology |
| Philosophy |
| Marketing + International Business Certificate |
| Business- undecided |
| Political Science, Psychology |
| Finance |
| Anthropology |
| Psychology |
| Communication Studies |
| Biology |
| Psychology |
| Political Science |
| Political Science and Environmental Science |
| Psychology |
| Pre-Pharmacy |
| English |
| Psychology (Just recently declared and have yet to meet with my advisor.) |
| Integrative Physiology |
| open major |
| Civil Engineering |
| Art History and Art |
| history and education |
| open major |
| Finance |
| Management Information Systems |
| History |
| biology |

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|---|
| Mechanical Engineer |
| TEP in the Art department |
| Speech and Hearing |
| Speech and Hearing Science |
| Art History, pre-business, Spanish, German |
| Pre-Pharmacy |
| Social Work |
| Biomedical Engineering |
| spanish - secondary ed. |
| electrical engineering |
| History |
| Business and Biology |
| Computer Science |
| Computer Science, Mathematics |
| Open Major |
| Civil Engineering |
| Biomedical Engineering |
| Athletic Training |
| Biological Sciences |
| Accounting/Finance |
| English & Spanish |
| Theatre Arts |
| Health Promotion |
| Computer Science |
| Chemical Engineering |
| Elementary Education, BFA-Painting |
| Italian |
| Finance |
| Clinical Lab Science |
| Biology |
| Elementary Education Language Arts Minor-with ASL |
| Art |
| English |
| Intergrative Phisiology |
| Nursing |
| health promotion |
| business |
| Pre- Buisness |
| integrative physiology |
| Theatre and Communications |
| open major |
| Biomedical Engineering |
| Biomedical Engineering |
| open |

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|--|
| Violin performance and International Studies |
| Health Promotion |
| elementary education |
| Elementary Education/ mathematics |
| psychology and business |
| psychology/pre dent. |
| Biomedical Engineering |
| Biomedical Engineering |
| Environmental Sciences |
| I am applying to Radiation Sciences |
| Biology and Biochemistry |
| math |
| Elem. Edu. and Psychology |
| Communications |
| business, film |
| Art History and Psychology |
| art |
| Business |
| Geoscience |
| English, Spanish |
| Social Work |
| Biomedical Engineering |
| Business |
| Dance/Health Promotion/Entrepreneurial Certificate |
| Speech and Hearing Science |
| Dance/Pre-business |
| Mechanical Engineering |
| chemical engineering |
| Finance & Accounting |
| undeclared engineering |
| Sociology |
| Interdepartment studies with an emphasis on Communications |
| Finance |
| art, journalism |
| Theatre Arts |
| Computer Engineering |
| Mechanical Engineering |
| Biology |
| mechanical engineering |
| Dance |
| Psychology |
| open major |
| Biomedical Engineering |
| pre-business |

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|--|
| Nursing |
| Biochemistry (and Pre-medicine) |
| Electrical Engineering |
| finance/music |
| Accounting |
| Speech Pathology |
| business management and performing arts |
| biomedical engineering |
| Dance |
| journalism and psychology |
| Sociology |
| Biology |
| psychology/sociology |
| Cinema |
| Engineering/Pre-Dentistry |
| Pre-vet, English |
| Elementary Education Certification only |
| Pre JOURNALISM |
| Biomedical Engineering |
| Biological sciences |
| Theraputic Recreation/ aging studies certificate |
| Biomedical engineering |
| Finance |
| Psychology, pre-med |
| International Relations with Global Health and Pre-med |
| Music |
| Biomedical Engineering and Pre-Medicine |
| Chemistry and Pre-business |
| Psychology/Pre-medicine |
| Nursing |
| biomedical engineering |
| dance and marketing |
| political science |
| Communication Studies |
| Open Major |
| Philosophy |
| psychology |
| Theatre Arts |
| open major |
| Art Education and Spanish |
| Economics |
| International Studies |
| Biology and Psychology |
| Undecided Engineering |

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|--|
| English and biology |
| interdepartmental studies, health track (refer to biology department in question 10) |
| Chemistry |
| Pharmacy |
| open major |
| nursing |
| Biochemistry, Biology - Genetics |
| Finance |
| anthropology, International studies |
| Integrative physiology |
| Psychology |
| psychology |
| Biochemistry |
| biology, french |
| nursing |
| Business, MIS and Dance |
| Marketing |
| Computer Science |
| Communication Studies |
| Music Education |
| International studies, Religious studies |
| Marketing, Management double major |
| Psychology |
| psychology and religious studies |
| Biomedical Engineering |
| Pre-Pharmacy |
| Cell and Developmental Biology |
| International Studies |
| open major |
| Psychology, ASL and Deaf Studies Certificate |
| History |
| Psychology |
| Communications and Psychology |
| Health Promotion |
| pre-nursing |
| Pre-pharmacy/Biochemistry |
| Communication Studies |
| open major |
| Geography |
| Linguistics |
| Studio Art |
| Political Science |
| Dance |
| Finance, Marketing |

| |
|--|
| Nursing |
| Accounting/Finance |
| pre-pharmacy |
| history |
| Speech and Hearing Science |
| Political Science |
| Mechanical Engineering |
| BioMedical Engineering |
| Anthropology |
| Undeclared Accounting |
| Microbiology |
| Pre-Pharmacy |
| journalism, international studies |
| Journalsim |
| Computer Science |
| nursing |
| Psychology |
| Asian Languages and Literature: Japanese |
| poli sci, film, business, hindi |
| Interdepartmental studies |
| english and history |
| psychology |
| Pre- Nursing |
| Journalism |
| Secondary Education |
| pre-journalism |
| Nursing |
| Communication Studies |
| biomedical engineer |
| Voice Performance |
| interdepartmental studies |
| Theatre Arts |
| Nursing |
| Finance/Economics |
| mechanical engineering |
| Communications Studies, Psychology |
| Biomedical Engineering |
| Accounting (150 credits) |
| Computer Science |
| Chemistry |
| Business |
| Marketing |
| double major: Accounting and Finance |
| Psychology |

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| Communication Studies |
| Dance |
| Speech and Hearing Science |
| Nursing |
| Pharmacy Interest |
| Art w/ emphasis in Graphic Design |
| Business-Marketing |
| Journalism, with a concentration in Political Science |
| Accounting |
| Mechanical Engineering |
| Business Management and Organizations |
| BA Biology |
| Speech Pathology |
| Finance |
| Pre-Business |
| electrical engineering |
| Business |
| Biomedical Engineering |
| Mechanical Engineering |
| Biomedical Engineering |
| Accounting and Political Science |
| Finance, Management and Organizations |
| Communication Studies and Social Work |
| Marketing |
| English/Communication Studies |
| International Studies |
| Geography |
| Psychology |
| elementary education interest |
| Communication Studies |
| athletic training |
| studio art |
| English and Pre-Journalism |
| biology/nuclear medicine |
| English/Communication Studies/ Pre-Law |
| biology |
| Pre-Radiation Science |
| International Studies/ PoliSci |
| Industrial Engineering |
| Business, looking to switch out for Geography |
| Business, maybe finance |
| Spanish |
| perfusion technology |
| International Studies focus on Eastern Asia |

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| Journalism and political science |
| Business, Management, Finance |
| Psychology, English |
| Accounting, MIS |
| Journalism/Political Science |
| Journalism and Mass Communication |
| Geoscience major, French minor |
| Psychology and Business Management |
| Business- Marketing |
| Health Promotion and Dance |
| speech and hearing science |
| Pre-Nursing |
| Art Education, BFA ceramics, minor in Business |
| Radiation Science Interest |
| Pre-Business |
| biology, pre-physical therapy |
| Open major |
| art education |
| Finance |
| Anthropology |
| Civil Engineering |
| Finance |
| Finance |
| Finance |
| Accounting |
| Communication Studies |
| Accounting |
| finance |
| English Education |
| biomedical engineering |
| Finance |
| Business (marketing) and Journalism |
| Elementary Education |
| Physics and Psychology |
| Communication Studies, Social Work |
| Communications Studies |
| Accounting |
| Psychology BA |
| Cinema |
| Geoscience |
| management |
| cinema |
| Pre- Business/ Finance |
| Pre-Business |

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| Chemistry and Mathematics |
| Cinema |
| Psychology/Health |
| Biomedical Engineering |
| accounting |
| pre-nursing |
| psychology |
| Communication Studies |
| Biomedical Engineering |
| Chemical Engineering |
| Mechanical Engineering |
| Biomedical Engineering |
| Journalism and English |
| Mechanical Engineering |
| Business-Accounting |
| biomed engineering |
| Chemistry, pre-medicine |
| civil engineering |
| Cinema |
| Journalism and International Studies |
| Elem. Education |
| Chemical Engineering |
| English, Journalism and Mass Communication |
| Dance, International Studies |
| pre pharmacy |
| Civil Engineering |
| Pre-Pharmacy |
| Music, Mechanical Engineering |
| Anthropology and Italian |
| mechanical engineering |
| communication studies |
| Finance |
| communication studies |
| Psychology (BS) |
| Elementary Education |
| English |
| Interdepartmental Studies: Health Sciences Track |
| Nursing |
| Psychology |
| History |
| business |
| mechanical engineering |
| open major |
| Pre-Pharmacy |

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| Psychology, and Pre-med (pre-med advising is a lot better than psych) |
| Nursing interest, speech and hearing science |
| Finance |
| Business marketing |
| Business |
| Elementary Education |
| Engineering |
| Finance |
| Health Promotion |
| Studio Art and Political Science |
| Journalism and Mass Communication, Political Science |
| Communication Studies Major, Music Minor |
| philosophy and bba mis |
| integrated physiology |
| Communications |
| business |
| Statistics |
| Business (Management) and Communication Studies |
| English |
| Music: Vocal Performance |
| PreBusiness and Communications |
| Chemical Engineering |
| Pre-pharmacy |
| Spanish |
| open major |
| Industrial Engineering |
| Pre-jorn & entrepreneurship |
| Journalism and Mass Communication, History |
| Journalism Interest (Applying this semester) |
| Business |
| Journalism/Political Science |
| pre-pharmacy |
| International Studies with an emphasis in European Studies |
| BME |
| Microbiology |
| Psychology |
| Business/ International Business |
| Biology, Psychology, Pre-Med |
| Speech and hearing science, German |
| pre-medicine biology |
| Biology |
| Science Education |
| environmental sciences |
| Nursing |

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| Elem. Eduction |
| History/Anthropology |
| open major |
| Elementary Education |
| Psychology and Pre-medicine |
| Undeclared Engineering |
| Elementary Education |
| Journalism & Mass Communication |
| Mudiv |
| english and cinema |
| civil engineering (efa: structures) |
| Nursing |
| Radiation Sciences |
| Communications |
| International studies, Business (minor) |
| environmental engineering |
| Microbiology/Pre-Physician's Assistant |
| Psychology, Pre-dental |
| German |
| Mechanical Engineering |
| open major |
| pre-dentistry |
| Political Science |
| art studio |
| Electrical Engineering |
| Marketing |
| Economics |
| biology |
| Communication Studies |
| Communication Studies |
| environmental science |
| just changed to business |
| pre-business |
| economics |
| Psychology |
| Open major |
| Nursing |
| Biology |
| Biology |
| Cinema |
| Physiology and molecular biology of plants, environmental science- biosciences |
| open major |
| Electrical Engineering |
| International Studies |

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|---|
| history/international studies |
| Japanese |
| Biomedical Engineering |
| Civil Engineering |
| Athletic Training and Music Performance |
| cinema |
| International Studies |
| ECE |
| Finance |
| open major |
| english, spanish |
| Finance |
| Pre-Physical Therapy |
| open major |
| Speech Pathology |
| International Studies |
| Secondary education - mathematics |
| music performance |
| Art - Graphic Art/Studio Art |
| electrical engineering |
| Communication Studies |
| Business Management |
| Political Science |
| Anthropology and Ancient Civilizations |
| Industrial Engineering |
| Finance |
| Accounting |
| biochemistry |
| Computer Science / English |
| Computer Science |
| Nursing |
| psychology, pre-chiropractic |
| Biomedical Engineering |
| Spanish and Elementary Education |
| Computer Science |
| Civil Engineering |
| pre-business |
| Marketing, Management and Organizations |
| Anthropology |
| international studies and political science |
| marketing |
| Integrative Physiology |
| Communication Studies |
| Pre-business and Sports Studies |

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| Art |
| German, International Studies |
| Mechanical Engineering |
| Anthropology |
| Biology |
| Elementary Education |
| Studio Art and Spanish |
| Accounting, Management Information Systems |
| Biomedical Engineering |
| Journalism and Mass Communication |
| Biology |
| Biomedical Engineering |
| Psychology |
| Psychology |
| Japanese, German |
| Psychology |
| Biology |
| would like to be sports psychology |
| biomedical engineering |
| Political Science |
| Leisure Studies with emphasis in TR |
| Anthropology, International Studies |
| English |
| Communication Studies |
| english education |
| Accounting |
| Social Work |
| business |
| Dance, Business |
| Finance |
| Pre-dentistry |
| Pre- Business |
| Accounting |
| Elementary Education |
| Psychology and Journalism & Mass Communication |
| Violin Performance |
| English and Religious Studies |
| Music Business |
| Political Science |
| Finance |
| pre law/psychology |
| Chinese Languages and Literature/ Pre-med |
| Engineering |
| Biochemistry |

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|--------------------------------|
| Asian Languages and Literature |
| Mechanical Engineering |
| music |
| English and Religious Studies |
| Electrical Engineering |

13) Please tell us anything else you feel is relevant to your experience at the University of Iowa that has helped you grow as a person.

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| My classes and my ability to get things done on time. |
| N/A |
| There are so many opportunities right here on campus for students to get involved in leadership roles and activities that have to do with and fall under majors. |
| Nothing |
| Honors Learning Community |
| I really enjoy the feeling a freedom that comes with going to a big university, but sometimes I feel disconnected. |
| my advisors and instructors have always been helpful with courses that I would find interesting, and looking into the future |
| Local churches and friends have taught much. These are the kinds of experiences you don't get anywhere else. |
| Do not know. |
| Everyone is very open to help. |
| A lot of the time, the University cannot control the things that truly impact our lives. Things like making friends, experiencing things for the first time, the relationship we make are all things that happen on their own and I believe it's learning from your experiences that help you grow as a person. |
| I wish it was easier to cross major. I cannot get a Computer Science degree and a MIS degree within 4 years. This is not because there are too many courses within the major, it is because there are too many general education requirements. I think if you've satisfied the gen-ed requirements of one college, you shouldn't have to take the ENTIRE gen-ed list of another college. Especially when it's business/engineering to a liberal arts school. |
| The honors program has better classes that are not offered to regular students. It's unfair. |
| I can't think of anything. |
| I couldn't specifically say. |
| Participating in hall government and ARH, participating in various academic and social programs on campus, having office hours with professors. |
| It has taught me a lot about how the world works and interacting with people who have different views than I do. |
| I really enjoy the atmosphere here and most every one that I have met, as far as faculty has always been friendly. |
| Most of my professors are absolutely wonderful people and I really enjoy talking with them. It is a lot of fun to learn from people who love what they do. |
| Being involved with student organizations has been a great experience. |
| Campus Ministries have been very beneficial in my spiritual growth and my understanding of other cultures. |
| I like all the oppertunities availble for students to get involved in activities to meet other students. |
| My interaction with faculty and my employers on campus as well as with my peers have all helped me grow as a person here at the University. |
| none. |
| nothing else |
| I have grown while living in the dorms. I also have loved feeling a part of the University while being a fan of Hawkeye sports. |
| I personally appreciated the College of Engineering because we act as a small college on a large University campus. This enabled me to really get to know my professors on an individual basis and I felt like the attention given was much greater than had I attended another, typically much larger engineering institution. |
| The dance department has been extraordinarily inspirational and supportive in my decisions regarding both majors of study. |
| I've already covered pretty much everything. :-) |

I feel that it was mostly the coursework and random experiences I had at the U of I that made me grow as a person and it wasn't really any specific person or program that helped.

Despite this survey, I really love the University of Iowa. For the most part, there are programs that help people succeed, but they have to really look for them and want them.

The Honors Program is the original reason I chose this school and I am so glad I did

I wish all professors were supportive and more willing to teach students. It seems that many professors make themselves only minimally available. They don't appear to care if we learn. Professors are not willing to make sacrifices to help students; they should realize students have many of their own commitments and many of us work hard. Some of us have to work in addition to school; it's a struggle to balance life. Life as a student is a priority, but it's difficult sometimes if professor aren't understanding or unwilling to meet us halfway.

There has been some good people and not so good people. It has been great that as an older student, I was still able to fit in well and made many friends. And many programs were helpful to me.

My involvement with my sorority

I thought that the dorm situation was really good and helped me meet people and get adjusted to the university.

Volunteering at the hospital

We are an oasis of culture in a wheat-filled desert, and it is this lonely imagery that gives the University of Iowa its majesty.

Ibidem

What has helped me the most during my time at Iowa has been the extracurricular activities.

good erray of people and activities

None

Hall government is good too and doing hall events. Just bonding with the guys on my floor has made this year so much fun.

I feel like I have probably grown as a person but not in the way I would like to.

Seeing so many young people so obsessed with the idea of merely finding a career, as opposed to learning anything, I've come to appreciate knowledge for its own sake.

The advisors in business school should give more help to students instead of just asking some basic questions and hoping them to get out quickly. We need advisors who really care about our academic growth.

I am working with an advisor that has not been very hepful in that he does not support nor encourage my choice of study. I know it is difficult but isn't the role of an adcisor to give you information and help? There have been multiple times when I have attempted email or phone contact with my advisor only to be ignored.

The Iowa Writers' Learning Community of which I am a member is an amazing experience and has thoroughly helped me develop both myself as a person and as a writer..

NA

For the most part it has been a great eye-opening experience. I have met a lot of great people and have grown as an individual.

I was involved in Newman Singers, a choir based at the Newman Catholic Student Center for three years of college and it gave me an anchor for my faith.

The faculty in the theatre department are very supportive and always challeging me with new projects.

Once I decided I was not in school just to get a degree but to get an education everything changed for the better. If there is some way to help other students understand the difference we would have a univeristy of scholars not just students counting the days until they are done.

The faculty in the journalism department is amazing. The teachers I have had have been extremely available and helpful.

There is nothing else.

As a whole, college has helped me grow as a person. In any areas where I am lacking development, that is mainly due to my shyness keeping me from clubs and groups and social functions. I would love to explore the University more, go to more lectures, attend more events and club meetings, but I must first work on building my personal self up before it can really grow more.

Learning to travel by foot, to get to know a small city, to become familiar with a campus and feel comfortable within it even though I see dozens of new faces every day.

Having professors and TAs that set a good example and serve as mentors.

I've gotten a chance to just grow as a person all around. I've changed my major, I've made new friends, I've learned things about myself and the people around me.

CamBus is very very helpful!!

Just keeping an open mind is very important. A lot of changes take place when you start college.

It is very big, and I've been able to meet a lot of people!

none

Meals at Burge. I feel like I've gained a family from daily meals.

IWLC. I am a broken record, but seriously, it's rocked hardcore.

Iowa really has made all students feel like they have something that they can be involved in.

Taking classes outside majors should be encouraged. It helps you meet new people and stretch your brain in a different direction.

I'm very thankful for all the leadership opportunities and "practice" for the real world. I can talk to anybody and find a solution to just about any problem. I've learned how to use my resources wisely and work my way through red tape if there is any. No problem is too big to solve, as long as you have time, money, and hawkeyes on your side.

Volunteering at the Free Medical Clinical has been my best experience.

Meeting new people

Downtown area was a great place for meeting different people who had a variety of inputs and perspectives.

The few education courses and science philosophy courses I've had have opened my eyes to all the aspects of science. The things I learned in these classes will directly be used in my own science classroom. Very essential things have been learned and will continue to be learned through the Education Program at the U of I.

Chunghi Choo's metals classes

I am very pleased with how my teachers make themselves available for questions. They even provide us with home phone numbers!

fghfghfgh

Having the availability to many different programs and events, after coming from a small town, has given me new experiences that I may have otherwise never had.

I've found the daily contact of talking to employees & professors at the University of Iowa to be the most pleasant in my experience. At times the University of Iowa community seems big & uninviting, yet at other times it seems like a small home-town familiar community.

I just have to say the College of Business is a great part of U of I. Everywhere from the teachers and professors to the students, where everyone is out there to excel at whatever field their in. The everyday atmosphere is great and everyone has the desire to learn as much as they can.

This seems to be a very diverse university. A little too liberal for me, but I guess it is a college town. However, I feel sometimes that the conservative viewpoint is shut out and often times looked down upon by the University and its officials.

nothing else than what is stated above

The friends I met, the free newspaper program, the chance to study abroad

I am currently taking the new Intro to Leadership class and as of today this is an outstanding program that I wish other before me could have had the opportunity to take

n/a

Diversity of the campus, so many choices to make in the four years you are here.

my internship with Iowa.

The mix of large and small classes has allowed me to make friendships and relationships among various people, which has helped me to grow and become more sure of myself. Also, living by myself this year in a dormroom has forced me to grow.

The Iowa Memorial Union is a very cool place to hang out.

The actuarial science program has really helped me to develop into a dedicated individual wanting to succeed.

Great campus, great social construct. Great safe city to be a part of.

i feel if students take the time to talk to their professors they can succeed farther. because i was lost until i talked to one of my teachers.

Just getting to know my good friends. My group of friends has helped me grow as a person.

I have learned how to reach my full potential and not float through life.

Professor or TA to student relationships really help.

| |
|--|
| none |
| I've had a great experience with the trombone professor, Dr. Gier. He's been incredibly helpful, and he's taught me so much. I'm still not sure what is meant by "growing as a person" or why the University is so darn interested in it, but he's been an amazing help. |
| N/A |
| NA |
| Becoming more self reliant and being able to have a certain schedule to get my tasks done on time. It has taught me time management and many more things. |
| None |
| n/a |
| Jay Holstein, John Dunkhase, Robert Brenner, Matt Wortel, Gary Jarvis, and Mitch Kelly All RULE!!! These people should all receive enormous bonuses, because they are the absolute bomb. They have helped me grow immensely. |
| I've had some absolutely horrendous teachers in the mathematical sciences. Dealing with them in a respectful, mature manner, while still expressing my concern has definitely helped me grow some. |
| Ok, yes, students have a hard time choosing a major and you don't want to pressure them. But really, you should encourage them more to decide early! Because once you make that decision, life is so much easier, and you begin to make more friends because your in all the same classes...it's just good all around. |
| For the most part all of the Resident Assistants are very helpful and friendly. |
| This started as a negative and then changed into a positive. During the second week of school, I heard noise coming from a few doors down the hall. I decided to go and talk to people on my floor because I am not normally a social person. I was there at a "party" for about two minutes when the RA busted the party. However, there was alcohol in the room that I did not see. I was reported for drinking that I had not done. However, since this incident, I have been much more attentive to my surroundings. After this event, I started with the aikido club and learned how to deal with frustration. If this had never happened, I would still be antisocial and wouldn't have anywhere near the connections on my floor that I do now. |
| The university's Theatre program and productions |
| The actuarial science program helped me become very dedicated in what I wish to do with my life. |
| The actuarial science program really improved my dedication and will to succeed in anything I do in life. |
| I think experiences outside of class are what really spark personal growth. |
| i was really happy when the international studies major expanded to include the middle east as an area of emphasis, which expanded my horizons and prepared me for the world we live in today. |
| Nothing |
| none |
| Fraternity |
| the dance department needs more funding to help the welfare of its overbooked faculty and insanely busy and frazzled students |
| the overall campus is beautiful and sometimes i catch myself being thankful for the opportunity to be here and receiving an education from one of the best universities in the midwest. i think being able to appreciate the little things has helped me grow and mature here at iowa |
| Through studying nursing the past three years, I have gained a plethora of skills ranging from basic to complex nursing cares. Nursing is a profession where life-long learning exists, and this program and University has taught me to be confident in asking questions in order to gain insight and understanding. |
| Orientation, definitely football tailgating/games, basketball games. Jobnet gives better interaction with the community, it is a very helpful job search resource. |
| Learning things on my own, having access to professors |
| The way I have grown most as a person would be learning time management skills from having to get everything done for classes. |
| I wish I could meet more people than I already know. |
| This is a beautiful campus and the people here show pride in their university. I love how friendly and willing to help people are. |
| I have learned to do things on my own and have become a lot more independent. |
| Opportunities to run with project ideas such as composting and energy challenge. |

| |
|--|
| Everyone has been nice and have made my time here great. |
| taking this survey |
| none |
| Having really helpful people you can go to who can help guide the kinds of studies you take and the activities you get involved with. |
| The Theatre department has really shaped me, though I don't feel like I got the same out of the English department. This may be comparing apples to oranges, but I definitely feel more connected to the Theatre students and faculty. |
| I have become a much more critical person. I have learned that not only does the right hand of the U of I not know what the left hand is doing, but it doesn't even know if the left hand even exists, or who to talk to about it. Waste and sloth are rampant. |
| My marketing professors have helped me realize how much I really do like my major. |
| awesome big ten SPORTS! |
| having the course instructor for discussion instead of a TA |
| I went to kirkwood! |
| Nothing |
| The atmosphere in general helped me to mature by having to do everything on my own, such as living and studying. I actually had to study a lot which is expected in college, but talking to other friends at different colleges, (especially community colleges) they could get by without doing as much work. |
| The engineering first year seminar helped me to grow, although I didn't realize it at the time. It taught me about studying, planning time, and engineering in general. We also learned about research that's going on right here. |
| The guys on my floor, I wouldn't want to live anywhere else right now on campus. |
| I think it depends a lot on the person. You can have outstanding programs, but it is up to the individual to make the most of their own experience. |
| N/A |
| It can be an overwhelming experience for some students considering the number of students and opportunities, but I feel the U of I does a good job of showing students what the possibilities are for their futures. |
| A creative writing major with more interaction between undergraduates and the Writers' Workshop should be continue to be seriously considered. |
| made me independent, and realize that if i want something i have to work hard at it, and that makes it much more rewarding. |
| There is staff at the university that really encourages students to try new things and step out of their box, which really helps students grow. |
| Local activities with library, county parks, etc. |
| The environment is very stimulating and open and there are a lot of oportunities to get involved, which can stiumate personal growth. Sometimes I just think that the services aren't all that they're cracked up to be. |
| The fieldhouse has provided a nice area to maintain physical fitness, and the number of available classes and groups are refreshing. |
| Not going to bars has helped me grow, because I realize that my time can be spent on better things. |
| Iowa's great but has signigicant gaps available for improvement for the sake of the students |
| The diversity among students and faculty. |
| The volunteering experiences are wonderful and should be more prioritized. |
| The competitive atmosphere at Iowa has helped me to become more assertive and speak up in class discussions more than I ever did before. |
| One thing that is unique to my experience at UI is that it seems to be a very do-it-yourself university. Here, attending class and putting in the minimum amount of work is not enough to do well. Instead, it's up to each individual to actually learn the material, something I've found extremely challenging and hopefully someday equally rewarding |
| hard work will get pay off eventually |
| Business professors in general seem more engaged in what they are teaching than the engineering profs. I appreciate how life lessons that they have learned are often inserted into the course material through engaging stories. Studying engineering is boring enough on its own and it would help if more of the teachers didn't make you feel like you were making a mistake by studying the subject they were teaching. |

just it being a major university, navigating, and being responsible towards school work

The following professors: Jon Garfinkel, Richard Tubbs, Raunaq Pungaliya, Jim Doty, Todd Houge

Group work is helpful to get to know more people and learn about working with others but is sometimes overdone. I have not had many classes that did not have a group project here. It is hard to find time to meet outside of class with work and class schedules of several people to work around.

Having the Honors Cntr available to work and study during the day

I have noticed a significant amount of arrogance U of I staff have. It really makes for a negative learning environment. I also would like to share that the U of I makes transferring a lot harder than it should be. I dislike the fact that half of the professors/teaching assistants are very hard to understand. Aren't we here to learn? Why do we have professors who don't care whether we learn or not? Some of them you will never see in the classroom. Why, then, are they being paid?

The University of Iowa is an amazing place to be and I cannot imagine being anywhere else for undergraduate or graduate study.

Student Orgs

Student involvement and volunteer fairs showed me a lot of things to get involved in.

Faculty and student day to day interactions.

Not babying the students.

Living in the dorms has helped me meet a lot of new people.

Becoming involved in my student organization

I liked the homecoming events. It was neat to see the whole university, alumni, and parents come together for a week.

Having "work-study" job with the university.

I have learned to be much more responsible.

I came to Iowa from another state and I would say I thought the transition of being that far away from home would be really hard, but I think living in the dorms and my RA made it easier.

I really like how the discussion classes are small enough so you actually get to know your professors and TA's.

Realizing life is full of decisions and challenges everyday of my life.

i have become apart of the theatre community. they have welcomed me with open arms. I wouldn't trade that experience for anything in the world.

I am really happy of the very wide choice of classes and majors available here at Iowa.

Chris Smith, who advises in the Pomerantz Center, has been extremely helpful from Day 1.

The best teacher I have had so far at the University is Vicki Burketta who teaches middle school math methods in the college of edu. She holds all of the qualities which a great university professor should have.

please encourage more student participation in organizations. the academic advising for psychology is almost non-existent and very unhelpful thus far.

I have really enjoyed my experience here, and I have met so many amazing people. The University of Iowa has helped me learn how to balance school and fun and enjoy my time here.

NA

the oppurtunities to volunteer or work in areas relevant to my major has helped me feel more confident in the major I chose.

I think uiowa can offer evening course to help students

cambuses are late FREQUENTLY.

My peers. My peers more than anything else have inspired me to be a better person, even though that inspiration was indirect.

This isnt exactly positive, but the lack of help within the academic advising program helped me become much more independent.

Nothing else at this time.

I'd like to have more actual interaction with the faculty themselves ie. professors and not just TA's.

Living on and off campus with classmates was the biggest growing experience.

n/a

Learn things by figuring out yourself and what was really important was being able to talk with other students in that major. Maybe a major not of free food and fun to discuss things would be a neat idea.

| |
|---|
| none |
| Making friends has been great, many at night games. Thats a good program |
| I met many friends and was very social especially during my first 2 years here. The past couple of years, I've spent more time studying and focusing on my major. |
| I think there is a lot available to students, a great deal of opportunity, however, I feel as though many students are unaware of everything available to them. I think the University should continue to work to present students with the many options they have (extracurricular groups, special programs, places to find help, etc.). |
| My friends and peers have helped me grow as a person. Learning to be independent and finding my place has too. |
| Certain classes have greatly affected me when it comes to academics and also my life in general. The theatre department here has been a great thing for me. |
| Having friends that go here as well and have taken or are taking the same classes as me |
| N/A |
| N/A |
| I'm just lucky that I had enough self-confidence to not drink myself to death. I'm PAULA free. That's an accomplishment. |
| Good experience! |
| The people in the Voxman music building are all helpful and willing to help you learn. Students and teachers alike. |
| The support that people are so willing to share. The idea that everyone can succeed. |
| Since I am an international student, OISS is helpful. |
| N/A |
| none |
| living off campus |
| The diversity that is present on campus has really helped me to grow and realize what opportunities are out there. |
| The large student population has helped me become more accustomed to being around lots of people who vary in culture, as well |
| Nothing that I can think of. |
| All the groups and diversity programs available. Even though I may not attend all, the ones that I do, are always a good experience. The variety and size, available lectures/panels, activities, is extremely positive. |
| I am a transfer student and it is very difficult for me to get into the classes that i need. |
| I think everything offered has helped me in many ways and I cannot think of anything to make it better. I think the University does so much already to get students to love where they are and to enjoy being at school in a new environment. |
| n/a |
| My roommate's stubborn inability to compromise has given me a lot more patience when it comes to picking my battles. |
| na |
| I really feel that having older students/friends from the same major or area of study is extremely helpful and encouraging when you are starting something new. It makes everything so much less stressful to be able to ask someone who has already learned the ropes. |
| the dance department has really made me grow as an individual, pushed me to a new level and challenged me to be a stronger dancer |
| I was a transfer student so I've only been at this school for a year. So I don't have much experience with a lot of the programs offered. |
| The teachers, advisors, and other students who actually care and take the extra seconds, minutes, hours, or whatever amount of time to truly help you make a huge difference, and no one ever forgets these people. |
| We need a wet campus. It is safer for kids to drink in their dorm than in the bars and at house parties. |
| I feel that the overall experience here at the UI has been great. |
| The University has certainly "hardened" me and will help me deal with "the real world." |
| Being in the Health Promotion program, which is small, has really helped me focus on my classes, get to know classmates and professors, and get excited about what the major has to offer. Professors in our department are always willing to help with networking and future plans. |
| the classes. with no homework being due the next day it has helped me become more self-sufficient |

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| I really think the lectures offered by UIOWA are the best ways to be more globally aware to become a better constituent. |
| I feel that the U is a very intimidating place at first, but if you can make it through that, you will feel a great deal of accomplishment and pride upon graduating. |
| Living in the Dorms as a freshman was probably the best experience I had here making me grow up. |
| Iowa offers wonderful courses that provide students with knowledge that compels personal growth, and professors are readily available to increase this impact. It is unfortunate that so many students elect not to take these courses on the grounds that they are too difficult. The best opportunities for personal growth lie in pursuing challenge. |
| I cannot think of anything else. |
| The closer graduation comes, the more I grow. |
| Interacting with a diverse amount of social groups, but lack minority population. |
| The faculty in my department are phenomenal - I started a research practicum with a professor when I was a sophomore, something that very few other students were encouraged to do or had the opportunity to do. Faculty in my department know my face and many know my name, and it truly feels as though my success as a student in the department is important to them. |
| Interaction with professors has always been helpful, whether it be getting additional help or for asking advice concerning careers or projects. |
| Football season is amazing. The people - faculty and students - are uniquely extremely approachable and friendly. The atmosphere, particularly during football season, is amazing. Help for students is in abundance, regarding homework/help labs/etc. |
| Research opportunities are great if you take them. Seriously, they should be promoted to freshman. |
| The 5 meal/week plan is the greatest and most convenient thing ever. |
| getting involved with student organizations, help me find out what my thing is and isn't. sometimes the experience isn't rewarding, but in the end, at least i know what i like and don't like. |
| can't think of anything I haven't already said. |
| The honors program is great, the dining halls are great- I appreciate that they make an effort to include vegetarian meals |
| i am the first person in my family to go to college. the university has helped me tremendously with getting an idea of what i needed to expect starting college, and made sure to help if i had any questions/comments. they helped my transition from high school to college a lot less stressful than i thought |
| The teachers I have had that have been good teachers; Dr. John Thurston, Sean Vecera, Dr. Paul Rudolph, Sarah Perry, and my coach Chuck Rodosky. |
| The Learning Communities are awesome. The IWLC has been a great part of my experience here at Iowa. |
| n/a |
| Meeting great people. |
| Having to do things on my own, relying on myself to solve problems and get things done. |
| The entire college experience is helping me grow as a person already. I am just a freshman, but I can already tell that I have become much more mature and self-sufficient from my little amount of time here, and that my independence will continue to grow with all of the wonderful opportunities offered here at the University of Iowa. |
| i love it |
| Thats it! |
| I wish I didn't have to learn so much programming for the computer science major - I want to place my focus on networks, but I have to suffer through all sorts of programming I'll never use just to get the degree. |
| Nothing. |
| The Business school needs to either get rid of night classes all together, or make the night instructor use the regular day time professor's syllabus |
| Being on my own and making my own choices has helped me. |
| Iowa is a great place! :) |
| Political Science faculty is wonderful! |
| n/a |
| Deffinantly participating in the engineering learning community. Also the American Society of Mechanical Engineers has be helpful |

I love University Counseling I think it's a facility that is on the back burner, but it really helped me get through some troubles. I also like CAB just because they provide activities that aren't alcohol related.

The diversity, arts, local culture, and open community have greatly helped me to become a better person.

Football games helped feel like a hawkeye

Even though it is a large institution, I feel that there is still personal attention available IF YOU SEEK IT OUT. Many people think that individual attention is lost at large universities however if you seek someone out, someone is always available for you and will make time to accommodate you.

i feel like there should be a full time advisor in my department

NA

The opportunity to live in the dorms is an experience every student should have. It helped me learn to be open-minded of others and helped me meet all types of people.

The university has really only helped me grow as a scholarly person, not so much a social person.

n/a

I notice I talk to people more easily than I ever have before. I was very much a shut-in. The people on my floor my first year really helped me come out of my shell.

Pomerantz Career Center is great, business writing center is great.

My Creative Writing teacher, Drew Keenan, great guy, taught me alot.

none

interactions with various people with different backgrounds then my own

Meeting a vast majority of people. Whether it be a difference age or a different race, I have met many unique people that have made my experience so far enjoyable.

NA

None.

Meeting different kinds of people in the residence halls. My specific honors thesis topic helped significantly.

I like the small college.

I think that the office hours and availability of professors and instructors has been very helpful to me. I have been able to get extra help when necessary and I feel that the one-on-one time is has been greatly beneficial for me.

I feel that the overall community at Iowa and in Iowa City is what has helped me the most.

My classes are the most helpful to me. The classmates are very nice and the teachers are caring.

The one time I lived in the dorms I got roomed with a douchebag, I learned to get an apartment.

I really enjoy the faculty and staff at the Department of Geoscience. Everyone is very friendly, knowledgeable, and helpful. Because the number of students involved in geoscience is limited, there is a sort of community feeling, where everyone knows eachother.

i cant think of anything

The Math Department's weekly email seminar updates and opportunity reports help me to stay in touch with the professors and learn more about the department. I have not receive any newsletter from the chemistry department. Maybe it is just me, I do not feel like checking with the chemistry webpage every week to find out what is going on.

I love the experience I've had so far overall.

Nothing.

The bars have been an eye opener. How much different everything is than high school. It has been a fun experience so far.

meeting people

I teach Supplemental Instruction, a program funded by Opportunity at Iowa, for freshman chemistry courses. I believe that this is a wonderful program that aids students in better understand material in their chemistry and biology courses. It really helps many students each year, and it is the best job I could ask for. It's very rewarding to know that I am helping students understand difficult concepts.

One on one relationships with professors has been most beneficial to my growth as a person. These relationships establish both a professional and personal level of interaction. I can ask them advise about careers, paths of study, coursework, and life in general and I appreciate what they have to offer.

I wish advisors for Elem Education would spend longer time then just 15 mins during our planning for the next year. I had to go into the advising center almost 5 times just to get my scedule straight. Also, in the Education Dept. get assigned a

advisor. Every time I went in there I had to state my case to a different advisor and they never new exactly where I was at.

Being in a learning community like the one I am in Men in Engineering, is really fun to be with all the guys in classes that are essentially on the same floor as you are and it helps with homework as well. Also, being part of the Men's Rowing Team here was a blast and is one of the coolest things I have ever done and it made realize how much I love to row.

The fact that I am paying out of state tuition, and therefore will be paying for my education for a rather long time has made me very motivated to work very hard so that it will hopefully be worth it and it has made me better at managing my money.

Christian organizations and living in the dorms have really helped me grow as a person.

None

Participating in activities through the Newman Catholic Youth Center.

none

Everybody here is always willing to help with any problem you have.

The atmosphere is great. I love the Iowa Hawkeye fans and the love they have for the University.

The cafeteria in Burge is well-run, and makes for an efficient and satisfying dining experience.

Good nightlife and and good place but it is too small

Living in the dorms has probably been the biggest impact on me, it has helped me grow in many ways as well as being a lot of fun.

Having a job on campus is pretty nice.

na

I love everything about this university, especially the athletics.

Intermurals help you with interacting with people. offering more weekend classes, like team building and such is a benefit. Classes on resumes will help people also

I believe that all interactions both good and bad have helped me grow as a person. Both situations have taught me skills, whether it be coping skills or resource skills.

The Teacher assistants aid our learning very well.

The community here is amazing, and though my path has changed since coming to college, I will never regret my decision to come here! The residence services are wonderful and the opportunity to be involved in many different groups on campus add to the learning experience!!

People grow in college in general and I did.

the internships that they provide, the seminar that they hold in the university.

I really feel like the University does not care about its students, just the money they make off of us.

The Newman Center

I wanted to transfer at first because I hated it here, but now I love it!! The community in my residence hall (Daum) got me through it!

I love that teachers are so resourceful & helpful when needed & I feel it is very important for them to be available via e-mail.

Just living day to day and taking problems one at a time.

Meeting new people, such as my roommate has helped me grow as a person. I have learned many important life lessons in the dorms, such as how easy money comes and goes.

The ratings above are for the journalism program. However, the political science advising program is a disaster. I have been switched with advisers more than once without being told, the are often unhelpful. One time I went to ask for advice and the advisor read to me from the CLAS handbook - as if I could not read.

Sorry, I have nothing.

The fact that the University of Iowa is very personal - they don't treat students like a number, but they know your name and it makes for a really wonderful experience when you can be recognized in a big school and can interact with faculty and feel like what you want to do with your life matters to a lot of people. Also, the fact that my major is available here is great - UI does a great job with variety.

NA

Nothing I could think of.

I really like Burge when compared to Hillcrest, I like the idea of building your own specialty salad (like louis Seafood) and the Chef's table (lamb pita, gryos) along with the premade sandwiches (turkey corsica). Another thing I like are the vegetarian items, I LOVE meat but I like the fire roasted ravioli, veggie pizza, and alfado sauces much more than their alternatives.

The health science floor has a tutor on wednesdays, and i have found her very helpful at times.

Having many oppourtunities through class and through events sponsored by student organizations to interact with many people and experience diffent things has helped me grow!

experiencing time with friends and without adult supervision, learning to do things on my own.

Great faculty that make the courses interesting and even exciting.

My RA freshman year helped me grow as a person when she helped me through a very difficult time. I think that the RA program is great and helped me a lot.

Nothing really.

I think the sporting events are probably the best part of being at the University of Iowa. It gives you a sense of community and pride when you are with your fellow colleagues cheering for your school!

too many classes are taught by t.a.'s and it's sometimes difficult to learn things that way

I can not think of anything else that I have experienced at the University of Iowa that has helped me become a better person.

The resources available to you. It forces you, the student, to go out and find answers on your own instead of having things handed to you. The University of Iowa has taught me more about responsibility, deadlines, and the importance of putting in 110%.

I know from being bored in my German class that it's not for me. So I'm changing my major, probably to International Studies. I tried to do that yesterday but my appointment was cancelled.

It has been a good experience and i am glad i chose this institution.

I think that living in the dorms is what has helped me grow the most. You meet new people and are exposed to new things. I cannot stress enough how important it is to live in the dorms for one if not two years. I also think that everyone incoming freshman should take adavantage of course in common. It is a great program and you meet people who you will be friends with throughout your college experience.

n/a

advisors are worthless

The teacher are so inspirational that I find myself loving my classes, even the ones that have nothing to do with my major. They make you think about the person you want to be, whether in a literature class or an entrepreneurial class.

n/a

I really feel that the accesabilty of student orgs and Christian groups such as 24/7 played a major in how I have grown.

discussion sections led by TAs who are passionate and or have worked professionally before coming back for graduate degress

That's hard to say, because I would feel so much better if the university's policy was something other than "No." The only way that has helped me grow is to grow me into a small-minded, disgruntled anarchist that believes the world will never improve. Grinnell looks a lot better right about now. Grr. (if you dislike that I use such true-to-life terminology, then you don't understand what I mean about the office workers and being molded into a drone.) However, the actual faculty (profs and native language speaker TAs in the Japanese dept) are really what make me happy to be here. It's just the substitutes that inhibit my ability to self-actualize, feel good about my choice here, and feel liberated. Anyway, thanks for reading. :) Thanks for giving me a voice.

The interaction between my college professors especially Professor Joon B. Park have helped me a lot in becoming a better student.

n/a

n/a

I feel that the study abroad programs are the most stretching and valuable experiences most students could ask for.

I think I have stated everything important in the above questions

Being here has really opened my eyes to the real world. I have learned to depend on myself and to take care of things on my own.

So far, my experience has been quite educational, in more ways than one. And it's been very interesting, to say the least, and I shant say anything more than that.

its a good place to become independent

I would like to speak to my advsior more often

In some mascoting issues I have been forced to deal with athletics and university administration. This has been a real wake up call for what the university is like. It is difficult to get things done and requires a lot of patience and hard work to do so.

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| Students working in upper echelons of government and similar leadership positions must certainly feel the same way. |
| All the people that I interact with, it's a very diverse campus. |
| Study hard |
| I've had some very good teachers which have helped me, and I've had some horrible teachers which has caused me to learn how to deal with them. |
| I have not yet started studying one of my majors because it requires application to a separate college. I'm not eligible to apply until my 3rd or 4th semester so some of my scale answers may be slightly inaccurate. |
| The math department does a much better job here then UNI's math department. |
| picking a major and deciding which branch within that major to pursue helps a person really find more out about themselves |
| i hated business in the beginning, but once i took my major courses i loved it. |
| Living in the dorms helped me make friends and adjust to the college life style. I was blessed with an RA that is good at getting everyone involved |
| Health center is a great place for students to get advice on overall wellness. |
| Courses in common |
| Attending the U of I has done nothing but help me grow as a person.... everything about it has aided me in becoming who I am today. |
| The services at Iowa are very helpful for people who make the effort to go and find them. If you make the effort to approach and talk to teacher and advising staff they are very helpful. For some people it is hard to take that step. |
| n/a |
| I love the whole atmosphere of the school. |
| Going to college is an important growing experience for everyone who chooses this path. |
| I believe that the peers that I have interacted with during my time at the University of Iowa have had the biggest impact on my growth as a person. Classes and teachers cannot compare to the social aspect of the University. This is a wonderful University with countless opportunities. Many more than I could ever hope to be affiliated with. Those that have changed me most are those that have allowed me to understand my fellow classmates and peers on a more personal level. |
| Having such a large amount of students I feel does not enable the university to connect with the individual student. |
| First off, just to be clear, I wish to remain completely anonymous. The entire time i was enrolled at Iowa, i was discovering crucial bits of information after vital points and times. For example, i had no idea what constituted a certificate until i went to apply for my degree. Unfortunately i have been taking "fill in courses" while working to improve my GPA. |
| Being involved in graduate level surveys and studies has helped me realize some of the ways that I could apply my knowledge in a learning environment. |
| n/a |
| being on my own and living independently |
| There needs to be a Creative Writing Major. |
| The independence offered to students has really helped me grow up, not necessarily grow. Some of the programs seem to not encourage complete success in everyone, getting into graduate programs is obviously very competitive, but at times seems impossible. |
| Volunteering with the Crisis Center is unrelated to the UI, but has had a huge impact on me |
| Years go by, things happen and you grow up. It happens to have happened here, and I'm glad it did. |
| All my teachers and professors have been very helpful and pleasant. |
| Living in the dorms is a good way to go as a freshman Get involved on campus, in anything!! |
| just coming back to school |
| I think the free newspapers stations are great resources for student. |
| All the different people that are here has been a big eye opener compared to what a small town mentality is like. Major perception change of different people. |
| There are many different ways to get involved in extracurricular activities at the University of Iowa that all offer leadership opportunities. |
| Professors need to be willing to test over material taught in class. The fact they have to curve classes tell me they are NOT doing their job correctly. |
| Just getting involved. People like Courtney Parker and Nancy Humbles have given me so many connections in this university |

that I always have opportunities ahead of me.

14) If you are willing to be contacted to follow-up on your responses, please enter your email address here.

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